THE ONLY OFFICIAL GIRL POWER MAGAZINE

SPICE

Issue 3

£2.95

WRITTEN BY THE SPICE GIRLS JUST FOR YOU!

Exclusive! Mel C finds the sister she really, really wants!

- Emma's donut challenge
- Lay-dee Vic's tips
- Mel B miaows
- Geri on Geri!

\+ free giant poster

The Spice Girls photographed by Chris Buck/Outline

Girl Power to the MAX

Behind the scenes with the girls of your dreams!

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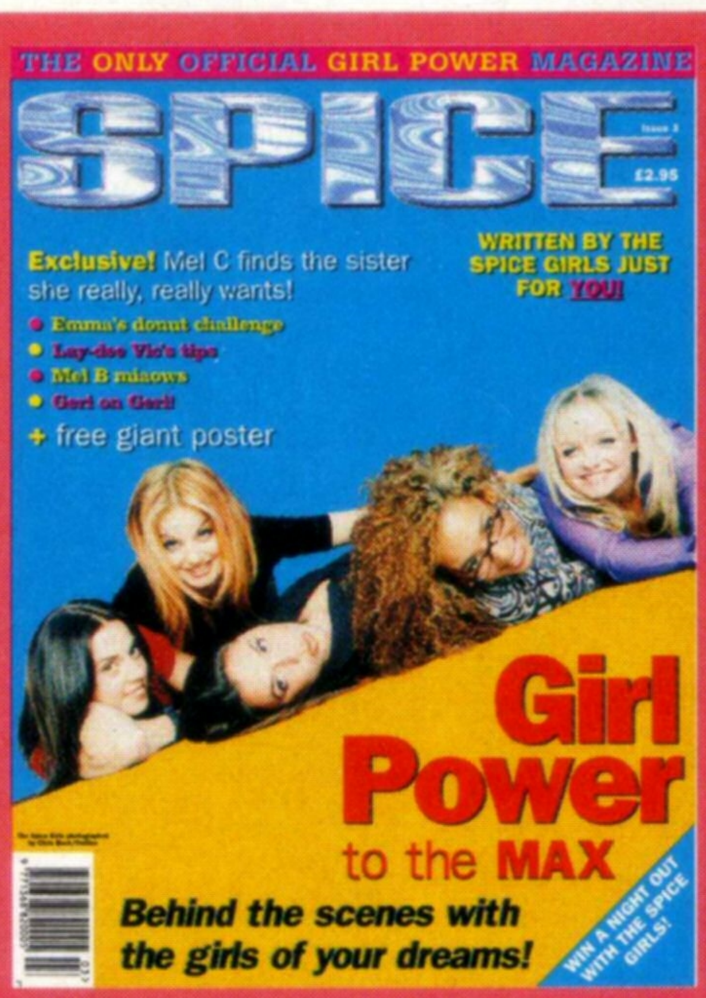

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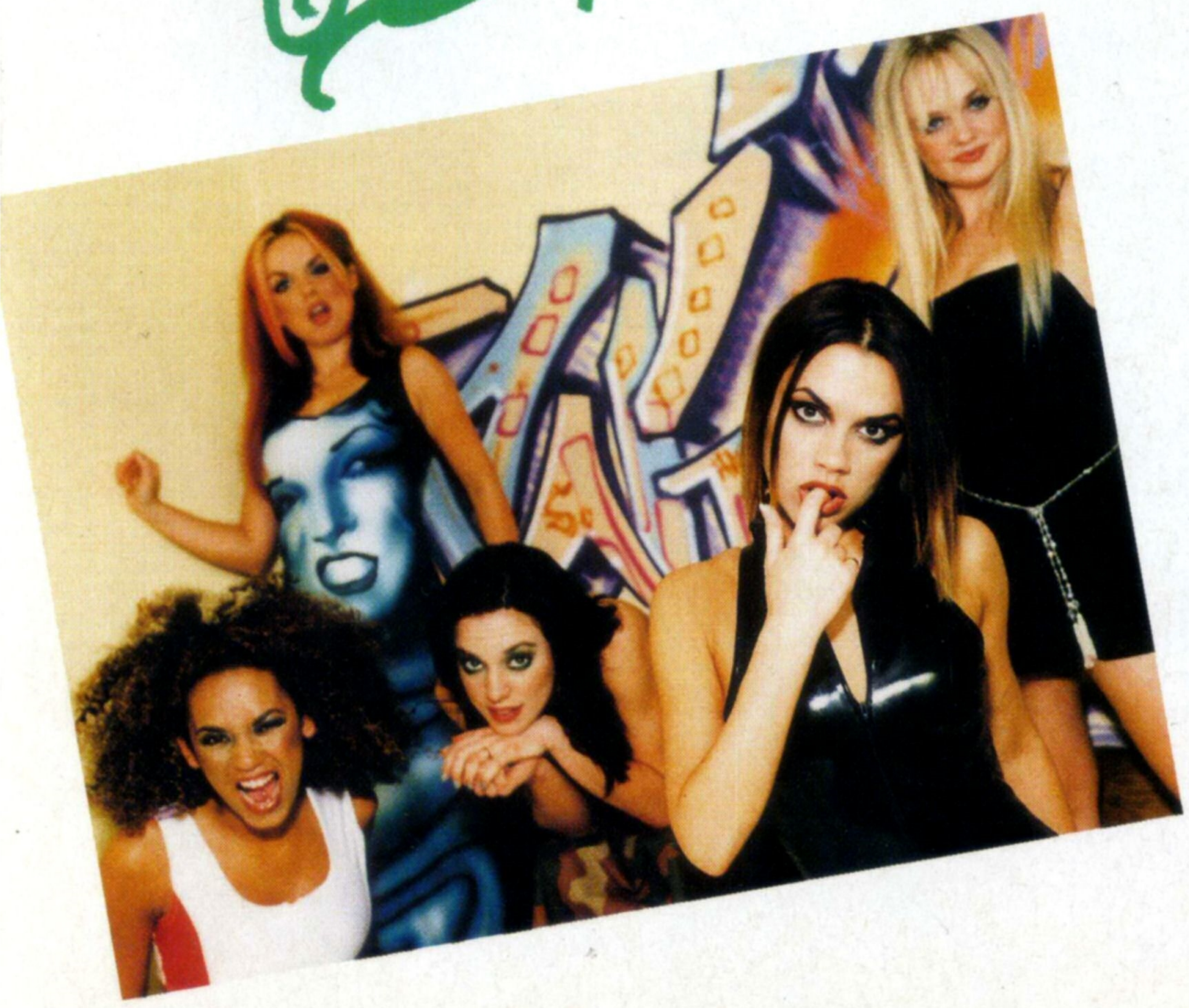
Hey Spicers!

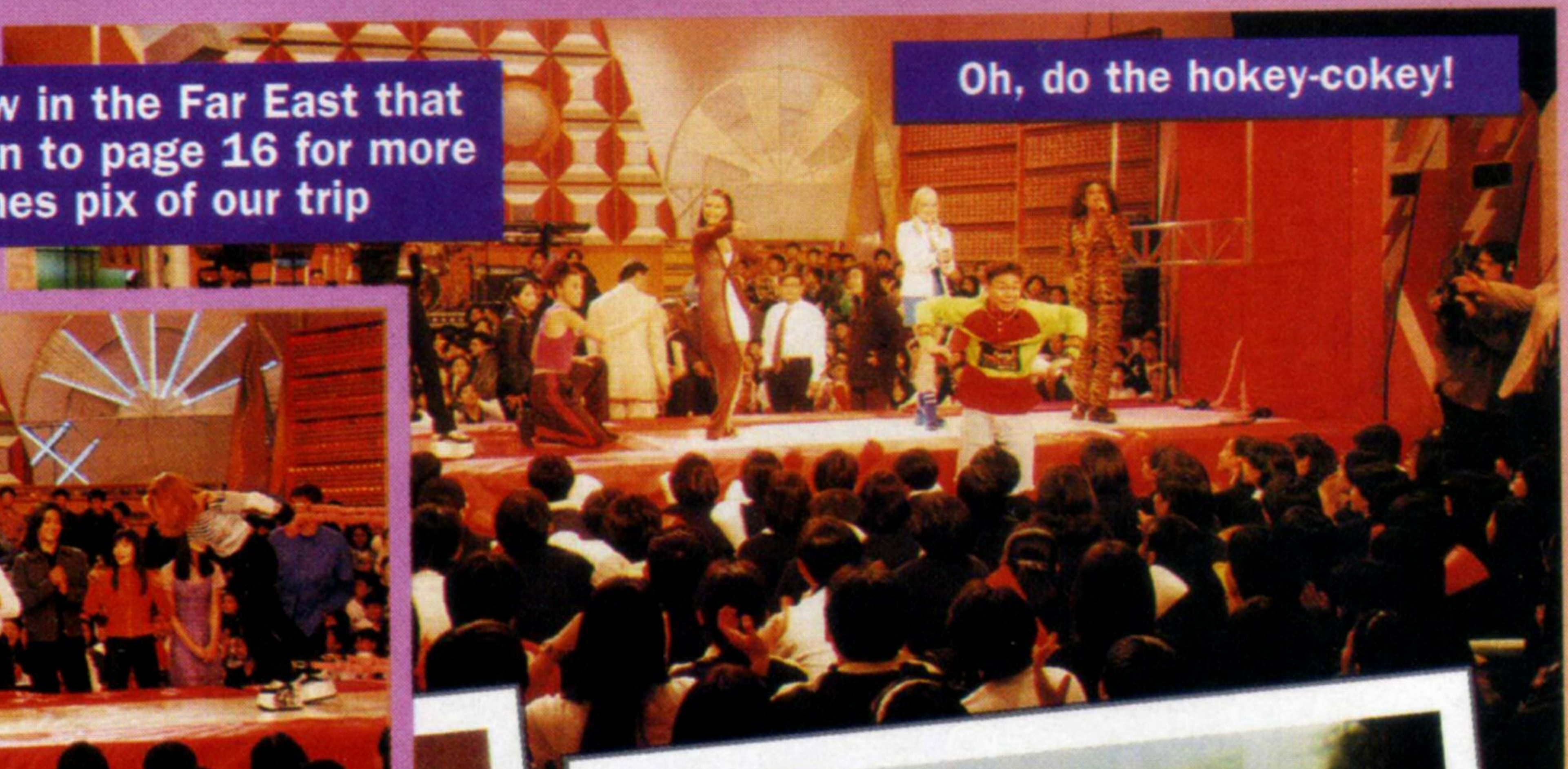
Thanks for buying Spice, you lot! The action starts here! If you wanna know about all the mad stuff we've been getting up to over the last few months, here it is! How can you use your whole body for Girl Power? Read on! In fact, the whole mag's bursting with news and photos you won't find anywhere else. This is the third magazine that we've produced – usually we mail it to the Superspicers who've joined our database, but this time we were so chuffed with the results that we wanted to put it on the newsstands, so that everyone could see it! It's a special bumper summer issue with loads more pages than ever before – written and edited by us, especially for you! Enough said.

Let's get Spicy!



SPICE NEWS

A mad TV gameshow in the Far East that we appeared on! Turn to page 16 for more behind the scenes pix of our trip



Oh, do the hokey-cokey!

Let me at her!

Who stole my chair?

I did this doing the can-can!

We've had a really busy few months since the last mag! We spent six weeks on the road around the world, did three of the biggest live TV shows in America, gate-crashed the Cannes Film Festival, met Prince Charles and won loads of awards, including two Ivor Novellos!

I blush to think how much make-up I use...

Not too false, girls!

Caught on the bottle again!

As soon as we finish our movie, we're going straight into rehearsals for the world tour. Yeah! To those of you who have signed up to the database – you'll be getting your tour info and ticket offers any day now!

Our make-up artist Jenny's surprise birthday cake

Fetch me another! Ha ha, it's my new group – the SPACE Girls

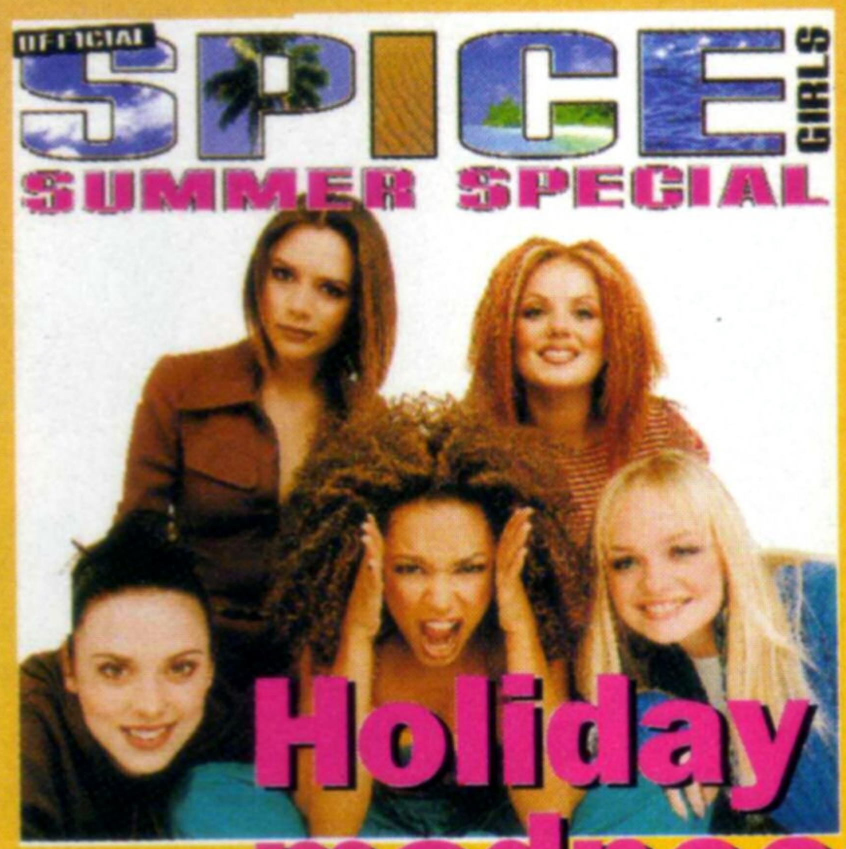
It's official – we're the biggest band on the planet (Mars, that is!). *Spice* was the first debut album by a British band to get to No. 1 in the States. We've now sold more than 16 million CDs in less than seven months!

Toilet hot spot!

Peace and cuddles!

Watch out for the Pepsi cans with our picture on and the chance to get our exclusive single 'Step To Me'. And look out for the Spice Girls/Walkers Crisps new flavour!

...and chips twice!



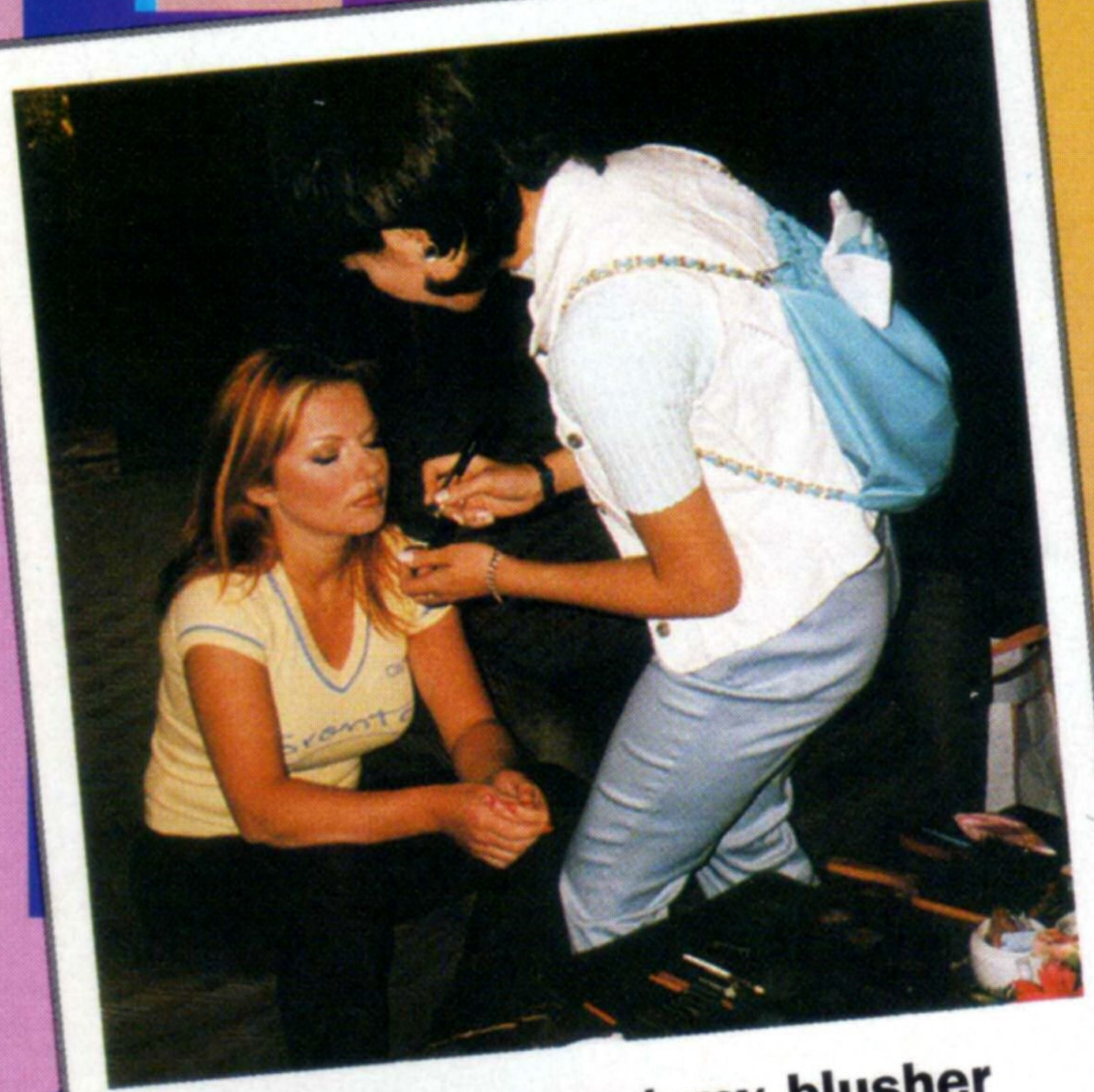
Holiday madness!!!

Celebrate the summer holiday season with our Spice Summer Special! We let you in on all our holiday experiences, the romances, the childhood holidays, the holiday snaps – there's even a special summer story by Geri and top summer fashion!

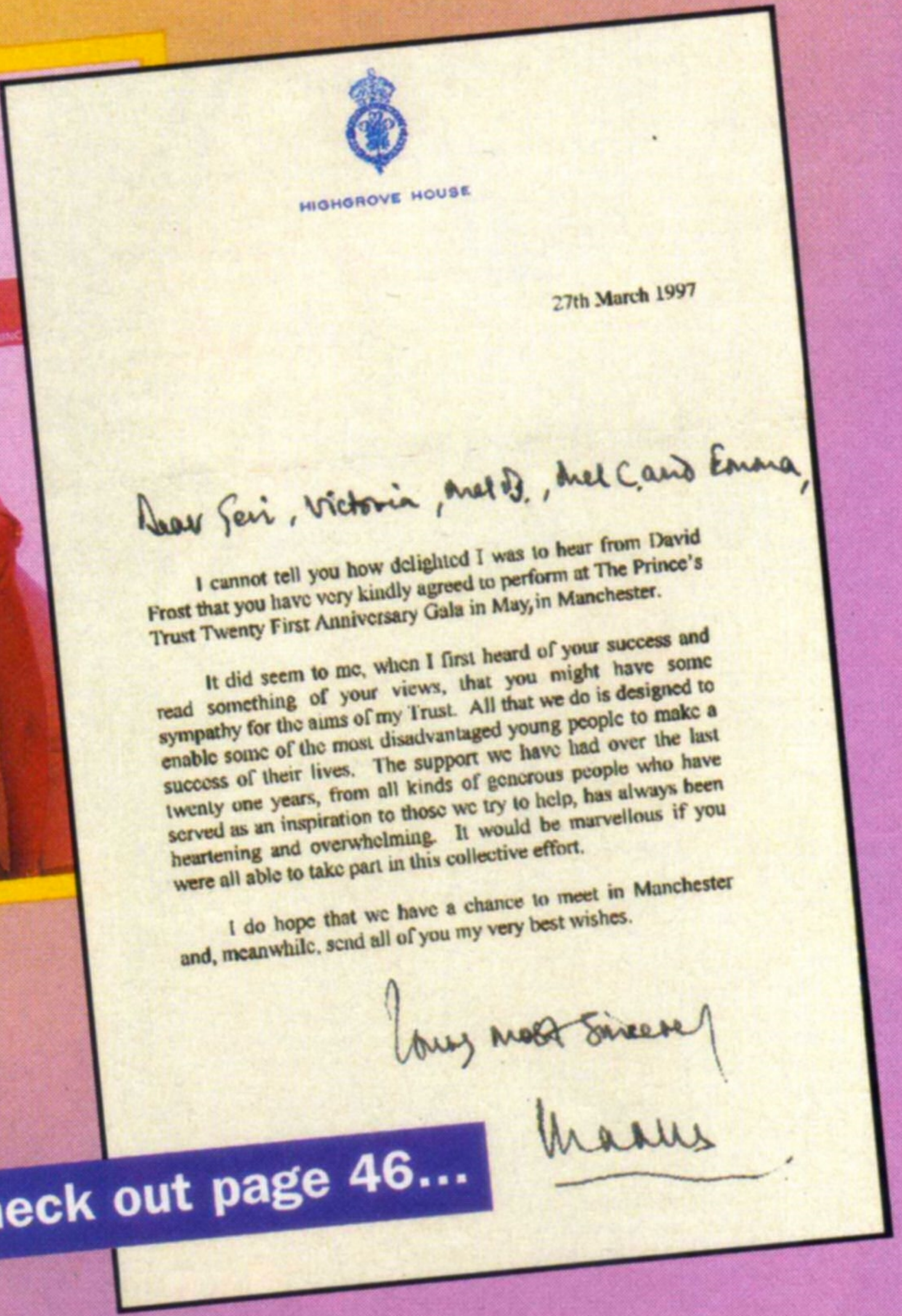
In addition you'll get a scorching FREE sticker sheet, FREE hotshot postcards, FREE sizzling new posters and an exclusive new tape that we've recorded just for you with all our summer secrets on it!

On sale at £4.95 from 21 July!

The new album's going really well – we've been in the studio writing and recording it in between filming the movie!



Please God, put my blusher on straight



HIGHGROVE HOUSE

27th March 1997

Dear Geri, Victoria, Mel B., Mel C. and Emma,

I cannot tell you how delighted I was to hear from David Frost that you have very kindly agreed to perform at The Prince's Trust Twenty First Anniversary Gala in May, in Manchester.

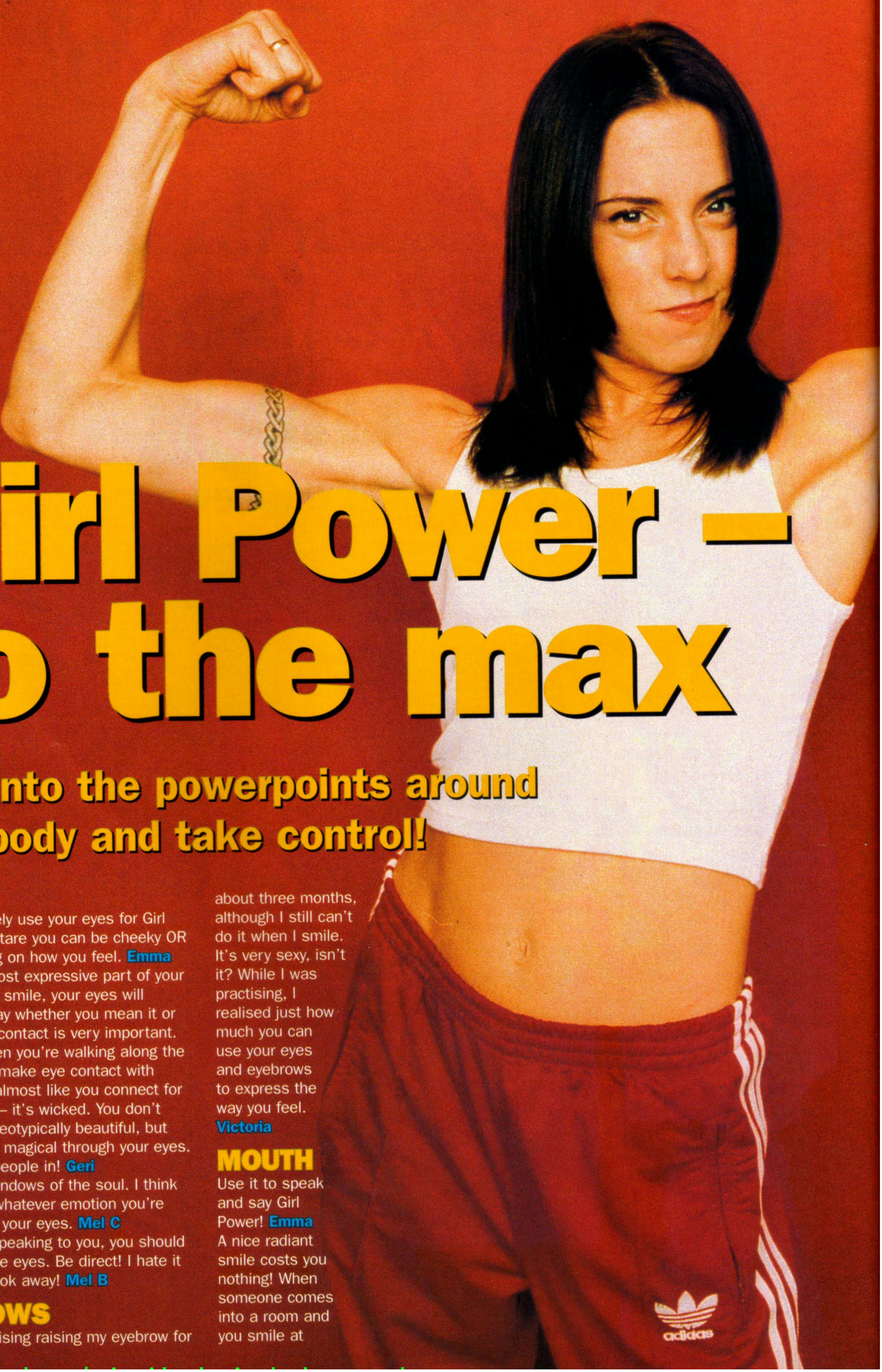
It did seem to me, when I first heard of your success and read something of your views, that you might have some sympathy for the aims of my Trust. All that we do is designed to enable some of the most disadvantaged young people to make a success of their lives. The support we have had over the last twenty one years, from all kinds of generous people who have served as an inspiration to those we try to help, has always been heartening and overwhelming. It would be marvellous if you were all able to take part in this collective effort.

I do hope that we have a chance to meet in Manchester and, meanwhile, send all of you my very best wishes.

Yours most sincerely

Charles

Eeek! We're by Royal appointment! Check out page 46...



Girl Power – to the max

Plug into the powerpoints around your body and take control!

EYES

You can definitely use your eyes for Girl Power. With a stare you can be cheeky OR sexy, depending on how you feel. **Emma**

Eyes are the most expressive part of your face. When you smile, your eyes will always give away whether you mean it or not. Eye-to-eye contact is very important. It's brilliant when you're walking along the street and you make eye contact with someone. It's almost like you connect for a few seconds – it's wicked. You don't have to be stereotypically beautiful, but you can still be magical through your eyes. You can laser people in! **Geri**

Eyes are the windows of the soul. I think you can show whatever emotion you're feeling through your eyes. **Mel C**

If someone's speaking to you, you should look them in the eyes. Be direct! I hate it when people look away! **Mel B**

EYEBROWS

I've been practising raising my eyebrow for about three months, although I still can't do it when I smile. It's very sexy, isn't it? While I was practising, I realised just how much you can use your eyes and eyebrows to express the way you feel. **Victoria**

MOUTH

Use it to speak and say Girl Power! **Emma**

A nice radiant smile costs you nothing! When someone comes into a room and you smile at

them, it's an ice breaker. You can also stick your tongue out or do an Elvis Presley lip impression. A pout is good – if you want to create the perfect pout, just say the word 'chew'. If you want to look coy, bite your lip with your eyes up to the ceiling. The mouth can be very suggestive! **Geri**

Get it pierced! If you want to speak up, speak up and don't be afraid to do it. Never shut yourself up – if you feel the instinctive urge to scream or say something, then do it! **Mel B**

NOSE

Get some good nostril hair clippers and never let them poke out! But if you see one poking out, just tuck it in – that's what I do! Never be afraid to pick your nose, because everybody does it! Smells are like music – they remind you of so many different things – old aftershave, the smell of your mum's washing. Smells are comforting. **Mel B**

The nose is a telltale sign of how well you are, like a dog. If I'm unwell, it goes red and if I've had a hot curry, it runs! Smell is a memory sense – for some reason I like the smell of beer on someone's breath – and I love the smell of cut grass! **Geri**

BRAIN

You get a lot more respect if you've got a bit of a brain. If not, then just pretend to have one! **Victoria**

Your brain is the most powerful tool in your body and it can conquer anything. If the mind is strong, everything else will be too. It can overpower anything, really. Feed your mind with knowledge and wisdom. There's a whole world out there – books, documentaries, people, information. Just feed it and it will grow – your mind is endless! We only use a small percentage of our brains, so eventually I think we'll evolve into using more of it – which may lead to telepathy, among other things. And remember, sleep is very good for your brain. **Geri**

You don't have to shout Girl Power, you just have to think it. If you sit in silence for half an hour every day and just focus yourself, the rest of the day is a piece of cake. **Mel B**

VOICE

People shouldn't try and lose their accents. You should never be afraid of saying what you've got to say, in your own accent, in your own way! **Mel B**

It's not a question of loudness – it's just important to speak clearly. **Victoria**

Your voice is a good Girl Power tool. When you speak in a low tone, you're more authoritative. Higher tones can make you seem more out of control. **Geri**

HANDS

You can give 'em a bit of a punch and show them your Girl Power with your hands. **Emma**

Use your fists for those Girl Power air punches! **Mel C**

SHOULDERS

If you stand with your shoulders back, you generally look more confident. **Victoria**

Shoulders can be really sexy, especially when you're dancing. Vicky uses hers a lot and I do too – a little bit! **Emma**

Your shoulders express how tense you are – the more tense you are, the higher they go. They can be quite flirty as well – it's very sexy to bare a shoulder. Victoria's very good at shoulder movement – check out her dances! **Geri**

I think they're quite sexy. Use glitter to make them extra sensual! **Mel B**

HIPS

I've been told I've got childbearing hips because they're really solid. That means I'll be able to have babies very easily and that's GIRL POWER! **Emma**

You need power in your hips for all sorts of things – horse riding, dancing and wiggling. You can also use them to knock people out of the way. **Geri**

Hips are sexy – the ultimate thrust! If you wanna give anyone a good shove out of the way, use your hips and bum! **Mel B**

STOMACH

Food is very important. Always have a power breakfast – it sets you up for the day! At the moment I'm trying to eat as little processed food as I can, because it plays havoc with my digestive system. I'm eating loads of natural things like pulses and nuts and grains, fruit and vegetables and loads of water. It's made me feel loads better. If you want to feel good, you've got to be good to your body. Just look after yourself! **Mel C**

It really reflects your mood, especially if you're nervous. I'd love to achieve a really flat tummy, but I think a round belly is quite sexy. There's a classic line in *Pulp Fiction* where Bruce Willis's French girlfriend says: "What the man likes to see and what the man likes to feel are two different things." **Geri**

I don't care whether you've got a flat stomach or a bump. After all, a bump's quite comforting to rub at night, like your mum used to. **Mel B**

BACKBONE

I had my tattoos done there partly because it's the most painful place, so there was almost an endurance factor to it! As they say, if you've got backbone, you've got courage! **Geri**

That's where all your pressure points are all the way down the back. I think you should always have good posture with a straight spine and your shoulders back. Don't slump! And if you've got big boobs, don't let them pull you forward. **Mel B**

ARMS AND LEGS

Strong muscles in your thighs and arms are very important. **Mel C**

FEET

Keep your feet strong and in good condition for all those kicks in football! **Mel C**

I've just got into feet. I used to hate them – they made me feel sick! But now I think feet are quite sexy. Perhaps that's because I've had mine done – now I cream my feet all the time and put nail varnish on my toenails, so I quite like them. Even if you don't like your feet, you can make the best of them. Remember – always check in between your toes and get it all out! **Mel B**

CLOTHES

I wear what I wear because I want to wear it, not just because I think men might like it. In my opinion, it can be powerful when a woman wears a short skirt, a jacket and high heels – that's power dressing. (I think I must have been Joan Collins in a previous life.) **Victoria**

You should wear whatever you want to wear. I think it's crap when people say that you can't wear red if you've got red hair. Apparently, if you look into the pupils of your eyes you can see the colour that's supposed to suit you! **Mel B**

When you feel in a really powerful mood, you can dress to express. **Geri**

At the moment I've got my little skirt on and a little top, but I've also got sandals, which makes it a bit cheekier and a bit cute. I don't like to be too in-yer-face sexy, so if you're a bit of cheeky with it, that's even sexier. Well, for me anyway. **Emma**

Yes – can we help you?

Saturday night
La da da de de da da...

I'm forever blowing bubbles
(pop-off!)

Far East,

After the Prince's Trust, a trip to live performance in America (all we flew east! It was all a bit mad,

All I remember about Taiwan is that it was fast and hectic. I got my legs waxed in Bali and she burnt me all over! It was the first time I've ever been done. I had my underarms, moustache and legs waxed – she even burnt my bikini line! I thought I was going to be feeling really fresh and clean afterwards, but I was in agony the next day! She was giggling, too, and I was shouting "Aaaagh!".

Mel B

I'm helping my alien pass through customs – I hope he makes it!

This fan needs big hair – I'm booking the appointment right now!

Don't even think about it, Mel!

Someone get this camera off my face...

Don't take the Mickey, Vic!

Would you like to eat this microphone?

Aargh! A tiger attacks!

far out

Cannes and a in one week), really!

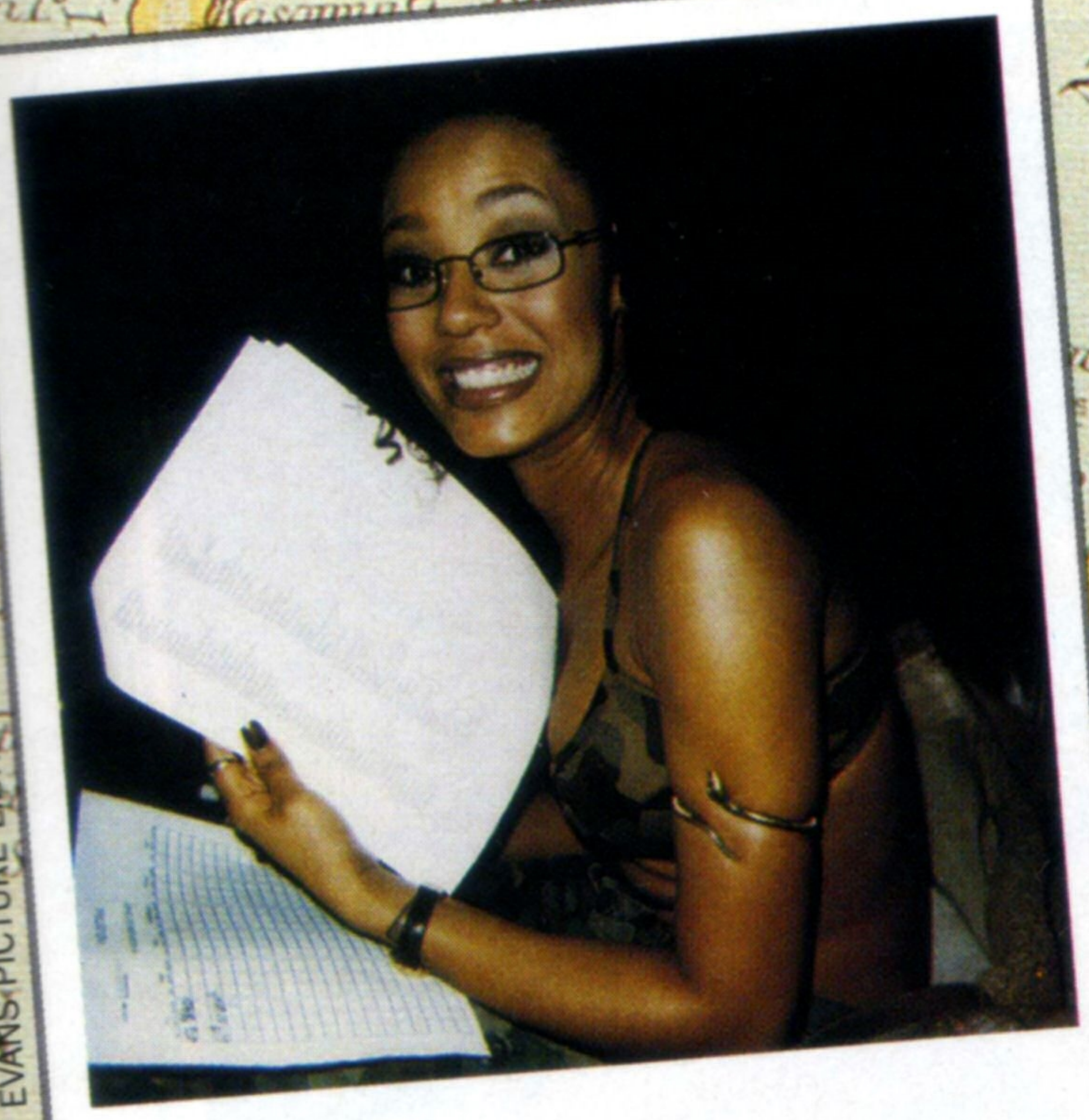
Cheesy grins – now can we eat?

Just like that!

Taiwan is all about mad TV shows. The food was awful, so I just ate rice. I didn't lose weight, though. I just ate loads more rice than usual!

Bali was absolutely beautiful and we had a lot of fun. It was really nice and hot, the people were really friendly and it was very chilled out and relaxed. It was just a nice holiday vibe.

Victoria



My party list!

Ecstatic at the end of our Taiwan trip

We did a mad TV show in Taiwan. It was so strange that we were positive that Noel Edmonds was giving us a Gotcha! We actually got up in the middle of the show and said: "All right Noel, come out now. We give up!" Our manager was saying "Sit down!", but we were convinced. I loved Bali – we worked for a couple of days and met loads of competition winners from all round the world. We had a good party actually. It was a barbeque on the beach and we all got up to dance afterwards. After that, I stayed on for about six days, flew two of my friends over and had a brilliant holiday. It was fantastic. Mostly we just had a laugh and chatted by the pool, then went out to dinner at night. Wicked!

Emma

MAP: MARY EVANS PICTURE LIBRARY

behind the scenes

You wouldn't believe how freaky and surreal the TV shows are in Taiwan. While we were there, I told the girls how I'd once played the role of the wind and done a wind dance in a show when I was little. Later on, we were appearing on TV and the presenter asked us to do something spontaneous. So Mel C and Emma did a little tap dance. Victoria juggled, then ran to the back of the studio feeling completely humiliated and cringing, saying all her street cred was down the drain! Then the others suddenly said, "And Geri's going to do her wind dance!", and they made me do it! The two Melanies played all this bizarre music on the piano and I had to dance. If I'd sat back down, I would have looked as though I wasn't game for a laugh. So I got up and started doing it – it went from the wind dance to flamenco to sexy dancing! I was so embarrassed! It was really humiliating, I've now decided I'm the joker of the pack – it's "have a laugh on Geri"!

It was Victoria's birthday in Taiwan and she was a little bit homesick, so we tried to make it really special for her. We ended up in this really tacky 'discoteca' in a hotel and we had a

really funny night. We danced to Abba all night long! She was chuffed too, because we got her a really nice bracelet from Tiffany's.

Bali was lovely because we'd had a really gruelling schedule and it was a complete change of scene and very tranquil. Even though we did a bit of promotion out there, the whole vibe was like a holiday. We had this party for some competition winners and it was great. We got everybody up dancing on a stage, and that's when these two New Zealanders asked if they could show us a special tribal dance called the Haka. Melanie B asked if we could all join in and they said that was fine. So we got loads of people to join in. Then a few days later it appeared in the press about how offensive it was that we'd done it – because only men are allowed to do it. I thought it was quite funny, because we didn't know we were going to be offending anyone, and it just proves that girls can do anything!

Geri

Geri takes a catnap...zzzzz

Oooh! Look at my panties from a fan!

It's a Victoria sandwich!

You don't spell Geri like that!

Grinners in Korea

'Help' us in Korea!!

Whatever you do, don't buy these trousers...

2 becomes yum!

Do I know you? Is that my top?

Shut the lid, Geri!

Mel B behaving badly

Happy to be leaving...

In Taiwan, Geri and I had to play this stupid game on a kids' TV programme. We had elastic tied to our wrists and ankles and we had to run forward and try and hug each other. After we'd done it I was trying to be funny, leaning forward and stretching the elastic with my arms behind me, but I lost my balance and fell smack down on my head. It really shocked me and I almost started crying, but it was being filmed, so I had to pretend I was OK. I went on smiling and whooping on camera, but when I came off stage I cried my eyes out.

In Bali I went running on the beach – I love running and I run almost every morning to get myself going. It was baking hot and I went to the gym, but there was no running machine. So I thought, Oh well, I'll go and have a run on the beach. It was really hard running on sand. I did it for two days and it was killer. It was so hot I was sweating and I burnt my shoulders, too! Then on the last day Geri asked me why I didn't go on the running machine in the air-conditioned gym. I said, "There isn't one". She said, "There is – it's in the room next door!" There was one there all the time I'd been running on the beach, dying!

Mel C

Donut challenge!

Emma takes the sweet-tooth taste test

First donut

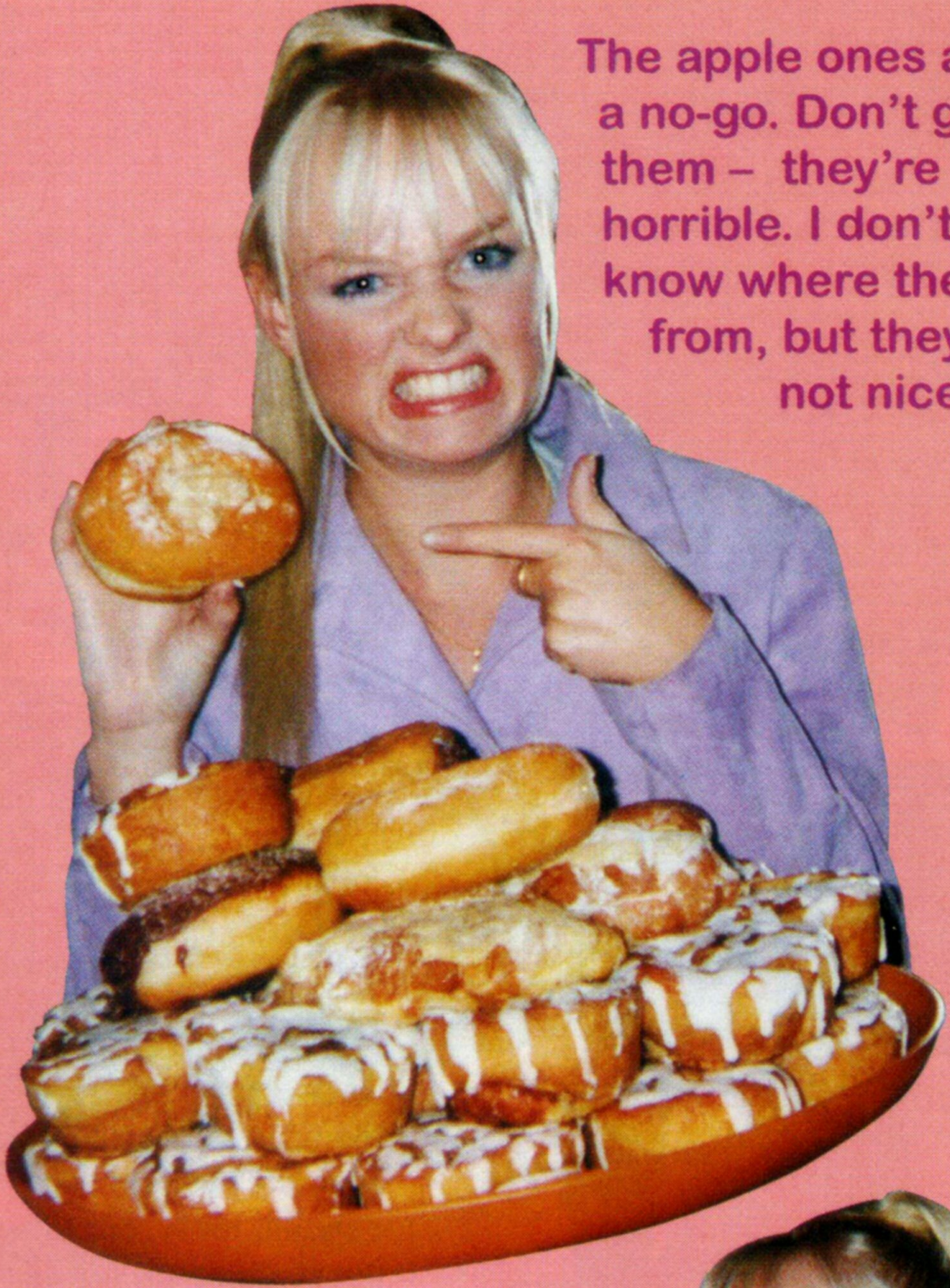
My favourites are jam donuts with lots of sugar. Not the powdered ones – they're horrible. Stop making them! Tesco do a wicked jam donut – lots of sugar and jam and squidge! If you're lucky, they're still hot when you buy them. I think my first ever jam donut was from Tesco, which is probably why I like them so much. My other favourite is Dunkin Donuts Boston Creme, which is chocolate on top and custard in the middle – really stodgy and soft and squidgy.

Donut days

I didn't start eating donuts until I was 10 or 11. We used to have donut-eating competitions at school – you weren't allowed to lick your lips until you'd finished. I always won! All you had to think was, first eat all the donut and then, at the end, you've still got all that sugar around your mouth to lick off.

Sweet memories

My mum always used to try and steer us away from sugary things, but I've got a very sweet tooth, so whenever there's sweet food around, I'll eat it. I sometimes used to go out to dinner, have a starter, skip the main course and then have a big pudding! I've had a sweet tooth for as long as I can remember. It definitely runs in the family. I don't eat donuts like I used to, but I never feel guilty when I eat them because I don't go too mad. One a day is fine. ("That's about 21,500 more donuts if you live to be 80, Emma!" says Mel C.) Well, maybe one every other day then!



The apple ones are a no-go. Don't get them – they're horrible. I don't know where they're from, but they're not nice.

My dreamy donut moment

Sitting in a big pile of them

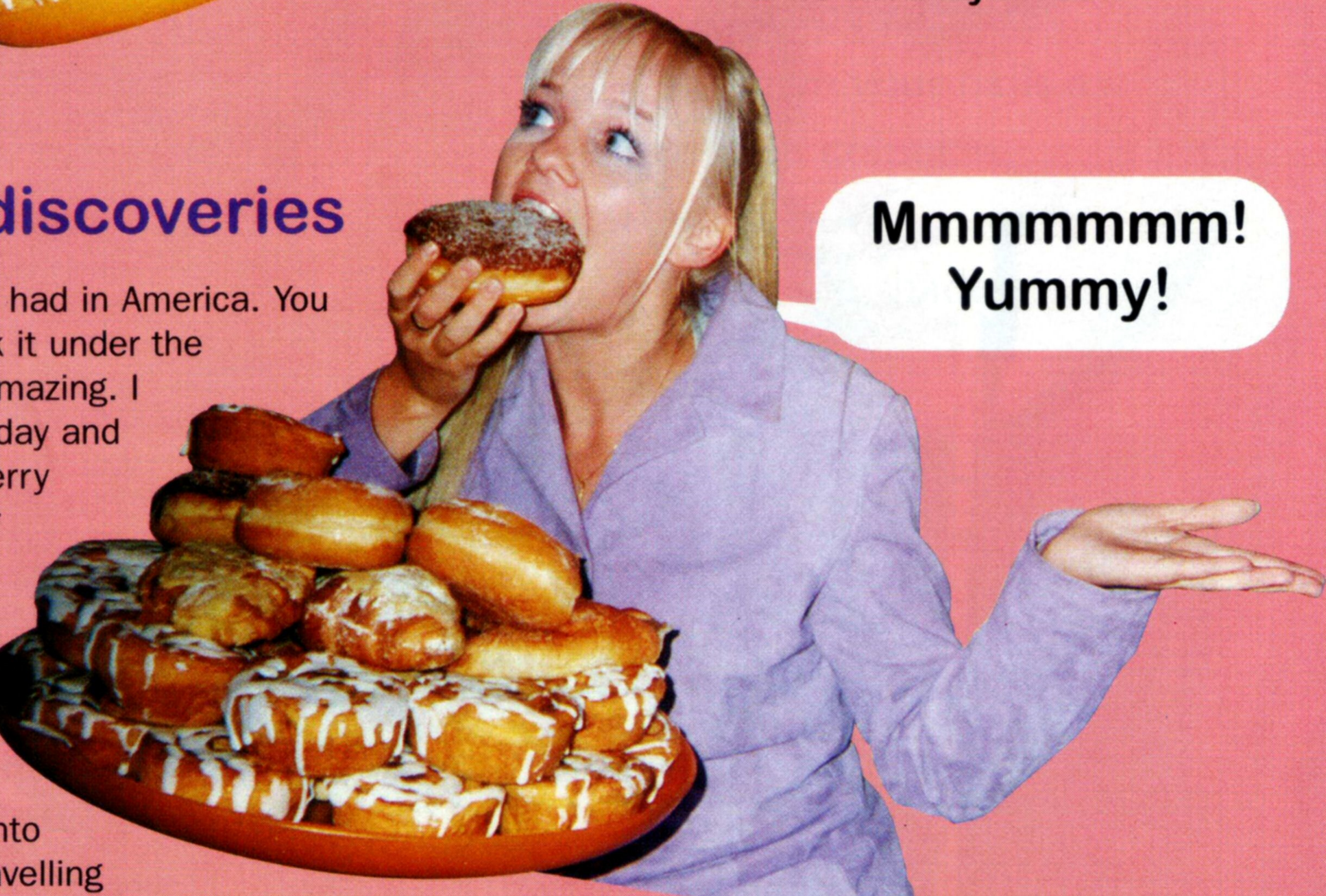
The chocolate ones were quite good, but a bit hard and not stodgy enough. You've got to be able to stick your finger right through! I quite like it when the chocolate sticks to the roof of your mouth, but that didn't happen with this one.

Sweet highs

Sugar doesn't give me a buzz – I think I eat too much of it, so I've gone past that point! But when I was at college, I remember when nothing but a Mars Bar and a Pepsi would do! I don't know if eating sweet things makes you sweeter – it might do. I think it worked with me! A vampire would probably be sick if he tried my blood!

Recent pudding discoveries

Crème brûlée, which I first had in America. You can buy it in Waitrose and cook it under the grill. Banoffee pie is absolutely amazing. I had a home-made one the other day and it was excellent. Strawberry pavlovas are good in the summer because they're quite fresh. I never did home economics at school, so I can't cook. My nan used to cook a wicked cherry pie, but she wasn't a big cake cooker and neither was my mum. I think I've got more into sweet food since we started travelling the world and finding all sorts of different puddings, like baklava in Greece – it's gorgeous and syrupy!



On the NAIL!

Suddenly everyone's doing it! But what's so great about having your nails done? Here's what we think...

Mel B I think nail art is excellent – it's a great way to pamper yourself. You can paint your nails half one colour, half another colour, or you can have them painted tigerskin, like I did in America. At the moment, I've got false nails and one of them is pierced. I think it's nice – and if you've got nails on, they're great for a good scratch when you've got an itch. Make sure you stick them on properly and always keep them clean, whether they're short or long! It doesn't matter if the colour matches your clothes – your nails are right at the end of your arms, so they don't clash! My idea of perfect grooming is lips, hair and nails.

Victoria I think nail art is horrible – I don't actually like it. I've got a pierced little nail and I do have those acrylic nails, but I don't like all that painting stuff. I've got quite simple taste with clothes and appearances, so I don't go for bright, lairy nail colours.

Mel C I'm the wrong person to ask about nail art – I think it's a waste of time. I wouldn't even get a manicure! I don't look after my hands. I know I should really, but I've got really rough hands.

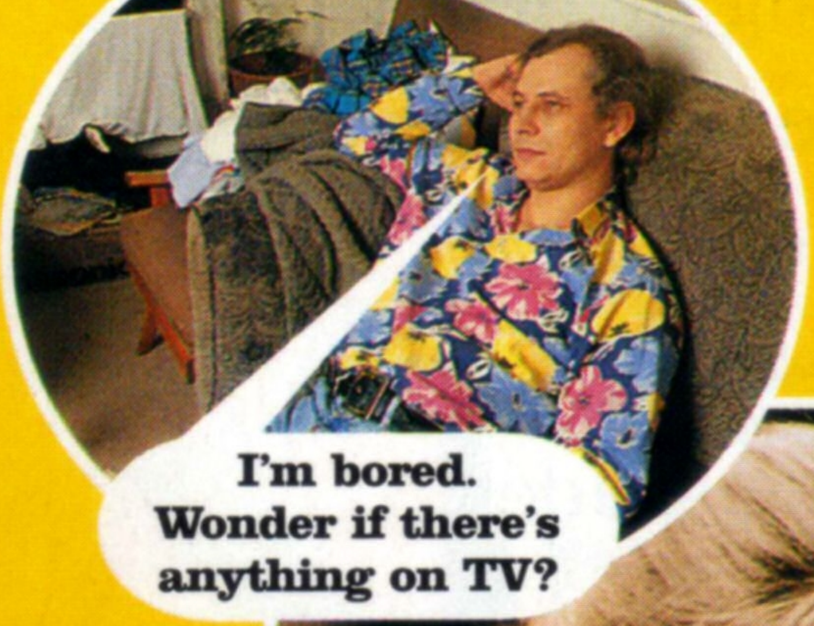
Geri Nail Art should really take off in this country like it has in America. It's like a social thing – you just go in for half an hour with your friends after work, get your nails done and have a good old chat at the same time. You can really go to town with it – I had some really wild 70s nails done with an airbrush – mad electric colours over red. But if you feel you want to be a bit more demure, you can go for a nice French manicure. It doesn't matter if they don't match your clothes the next day – I always clash!

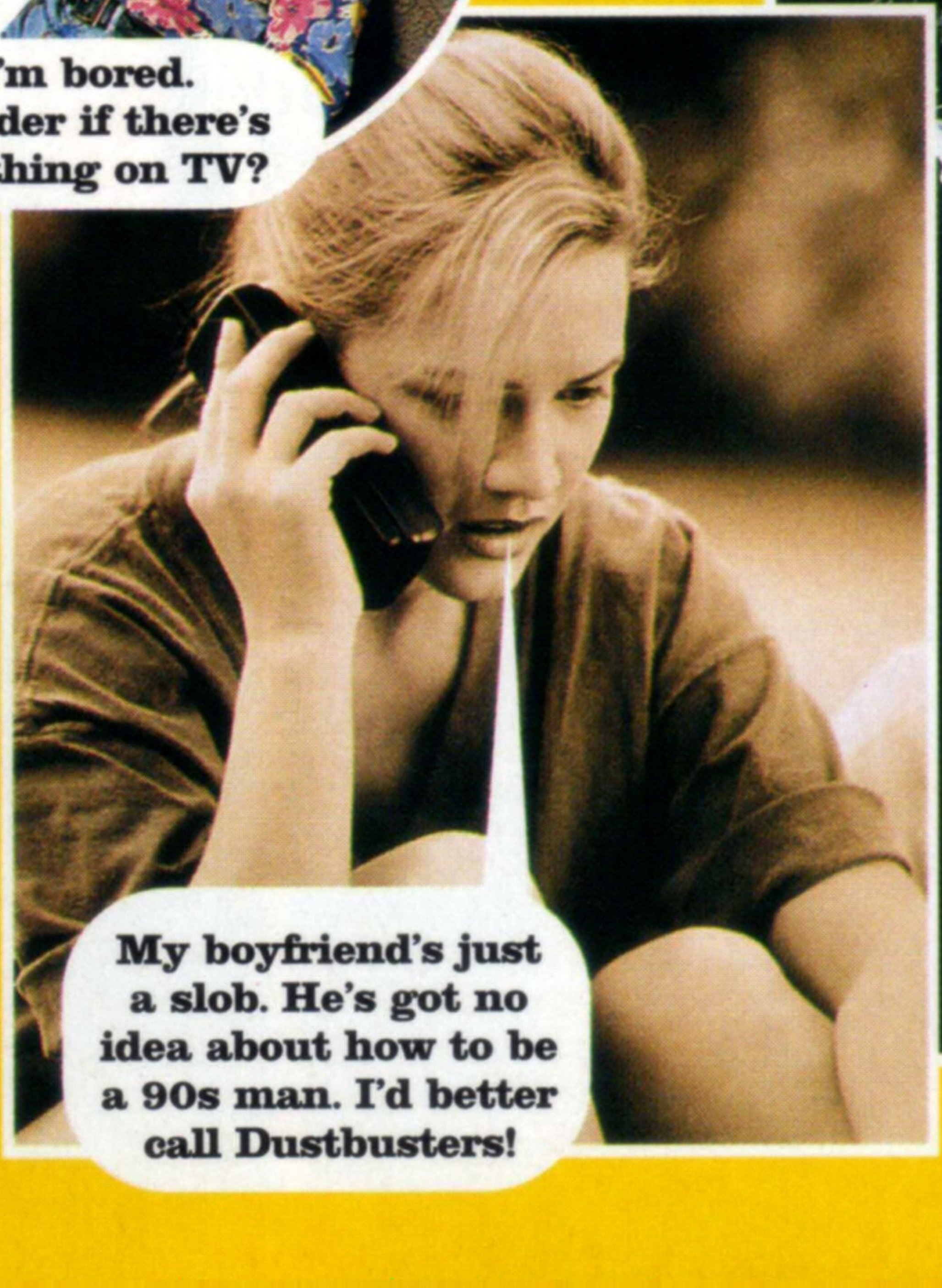
Emma I'm not really into it, even though I did like it when I had it done in America. I had blue tips and each nail had a daisy with a diamond in it! But those long nails get on my nerves because I like to be able to pick my ears and nose and scratch my bum without digging in! And the nail varnish chips and looks awful after a while.

Who ya gonna call?

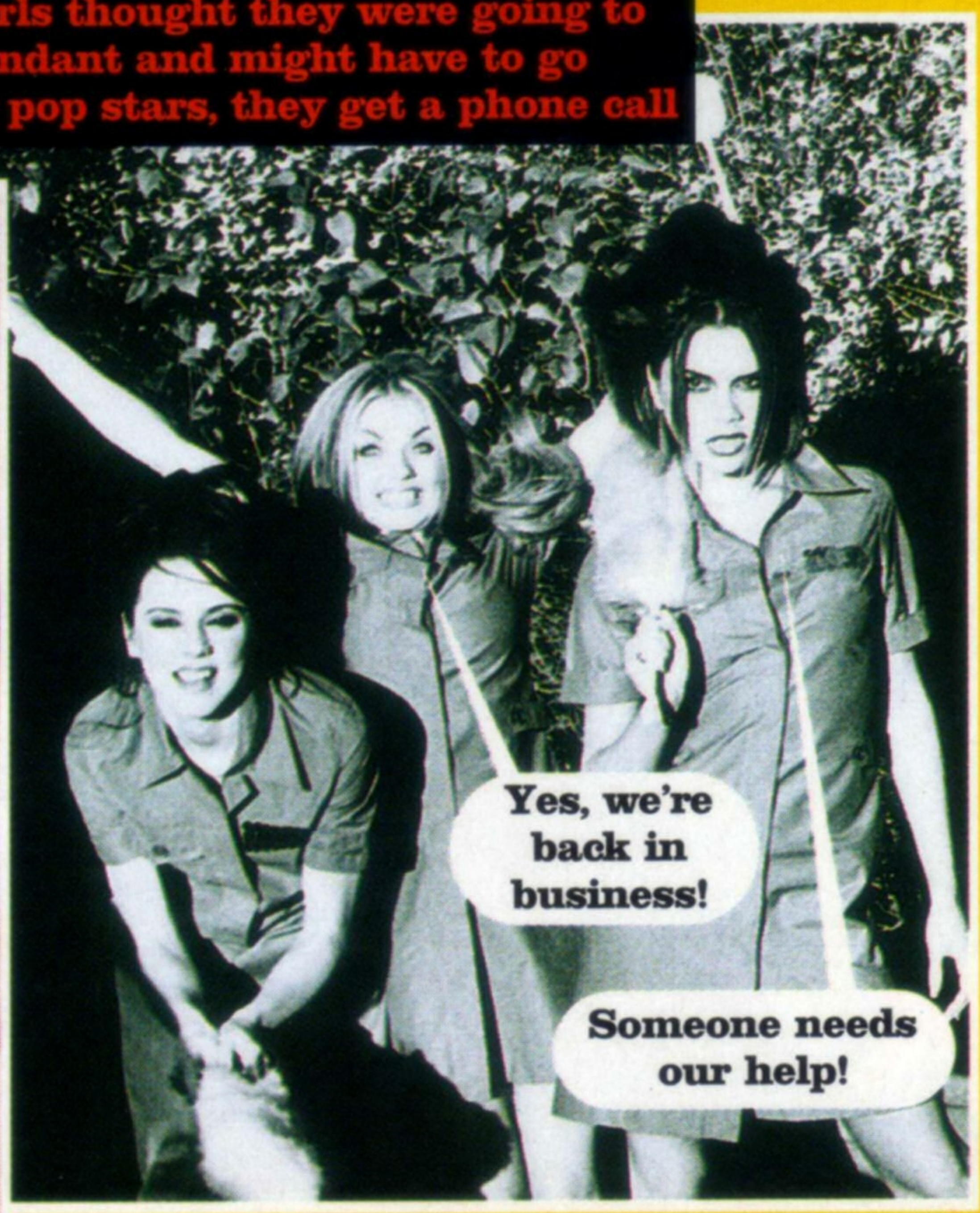
Dustbusters!

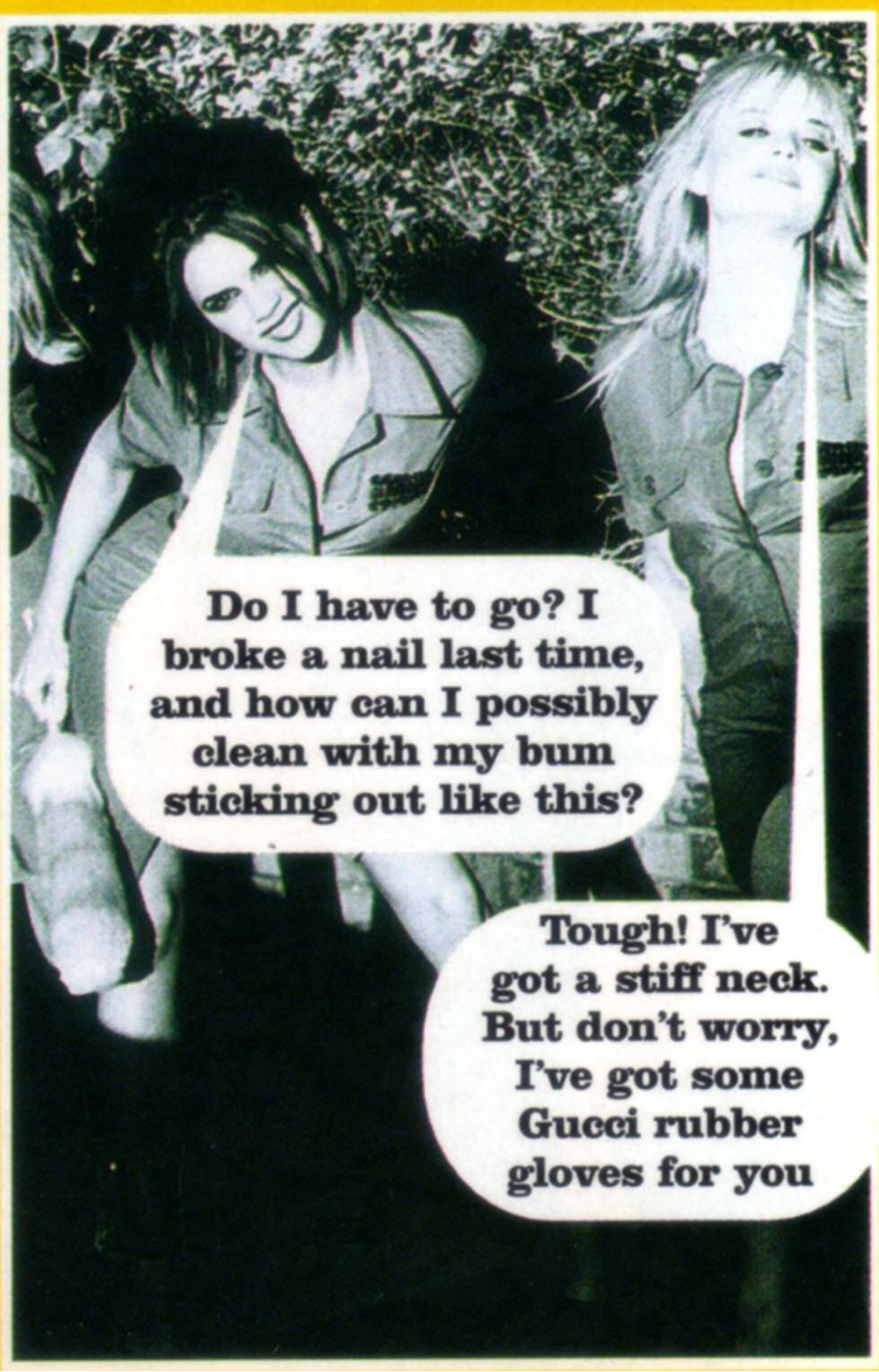
**If you have a whiff of trouble
And your man's like Barney Rubble
Scoop the poop!
It's the Girl Power troupe
Dustbusters!
We'll find out who smelt it and dealt it
We'll even turn your man into a
caring, cleaning machine!**



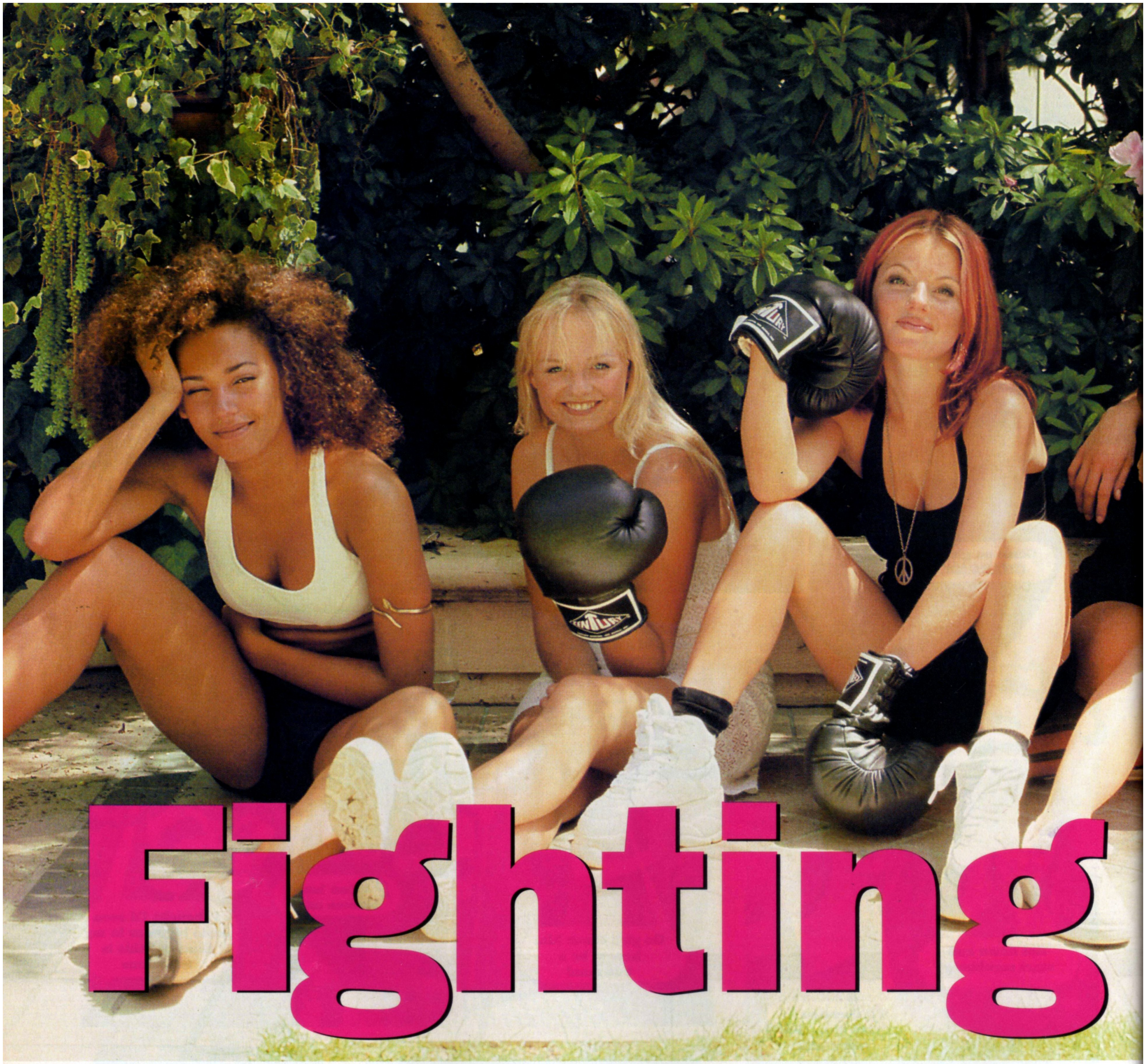


Just as the girls thought they were going to be made redundant and might have to go back to being pop stars, they get a phone call





Come on girls, CHARGE!!!
Just remember, sweep everything under the carpet
Hold tight there! We're on our way!
Thank goodness you're here! He's definitely getting worse
I spot that Dirty-Bertie poop of a man... let's deal with him!
When in doubt, get the bog brush out...
Go girl! Teach him how to be a 90s man!
♫ When loo become one!
I thought I'd seen some big mics in my time, but this is ridiculous
Get down and start scrubbing!
I'll threaten to expose him. That'll teach him
Cor, you get a good view from down here. It's actually a lot better than the footie
So next time you know what to do! Call Dustbusters!
The job's over... time for a break
It's a hard job, but someone's got to do it!
Yes girls, you know what to do! Eat all their leftovers!
I hope the wind doesn't change
Five down, only another 10 to go!
We're gonna have our cake and eat it!



Fighting

Mel C's not the only one who's into sports and working out...

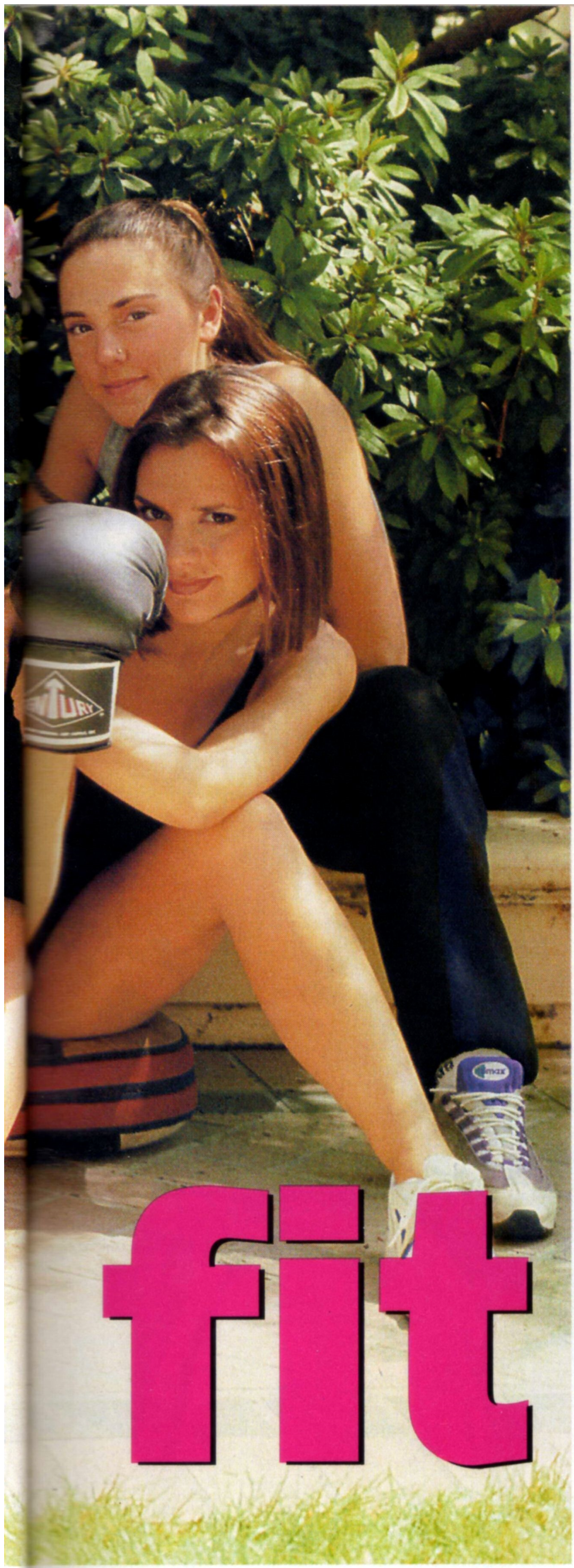
Good sports!

Emma I used to play rounders at school. I was quite good at it, but my PE teacher wasn't too keen on me and wouldn't let me be in the team! Everybody moaned at her and said: "Emma's good, why isn't she on the team?" But she just said she didn't want me in it. She was always horrible to me and I never knew why.

I was a good swimmer, but there was a girl in the class who was one better and always beat me. I was second every time, but that's something anyway. I was best at breaststroke. My mum used to swim for Barnet and she taught me butterfly – she's brilliant at it. I tried it in Bali, because it looks fantastic when you get it right, but I don't think I did it very well!

Victoria I used to be quite good at tennis, but I'm crap now. The last time we played I was really bad and the others all took the piss out of me. I'm not very good at sport, generally. I never did it at school because it used to mess up my hair. I always got my mum to write notes to say I was injured so that my hair didn't get messed up! The one thing I was good at was swimming. I used to win all the school galas – front crawl was my best stroke.

Mel B I was one of the best runners at school. When I was younger, I won all the races on sports day – the sack race, egg-and-spoon and three-legged. I'd like to take up boxing – I think it's really good. Nobody would mess with me then! My boyfriend teaches boxing, so maybe I'll get a few lessons off him.

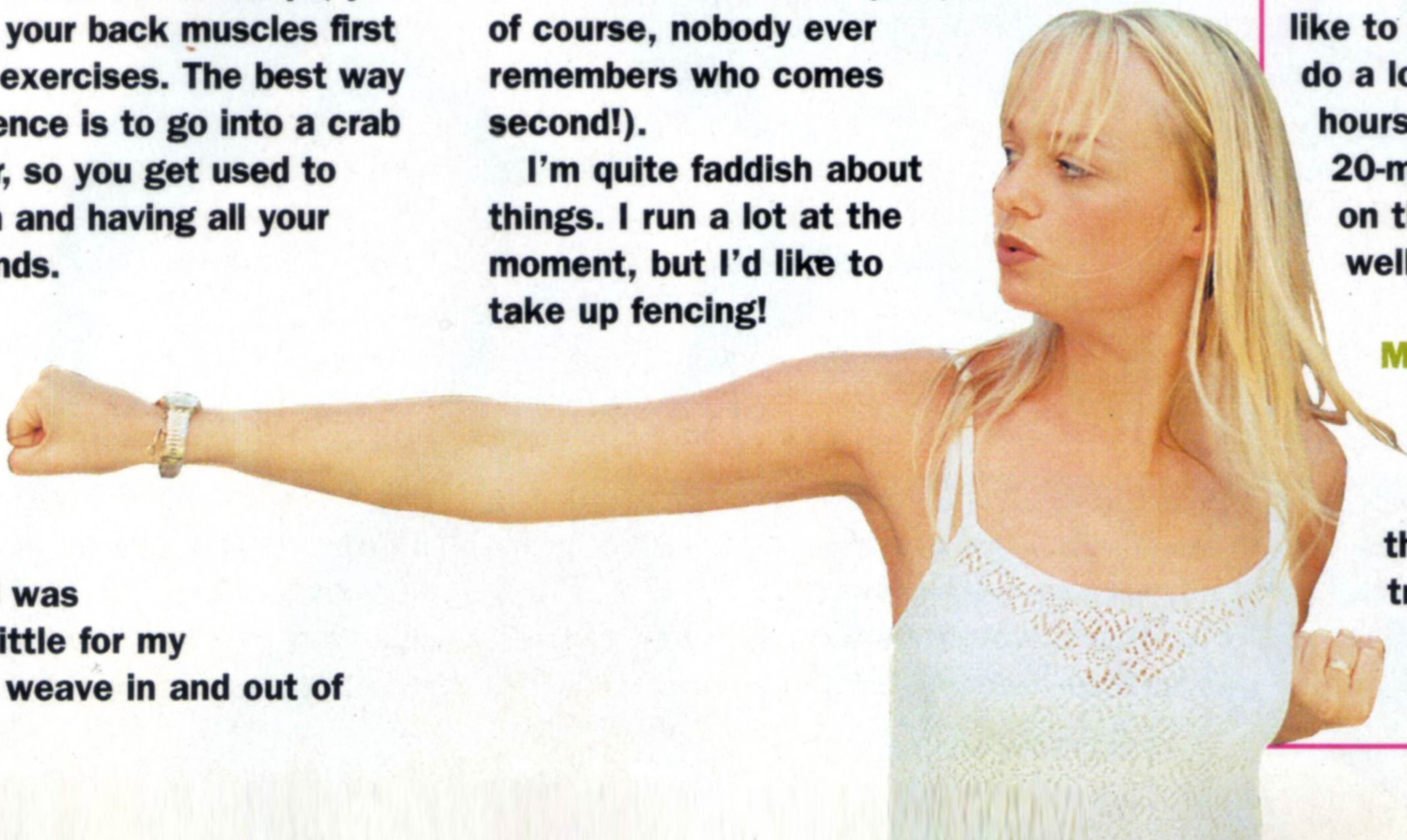


fit

Mel C One day I really want to learn kick boxing. I did quite a bit of gymnastics at school and before the tour I'll be doing some more. I want to do a lot more tumbling for the shows! For backflips, you should strengthen your back muscles first with back muscle exercises. The best way to get your confidence is to go into a crab and then kick over, so you get used to being upside down and having all your weight on your hands.

Geri I used to play netball at school. They called me 'the bomb' because I played centre and was bad! I was really little for my age and I used to weave in and out of everyone and tread on their feet. My only glory in sports was when I entered the 1,500 metres at the last minute because someone dropped out. I was ever so proud when I came second. (But, of course, nobody ever remembers who comes second!).

I'm quite faddish about things. I run a lot at the moment, but I'd like to take up fencing!



Do you like to sweat? How much do you work out?

Mel C I really like exercise, so I go to the gym about five times a week. I run about five miles, do weights and a lot of abdominal work.

Geri I try and make myself go running as often as possible. I don't particularly enjoy it, but I feel good afterwards. I come up with good ideas when I'm on the running machine, too – my mind always seems to be quite clear then.

Emma The only part of my body that I exercise is my hand when I'm eating. I've got quite good muscles there now! No, seriously... sometimes I'll get on a roll and go to the gym for a couple of weeks, but I'd rather go out and have a bit of a boogie and a laugh with a friend. That's the best way to shape up, for me.

Victoria No I don't. I've heard of the word 'sweat', but I've never experienced it. I like to go down the gym, but I don't ever do a lot because if I stayed there for hours, I'd never go again. I do a 20-minute run, 10 sit-ups and then go on the sunbed. It's 'little and often' – well, as often as I can.

Mel B No I don't. Sweating is uncomfortable and you end up smelly and wet. I don't mind getting moist, but not sweaty. At the moment I'm working out with a trainer at the gym. It's a good way of letting off steam. I do a little bit of everything, from weights to steps.

Our groovy

It's been a real laugh shooting Spice: The Movie. Here's the lowdown so far...

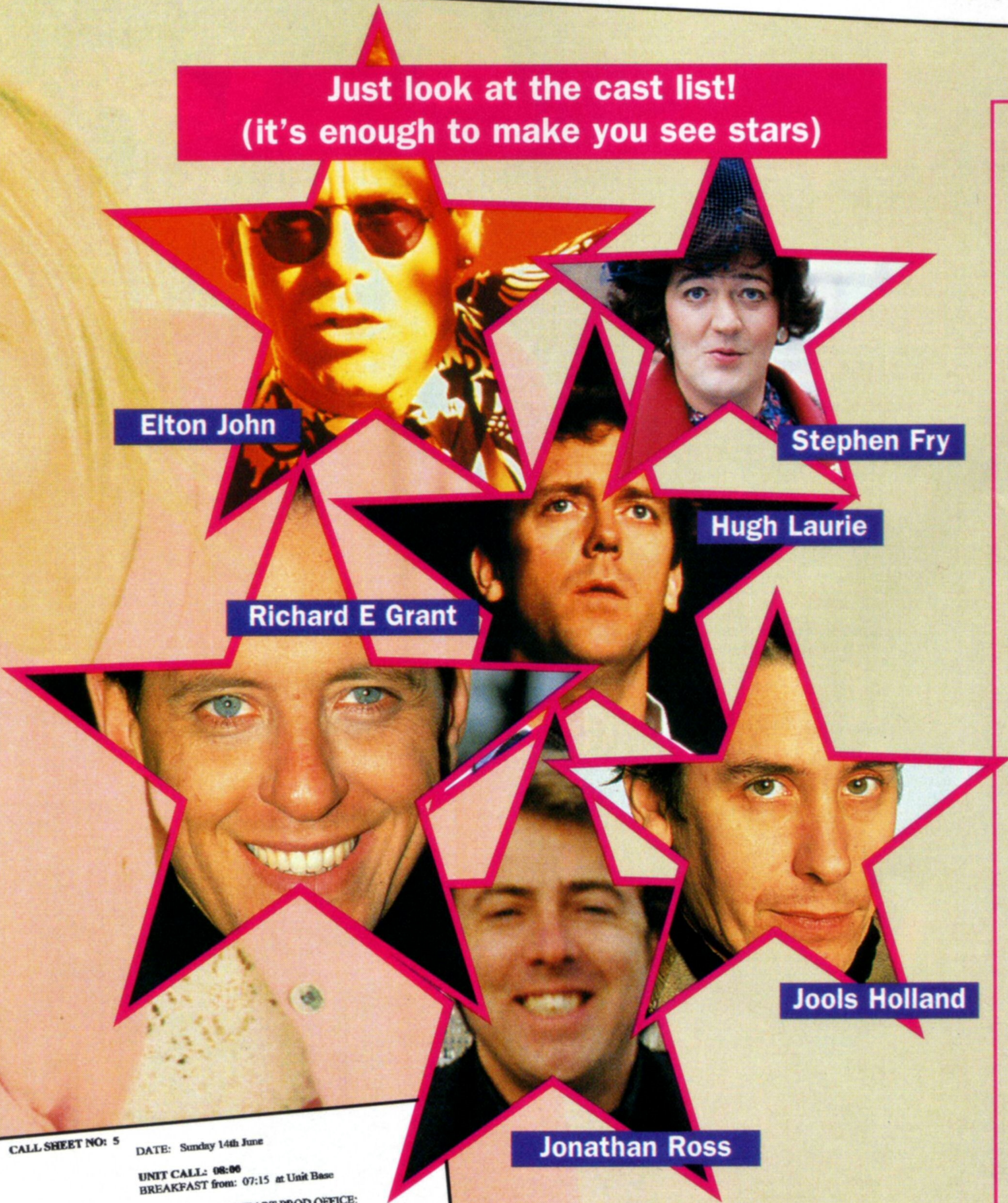
No rest for the wicked! This is how a typical day begins...

TRANSPORT:	
CAR No.1	Crawfords car to p/up Emma Bunton from home and convey to unit base for 07:00
CAR No 2.	Crawfords car to p/up Geri Halliwell from home and convey to unit base for 07:00
CAR No. 3	Crawfords car to p/up Mel B from home and convey to unit base for 07.00
CAR No. 4	Crawfords car to p/up Mel C from home and convey to unit base for 07.00
CAR No. 5	Crawfords car to p/up Victoria Adams from home and convey to unit base for 07.00
CAR No. 6	Crawfords car to p/up Alan Cumming from home at 06.45 and convey to unit base
CAR No. 7 (Bruno S.)	P/up David Fahms from home at 06.30 and convey to unit base

movie!

ARTISTE	CHARACTER	P/UP	W'ROBE	M-UP	L/UP	ON SET
1. EMMA BUNTON	EMMA	TBC	07:00	07:30	As req'd	09:00
2. GERI HALLIWELL	GERI	TBC	07:00	07:30	As req'd	09:00
3. MEL BROWN	MEL B	TBC	08:00	07:00	As req'd	09:00
4. MEL CHISHOLM	MEL C	TBC	08:00	07:00	As req'd	09:00
5. VICTORIA ADAMS	VICTORIA	TBC	08:00	07:00	As req'd	09:00
8. FRANK BRUNO	FRANKIE	TBC	07.45	08.30	As req'd	09.00
10. ALAN CUMMING	PIERS	06:45	07:30	08:00	As req'd	09:00
11. DAVID FAHMS	TV DOC CAMERAMAN	06:30	07:15	07:30	As req'd	09:00
12. STEVE O'DONNELL	TV DOC SOUNDMAN	06:30	07:30	07:15	As req'd	09:00
25. DEVON ANDERSON	JACK	07:00	07:30	07:45	As req'd	09:00
26. PERDITA WEEKS	EVIE	TBC	07:30	07:45	As req'd	09:00

Just look at the cast list!
(it's enough to make you see stars)



Elton John

Stephen Fry

Hugh Laurie

Richard E Grant

Jools Holland

Jonathan Ross

FIVE GIRLS LIMITED
Government Building
Bromyard Avenue
London W3 7BX
Tel: 0181 743 5566
Fax: 0181 743 8934
Unit Contacts: Sarah Lee, Location Mgr: 0831 130 190
Finn McGrath, 2nd A.D: 0378 933 782

CALL SHEET NO: 5

DATE: Sunday 14th June

UNIT CALL: 08:00
BREAKFAST from: 07:15 at Unit Base

CREW MINIBUS DEPART PROD OFFICE:
1. 06:45
2. 06:45

NB: LIFE JACKETS ARE TO BE WORN BY CAST AND CREW MEMBERS AT ALL TIMES WHEN ON THE BOATS. SELF INFLATING LIFE JACKETS WILL BE SUPPLIED. ANYONE GOING ON THE SUNSEEKER MUST WEAR LIGHT COLOURED RUBBER SOLED SHOES. ABSOLUTELY NO BLACK RUBBER SOLE SHOES ALLOWED ON THE BOAT.

UNIT BASE: DOCKLANDS SAILING & WATERSPORTS CENTRE, WEST FERRY ROAD, MILLWALL DOCK, LONDON E14

WEATHER: Mainly dry day with sunny spells
Odd showers throughout day

Sunrise: 04.41 Sunset: 21.20

LOCATION 1: MARSH WALL (nr BRIDGE)
DOCKLANDS, LONDON, E14

LOCATION 2: FIXED PONTOON by GLENGALL BRIDGE, DOCKLANDS, E14

Plus: Roger Moore, Richard O'Brien, Barry Humphries, Claire Rushbook, Frank Bruno, Alan Cumming, Michael Barrymore and Devon Anderson

The plot
A busy week in the life of the Spice Girls, leading up to their first performance.

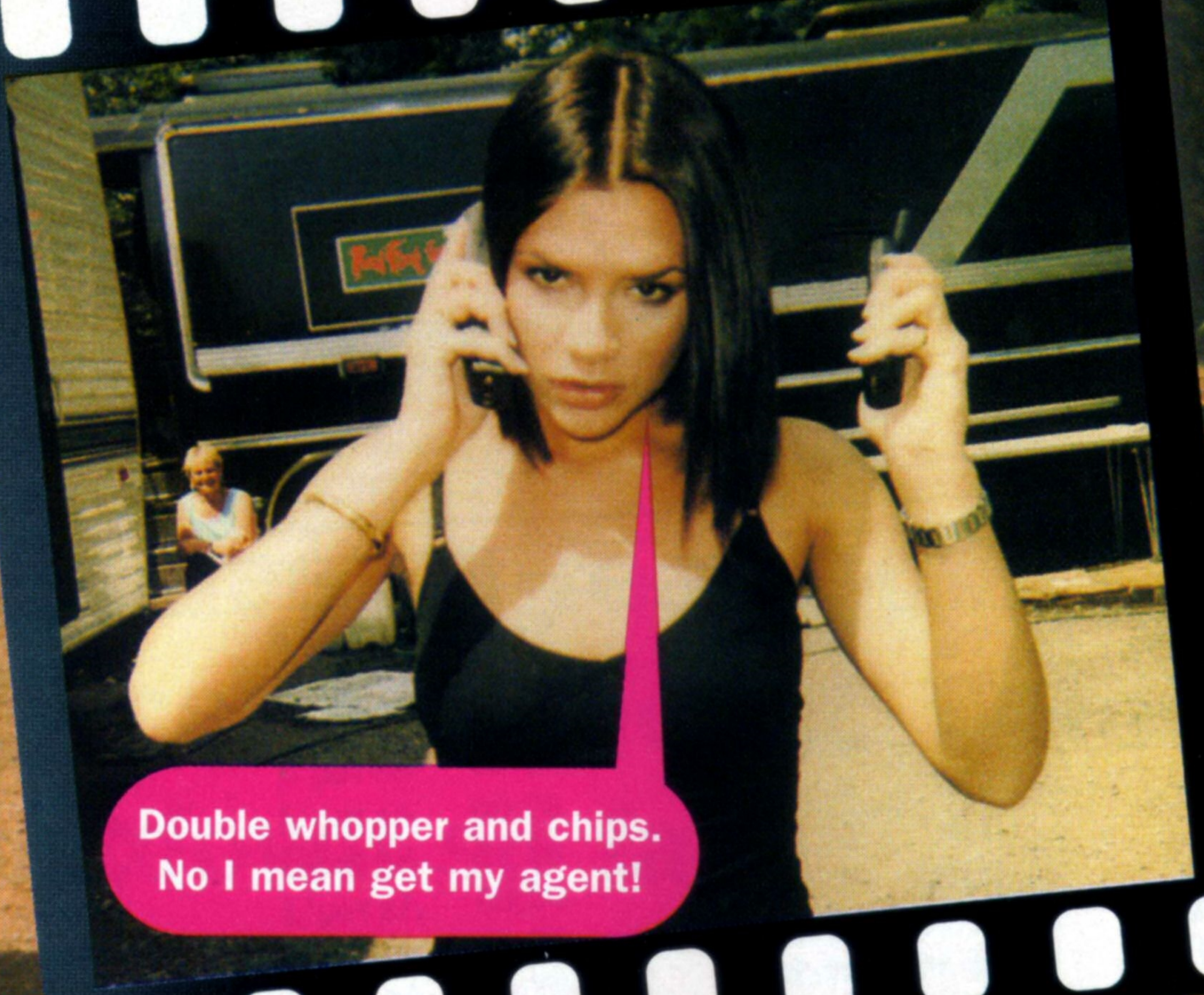
The director
The brilliant Bob Spiers, who also directed *Absolutely Fabulous* and the '70s hit TV comedy *Fawlty Towers*!

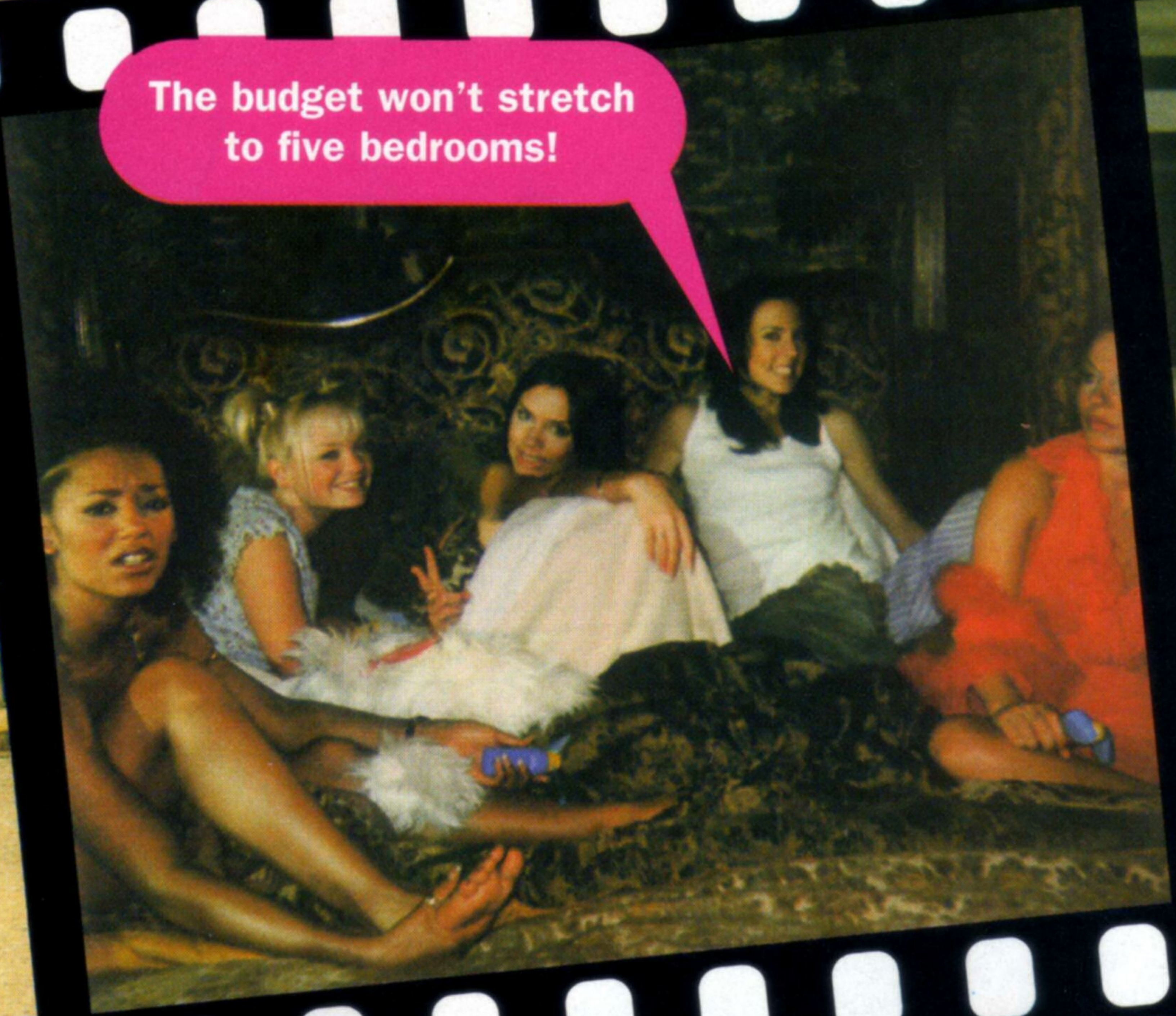
The writer
The fabulously funny Kim Fuller, who's written for Lenny Henry, Tracey Ullman and Jasper Carrott, among others!

The time
Eight weeks of early-morning wake-up calls (yawn!) in June and July.

The place
In and around London – from Battersea Park to the Docklands!

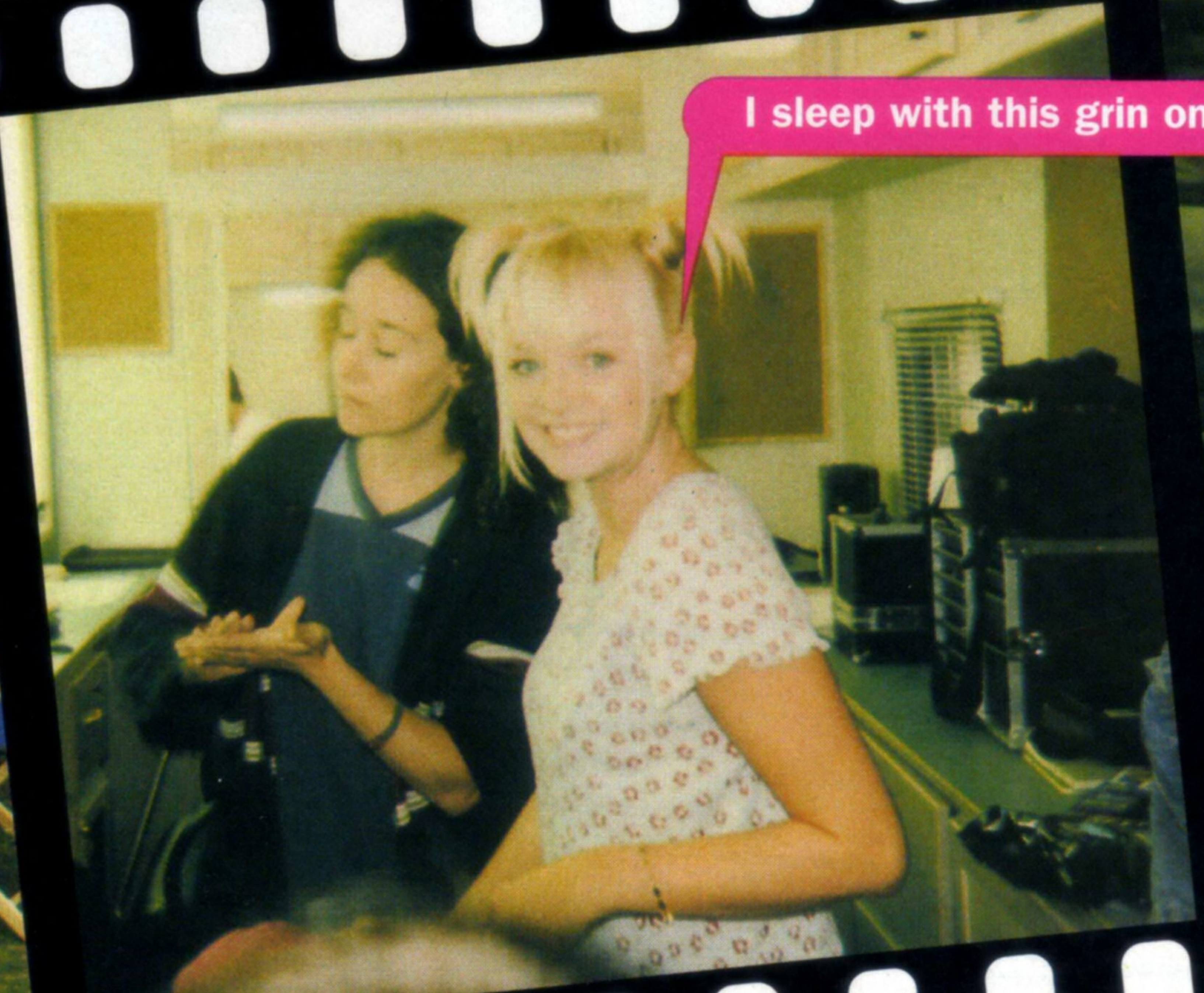
RICHARD E GRANT : ALL ACTION





Pix from

Our first week as movie stars was wicked. This hard to put it out by Christmas and that means imagine, Emma's not too happy about that!)



the flicks

film is gonna be a blockbuster! We're working really getting up at 5am every morning (as you can

Cyberspice

While we were in America we made our debut on the Internet – the worldwide communication network you can tap into by computer. Chatting to our cyberfans was wicked! We also found out that our official Spice Girls website (http: // channel3. vmg. co.uk/ spicegirls/) has been voted best British site – large, or what? Here's what happened...

Spice Girls – Mel B

Back Forward Stop Refresh Home Search Mail News Favorites Larger Smaller Options

Address http://www.cyberspice.co.uk.

Mel B

Going on the Internet was absolutely excellent! It's great because you can go into different 'rooms' to chat – there's the nice room, the friendly room, the nasty people's room – all sorts. That's how you find the type of person you want to speak to.

Before we all went on line as the Spice Girls, I wanted to get into the rude room to find out what the people were like in there. I was busy playing around – it was great – but then my machine broke down and I couldn't play again until about 20 minutes into the Spice session!

Apart from Geri, we all had people who were typing for us – really fast. When anyone asked me a boring question, I just said, "Ask Geri!" It's exciting because you can't see them and they can't see you, so you can be as rude as you want! You can write anything – that's the brilliant thing. You can write 'Shut up!' or 'Hurry up, you're being slow!'. They can't exactly turn around and do anything about it.

I haven't got my own computer yet. I did want one, but I'm not too bothered about it anymore. I bought a little video camera recently and I thought I'd play with that, but I haven't used it at all. So I probably wouldn't play with a computer if I got one. They're for nerds, really! It's like, "Er, it's Saturday night – what shall I do? I know, I'll play on the Internet!" – a bit sad really. I suppose it's a good way to communicate, but I'd rather have a talking Internet!

Question from Bowser1988: What is your biggest inspiration?
Spgmelb: Hi Bowser! Life, people and naughtiness.

Question from Bowser (again): I like your clothes style a lot. Do you pick them yourself or do you have a costume designer?
Spgmelb: I pick them myself. Can't you tell?

Question from Jasonboy 14: Do you think your looks helped your career in any way? Or just talent alone?
Spgmelb: I think it's a mixture of everything – looks, image, attitude and a general vibe about yourself.

Question from Hipgirl20: What was the weirdest thing a fan ever did?
Spgmelb: Um, one of them tried to grab the hair on my head.

Question from Hipgirl20 (again): Mel, I think you are amazing. Do you have any other piercing besides your tongue ring?
Spgmelb: I'm not telling you. That's for me to know and you to find out!

Question from Greenie3: Were you in any groups before the Spice Girls?
Spgmelb: No, I was a dancer on the dole.

Greenie3 (again): What is the thing you most dread in life... besides kissing someone with braces?
Spgmelb: I don't dread kissing anyone with braces and I don't dread anything in life aside from toe sucking.

Question from Pulp20: Do the other Spice Girls bug you about your hair as much as they say in interviews?
Spgmelb: Yes, because it's getting bigger and bigger!

Pulp20 (again): Did you meet Robert De Niro on 'Saturday Night Live'?
Spgmelb: Yes, we did. He was very sexy, but a bit too old and doddery.

Question from SarahG: What do you think you'll be doing at 40?
Spgmelb: I'll be mad, wrinkly and with a good-looking toy boy.

Question from Elfie2: What's the most extreme thing you've ever done?
Spgmelb: Flashed out of the Four Seasons LA hotel.

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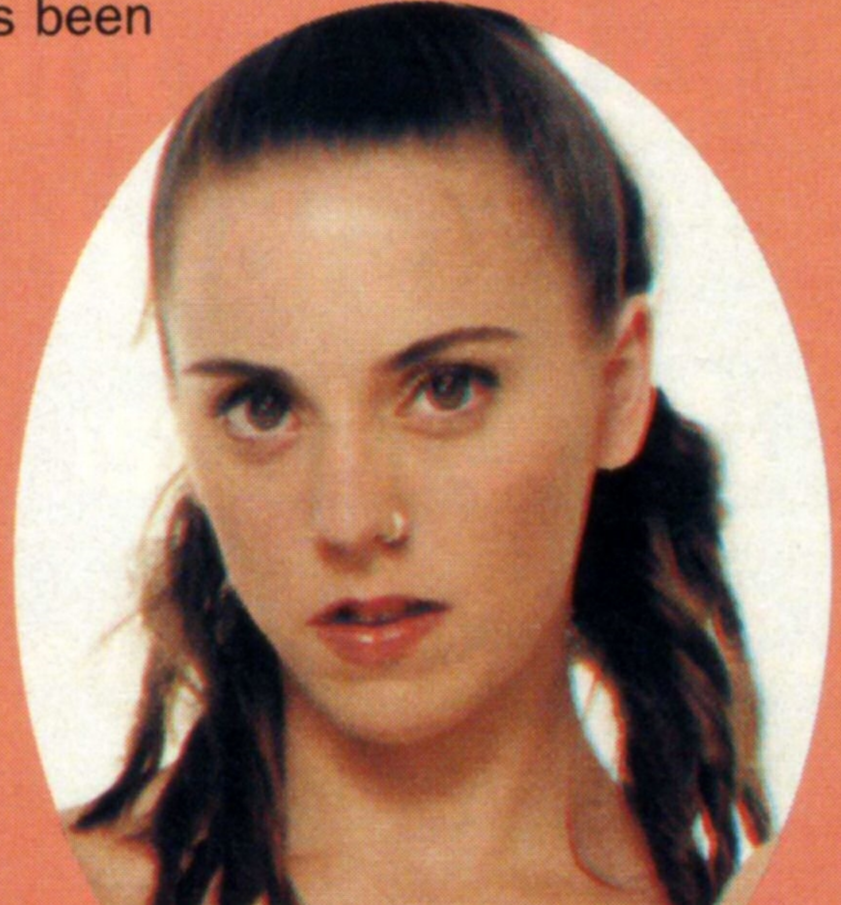
Spice Girls – Mel C

Address http://www.cyberspice.co.uk

Mel C



I'd always been really curious about the Internet, but I hadn't tried it because I never learnt how to use computers at school. Now I wish I'd learnt more about them, but I was always into the arts instead, like acting, singing and music.

Going on line was really good fun, but I'm very slow at typing so someone had to type for me. Most people asked pretty regular questions, like how we got together and where we got our name. There were a few about sport and football and that – it was nice, just like having a chat with someone. It's a funny old feeling, though. You wonder what that person at the other end of the computer is like – what their life's like, their house, what they do and how old they are. It makes you really curious.

My brother wants to get a computer and he's really into them – he knows all the top models and things like that. So I'll probably get him one and then he can teach me how to use it!

The other day I was on a train and I walked past a man using his computer. It was freaky – suddenly I noticed he had pictures of Victoria all over the screen! I couldn't help it – I burst out laughing and said, "Hah! Look at that!". He turned round and looked surprised, but he didn't recognise me!

Question from GwenLuvsMe: How do you feel being the coolest Spice Girl? This is my opinion and a lot of other people's!
SGMelC: Thank you very much! It's an honour. But I'm sure the others would disagree with you!
Question from Kebel: Do you have your nose pierced in both nostrils?
SGMelC: No I don't but I was considering it – like Lenny Kravitz.
Question from MoralSin3: Will you join a women's football team after Spice Girls?
SCMelC: I used to be in a girls' team, but at the moment I'm too busy. I really miss football and would like to take it up again.
Question from Traci698: Have you always known how to dance? Who gave you guys those dance moves?
SGMelC: We always do our own dance steps. I think you should interpret the music personally.
Question from CECNYC: What's the craziest encounter you've had with a fan? How far do people go to meet you?
SGMelC: You get fans renting rooms in hotels next to you and ringing you at 3.00 in the morning. People running alongside the van at top speeds is pretty mad!
Question from Caerbanog: Now you've conquered America, which continent is next on your list for Spice domination?
SGMelC: Mars or Venus. (Only kidding.)
Question from EllieLo: What's your advice to a girl who wants to be a singer?
SGMelC: Stick at it. If you want it bad enough you will get it. And don't let people put you down. Go Girl!
Question from CECNYC: Since you've become famous, have you gotten a chance to meet celebrities you admire?
SGMelC: Yes! The best celebrity I've met was probably The Artist. But we've met loads – too many to mention. I really want to meet Madonna the most.

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Spice Girls – Victoria

Address http://www.cyberspice.co.uk

Victoria

I thought the Internet was going to be really boring because I'm not into computers at all. But it turned out to be really, really exciting and good fun. It was so interesting that I think I might even get myself a computer and have lessons in working it out from Geri! It's great escapism – you can really get into it and enjoy it.

The questions were being monitored, so some of them were really boring, like "How many dogs have you got?" It would have been funnier and more interesting if people had been allowed to be as rude and graphic as they wanted to be. I think it would be funny to see what people have written about you and have lots of hateful things said to you! Still, they weren't always very nice, so it was a bit of realism for me. I loved it.

Question from Boy32am: What was your first job?
SGVicky: I was a dancer in a musical called *Bertie*. I was a clockwork ballerina. (hahahaha!)
Question from ELMOALLEY: Do you have any pets?
SGVicky: Yes, I have three dogs. Lucy, Yorkshire terrier, Bambi, Yorkshire terrier and Tiger, who is again a Yorkshire terrier. But I actually want to buy a goldfish!
Question JenniferBB: What is the best thing about your early success?
SGVicky: Travelling the world, meeting some fantastic people, having fun and doing what I most enjoy.
Question from Gartogg00: What kind of car do you drive?
SGVicky: I drive a MGF convertible, but I am waiting for a new Mercedes SLK. Flash or what!
Question from SSagg: What are the best personality traits a man can have?
SGVicky: OK... a friend, a sense of humour, a good pair of shoes and a healthy gold card.
Question from Mike239: Do you have any advice for going on a first date?
SGVicky: Act like a lady and you'll be treated like one.
Question from Midialex: Do you want to be a Spice Girl forever? What are your aims for the future?
SGVicky: I will always be a Spice Girl.
Question from JoAlbam: In the official Spice Girls book, you said you didn't really like school. I am 13 and can relate to that statement. I was wondering how you were able to overcome the difficulties of getting through it?
SGVicky: I was bullied at school and told I'd never be good at anything, but I was a really strong personality. I believed in myself and who had the last laugh? BE STRONG AND GOOD LUCK!

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Spice Girls – Emma

http://www.cyberspice.co.uk.

Emma

Although my mum's been connected to the Internet for quite a while, I never really understood what it was all about. I always wondered how she could be on it for so long, because it looked really boring.

Then when I got on it in New York, I didn't want to get off. It was absolutely brilliant. I'm definitely going to have a go on my Mum's when I get the time. I'll go as someone different – I think I'll call myself Undercover Spice and have a bit of an adventure!

It was a bit frustrating, though, because there were so many people wanting to ask questions that I didn't get the chance to have a real chat with anyone. Often I wanted to ask, "Well, what do you think about it?" but there wasn't time. I'll definitely have another go soon, though.

Question from Wings One: How long did it take to learn your backflips?
SGEmma1: You've got the wrong girl here. That's Melanie C – I can't even do a crab!

Question from WIP Sports: How can I become a Spice Girl?
SGEmma1: I'm sure you are a Spice Girl. There are girls all over the world who are spice girls... and boys!

Question from Little Ho: Can you really eat 100 donuts in 10 minutes?
SGEmma1: No, I can't, but I wish I could!

Question from BigDOG209: I heard that you girls are going to be Barbie dolls. Is it true? Tell me, please.
SGEmma1: There's only room for one Barbie doll – and that's me!

Question from Tari620: How did you get your group name?
SGEmma1: It fits very well, because we're all very different – like spices. My spice is cinnamon because it's sweet, but has a funny aftertaste!

Question from VoodoDoll: How do you feel about being one of People's 50 Most Beautiful People?
SGEmma1: I think it's good because we're not the most beautiful girls, so it proves you don't have to be perfect.

Question from Derrick24: What do you think you'll be doing at 40?
SGEmma1: Fat and bloated like Elvis! Only joking. Hopefully still singing!

Question from NERFPRES: What is the best and worst thing about being a star?
SGEmma1: Everything is the best. Even if it is negative, we turn it into positive.

Question from Timmy 14: What would you be doing if you weren't in SGs?
SGEmma1: Probably singing 'Wannabe' in my living room to my family.

Question from NClueless: Where do you buy your clothes?
SGEmma1: I'm not into designer clothes – the cheaper the better.

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Spice Girls – Geri

http://www.cyberspice.co.uk.

Geri

I bought a computer a few months ago. I like writing a lot, so I wanted a laptop, but I was also really curious to try out the Internet, since everyone had been raving on about it.

I find it's a really good way to lose yourself for hours on end – it's very addictive. It's brilliant, because you can really go off on one – meet other people and go into all these different rooms. I've met some mad people on the Internet, but when I say I'm Geri, they never believe me!

The sex room is quite funny. You can be in a big room with about 30 people in there and then someone will invite you to go into a room and chat independently with them. Sometimes they can be a bit rude with you and it's quite funny. One guy said to me, "What are you wearing?" I just made up my answer. You can go off on a fantasy trip for a little bit, but I bottled it when he got a bit too rude. The great thing is that you can leave whenever you want – you're in control!

People really take the piss out of you when you're typing too slowly and you have to apologise for taking so long to return the answer. But, luckily, my typing skills are getting much better! I've been into one of our websites briefly, but there's about 20 of them, so I haven't explored them all.

Question from VsnOfLove: What are the three words you would use to describe yourself?
SGGeri1: Well, I'd like to keep my modesty, but then again, I'll be positive. So, eccentric, inquisitive and psycho, friendly and loving. Oops, that's five words!

Question from SF247: What do you look for in a guy? Age preference, style, looks, schooling, things you want from him, expectations?
SGGeri1: OK, I'm looking for the brain of Einstein, the body of Arnie, the wit of Robin Williams and the style of Rudolph Valentino. Not a lot to ask!

Question from SurfCrayz: Do you consider yourself a feminist?
SGGer1: That's hard to say. Really, I believe in female solidarity – Girl Power. There's glamour within that. I respect anyone for standing up for what they believe in. Labels are dangerous. They breed preconceptions.

Question from FellowLe: Any regrets in your career decisions so far?
SGGeri1: Je ne regrette rien. Actually, when you're lying on your deathbed, it's only the things that you didn't do that you regret. So my advice to anyone is, never think, just do it. She who dares, wins!

Question from SAYAW: If you were given the chance to live forever, would you live forever?
SGGeri1: Yes, age is wisdom – your best master. Life – how to be at one with everything, just like Buddha sitting under a tree.

Question from Erogers71: If you had the choice between love, money and fame, which one would you choose?
SGGeril: Well, with money and fame, there's no guarantee. Then again, nor is there with love. So I'll go for friendship – that's a little more reliable.

Question from Yongwons: Have you all been friends for a long time?
SGGeri!: Yep, and I reckon we knew each other in a past life!

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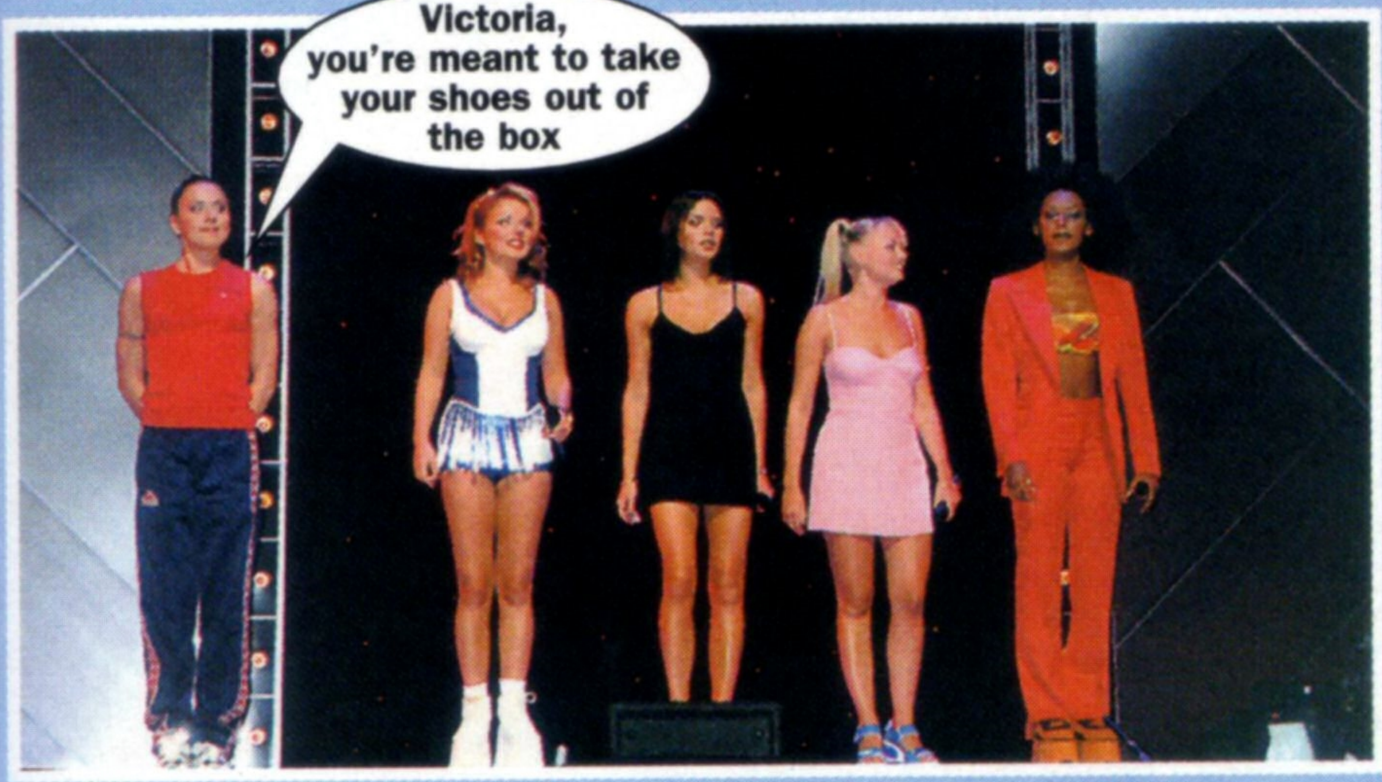
A right royal spicing!

There was lipstick everywhere, the night we flirted with protocol. Hopefully we made Prince Charles happy ever after...

Mel C I was really nervous because there was such a hoo-ha about it. So many people were watching! But when we met him he was fine – just a normal bloke. I wasn't too worried about what I was going to say because when all five of us are together, no matter what comes out, we just back each other up. We didn't keep to protocol when we met him, but when we bowed to the audience after performing, we did a camp little curtsey to the Royal Box, which was quite funny.

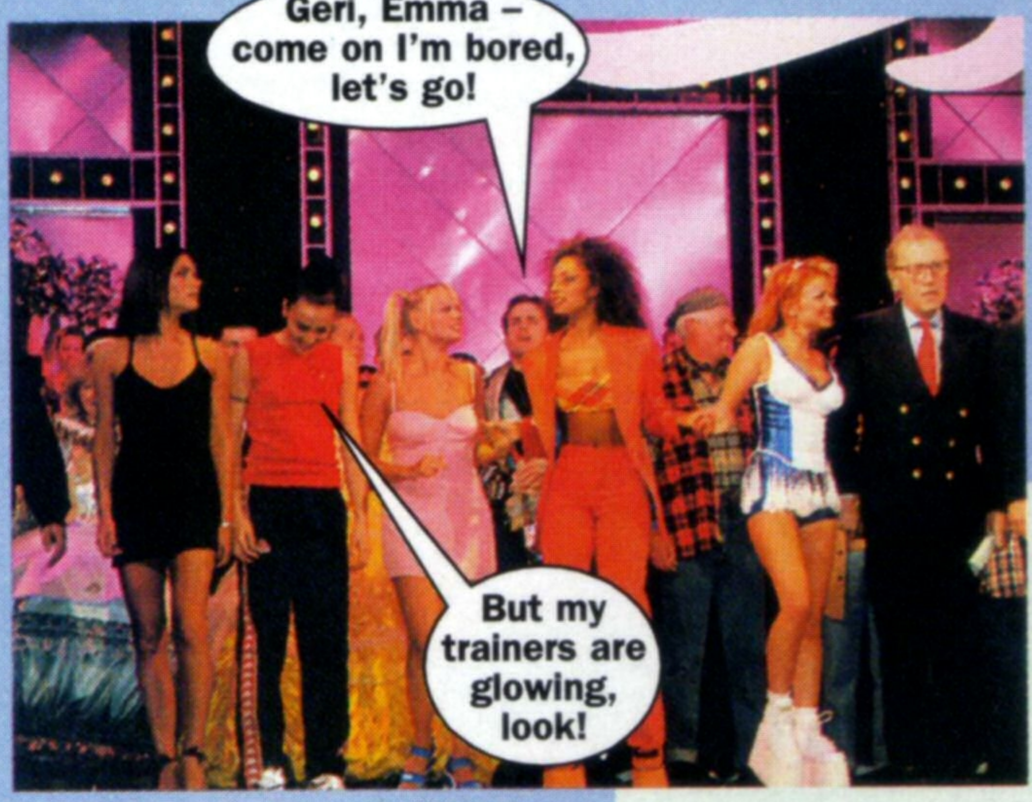
Emma Prince Charles was just like any other normal man. He was really up for it! Before we met him, everyone was saying, "Don't do this!" and "Don't do that!" And we were like, "Just leave us alone and let's get on with it!" We've always said that we treat everyone the same, whether it's Prince Charles or the milkman – after all, everyone poos and wees! I think we spiced him up. I didn't pinch his bum or kiss him, but I did ask him how Prince William was, because I've heard that he likes me. I said that I'd come round to lunch anytime!

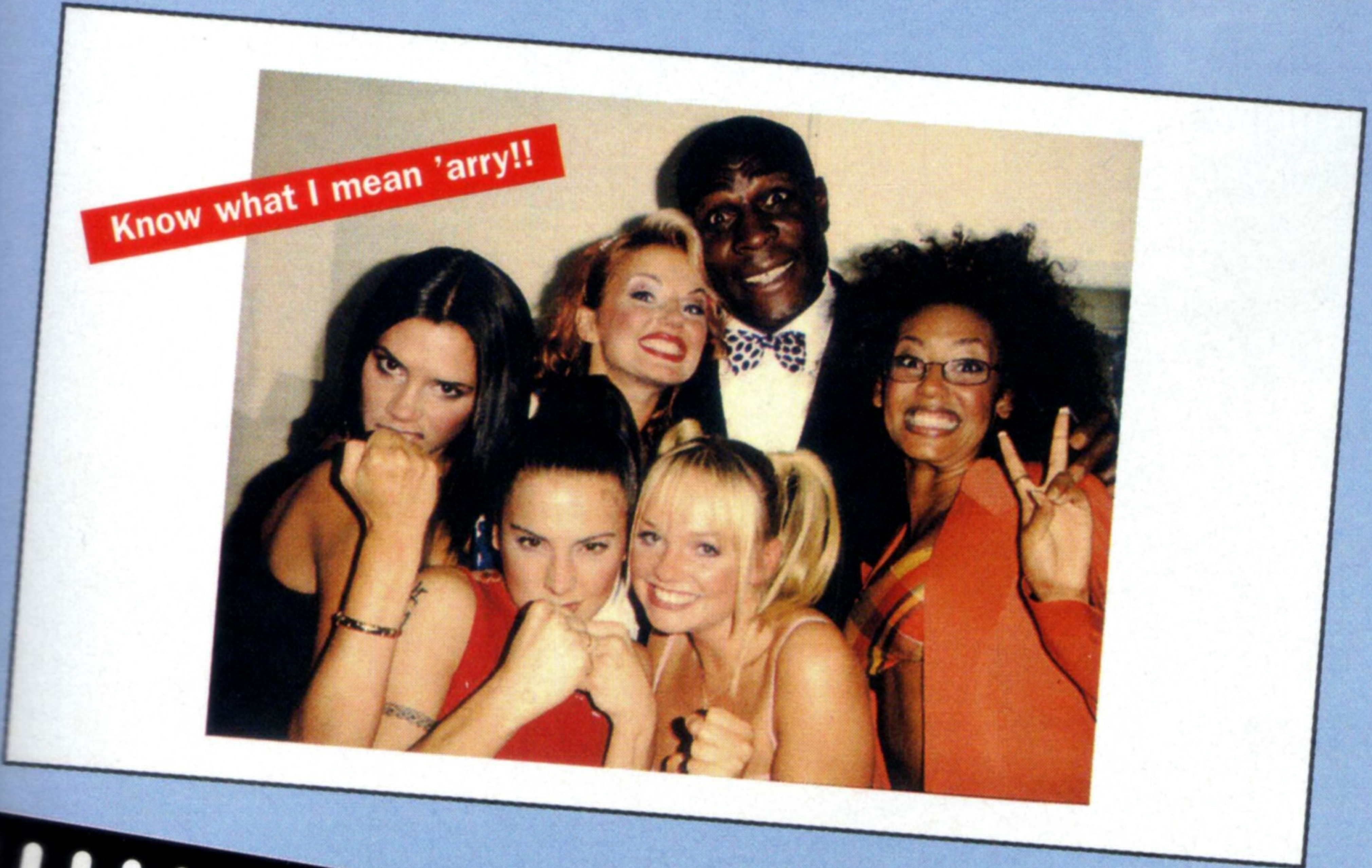
Mel B He asked me whether it hurt when I got my tongue pierced and I said it did when it was first stabbed, but it was alright after that. He asked to see my nails. I said, "I've got them painted like a tiger," and he said, "Very fetching!" He's very nice and he took time out for everyone. He's got a great voice and he's very pleasant. No matter who you were, he'd speak to you like a lady. I like him.

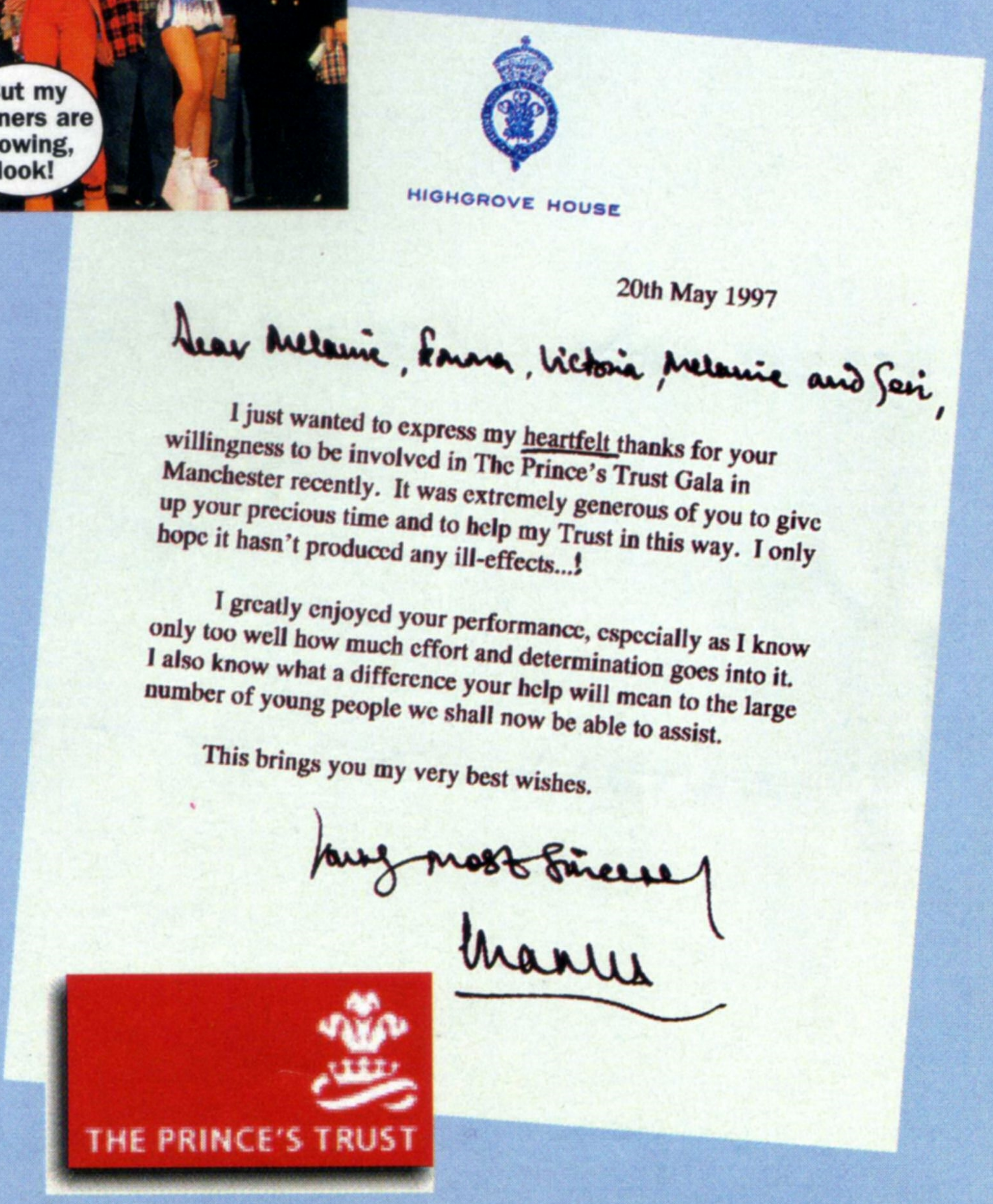


Victoria He wants to have fun, just like anyone else. He's just normal. My mum was really nervous about me meeting him because I'm actually a big fan of Lady Di. She said to me, "Don't you say anything rude to him! Be respectful! He's the future king of England!" He was nice, but he had a dodgy old suit on and he's not half as posh as me!

Geri I'm a professional bum pincher now! I sort of tapped his bum and gave it a light squeeze – but a very regal squeeze. The funny thing is, he did come back for more! There was an element of excitement. There's all this decorum that you're meant to maintain – but although he's a prince, he's got the same wants and needs as everyone else. He just wants to have a laugh. Melanie told him she had her tongue pierced and I said, "Maybe you should have a Prince Albert!" He asked what that was and I cheekily pointed down. He said, "Ah, now I understand what all the jokes were in the show!" All the comedians had used that one! We try to be funny with everyone we meet and I think they like that light sense of humour. It's really strange, because I saw a spiritualist about six months ago and she said that I was going to rub shoulders with royalty, and there's a picture of me where I'm literally rubbing my shoulder against his!







HIGHGROVE HOUSE

20th May 1997

Dear Melanie, Emma, Victoria, Melanie and Geri,

I just wanted to express my heartfelt thanks for your willingness to be involved in The Prince's Trust Gala in Manchester recently. It was extremely generous of you to give up your precious time and to help my Trust in this way. I only hope it hasn't produced any ill-effects...!

I greatly enjoyed your performance, especially as I know only too well how much effort and determination goes into it. I also know what a difference your help will mean to the large number of young people we shall now be able to assist.

This brings you my very best wishes.

Yours most sincerely

Charles

THE PRINCE'S TRUST

geri SPICE

mel c
SPICE

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mel b
SPICE

emma SPICE

victoria SPICE

VIEWS OF THE GIRL

THE ONLY RAG THAT GET'S IT RIGHT

Geri on Geri!!

Hi! This time I decided to give you an exclusive, right from the heart of the matter. I tried Cherie Blair, Hillary Clinton and Madonna, but unfortunately, they were all too busy. Even Tracy from Tesco was too busy to talk to me! Oh well – there's only one person I know I can have a really good chat to, and that's me – it's common knowledge that I talk to myself! So, readers, I give you eleven exclusive and stimulating questions – from me to me!

Q How are you?

A A little tired. I was up until 2am writing a children's story!

Q How do you cope with such a busy schedule?

A It's true our schedule is pretty heavy, but I try and maintain a lot of energy and determination to remain focused. I would hate not to give 110 per cent to my day. No matter how little your task is, everything can be inspiring and help growth. I always laugh a lot and find humour in everything – especially in myself.

Q What has really impressed you?

A Recently I met a young girl who has leukaemia. She had a very rare inner quality. She had so much vitality, even through her illness. Her parents' strength was fantastic even though their hearts were breaking. It was a reality check and very inspiring.

Q What has disturbed you lately?

A The irresponsibility of some of the media. One paper reported about the large number of eating disorders in young girls today. Hypocritically, two pages later, they were calling a relatively normal-sized girl 'fat'. I thought this was a very dangerous remark, with no thought of its consequences.

Q What's your assessment of the world today?

A Some of the crimes against humanity are out of my comprehension, but it's positive that they are exposed so that we can face and deal with them. I'm proud to be British – Britain is constantly changing, which means growth.

Q What do you think about recent remarks in the press that you lot don't have real Girl Power because most of the people around you are men?

A Well, it's quite sad that, even now, in the '90s, many industries are still male-dominated. We try to surround ourselves with women, but it's not always possible, unfortunately. But nobody dominates us! We're in control. And we do have a lot of women around us – 90 per cent of the

people who work at our management company are women! I'd like to put the record straight about all this. If I'm not in control of what I do, why was I up until 2am writing a story for our summer annual? I can put my hand on my heart and say that everything we do and everything you see comes from us – it may sound clichéd, but it's so true to us that there's no way you could just dream that up.

Of course, we have people doing things for us, but that's just for time-efficiency. Everyone who's working for us is dealing with the practical side of things, but the ideas come from us. For instance, a stylist might go shopping for clothes and give us advice, but at the end of the day, we plan and choose what we want to wear! And among the five of us, there's a democracy. Even today when we were working on our dance movements and deciding whether we wanted to swing our heads to the left or right, we made a majority decision.

In answer to people who say we're a 'manufactured' band, I'd like to say, how could you possibly manufacture what we've got out of thin air? How could anyone have dreamt it up? The inspiration behind what we do is so collective and collaborative that it couldn't be created by one man sitting at a desk. We just have people helping to make our vision a reality.

Q Do you ever get lonely?

A Yes, I do, sometimes. I think there's a tiny piece in everyone that's hidden and hard to reach sometimes. There are all sorts of levels to someone's personality and I can usually accommodate most of my personality needs – my flamboyant side is accommodated by my career, my creative side by writing, my energetic side by dancing and training. But that very small part of you that's hidden sometimes gets lost and forgotten about, so it's good when you're alone to tend to that need.

Q Where do you live?

A What are you asking that for? In a magic world full of escapism, as you know!

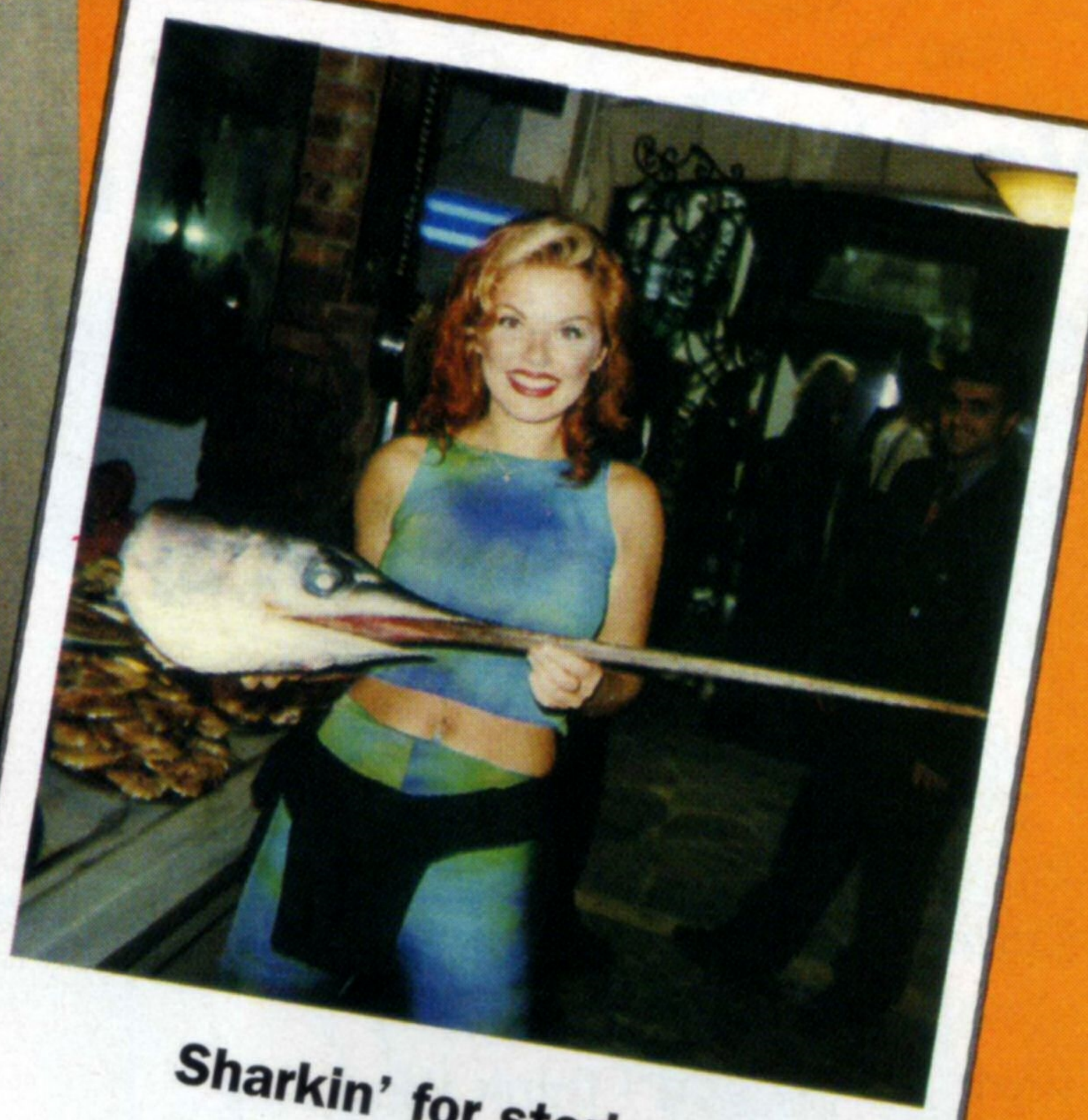
Q How hard do you work?

A Very, very, very hard.

Q What, where or who do you love?

A I love food. I love the age I am now and I appreciate every year that I'm alive. I see it as being given another year on the planet. Every day is a bonus. You could get run over by a bus tomorrow.

I love the girls and I love myself (enough). I love Bali, and Portobello and Camden markets. But the best place is inside my head – my imagination.



Sharkin' for stories!

Cheese!

Q Who's your favourite Spice Girl?

I haven't got a favourite Spice Girl, but I have got four favourite friends: Victoria, because she's so funny; Melanie C for her witty lines; Mel B, because I never know what she's going to do next; and Emma – well just because she's Emma!

Wicked winners!

We asked you to caption the pix below for our last competition! We picked five winning entries and here they are. See you on the set of Spice: The Movie!

1. **Emma:** I wonder if he's as nice looking in real life?
   Geri: Oh my god I think I'm going to fart...
2. **Emma:** You could have held it in, you smelly cow!
   Hunter: yuk!
   Geri: Oops.
3. **Emma:** (farting) Oh no!
   Hunter: What have I let myself in for?
   Geri: It must have been the chilli! Ha ha ha! Forget Girl Power, we've got fart power!

from Crystal Webb (13)
Kingsclere, Berkshire

---

1. ***Ding dong***
   Emma: We'll get it! I bet he's dog rough like all the others.
   Geri: Never mind.
2. **Emma:** Just grin and bear it like I do
   Geri: Mum, the baysitter's here!
3. **Emma:** Mmmm, he's cute. Much better than the others.
   Hunter: Er, can I interest you in some double glazing?
   Geri: We should have known it was too good to be true!
   Emma: Doh!

from Chloe Leman (16)
Sawbridgeworth, Hertfordshire

---

1. **Geri:** What do you think of my outfit, Emma?
   Emma: Mmmm! Yeah, it's really nice, but I think you should wear something different. How about we look in this cupboard?
2. **Emma:** Oh, look who it is!
   Geri: Oh it's you. I'm so glad you brought that thing. I sort of had an accident in the toilet.
3. **Emma:** Oh, I wonder about that girl sometimes...
   Geri: I was hoping you could clean it – you've got the right equipment!

from Stephen Porch (13)
Cardonald, Glasgow

---

1. **Emma:** Geri will you stop smiling, it's really annoying.
   Geri: You're just jealous, 'cos I got to wear the fluffy cat's tail and bin liner!
2. **Emma:** Go on G, show him your baboon impression...
3. **Emma:** Hang on, I'll show you mine too...
   Geri: Not as good as mine, ay Hunts?
   Hunter: Hmmmm

from Jodie Warburton (14)
Heywood, Lancashire

---

1. **Geri:** I tell you who I want, who I really, really want...
2. **Geri:** Oh mama! I thought you said it would be Peter Andre
   Hunter: Liam Gallagher sent me round to sort you out!
3. **Emma:** Where's Mel C when you need her?

from Melanie Davies (15)
Anglesey

On Saturday 3rd May **Joe** from Aintree and I went to see the greatest football team on Earth. Who's that? Liverpool of course.

Joe won the competition in the first magazine to come to the footie. It was Liverpool's last home game – we were playing Tottenham and just had to win. (Sorry Em! They're her team.)

With a miracle Liverpool could still have won the title, so they really couldn't blow it.

I got there just as we had kicked off. I was really excited about the game and meeting Joe. We had a great time. There was a bit of a scare in the first five minutes when Anderton scored for Spurs – we couldn't believe it, but that wouldn't keep our boys down. With plenty of support from the fans, Collymore got the equalizer in the fifteenth minute. Joe and I had been discussing our fave players, and then who should score but Joe's favourite player Patrick Berger. What a great match and a great result!

I had a lovely day, so a big thanks to Joe, Dan and Dad! And special thanks to Liverpool football club for looking after us so well – they're still the greatest team on Earth! Check out this picture Joe drew for us. Isn't he a wicked artist. Cheers, see you soon,

Melanie xCx

20 runners up who win Spice T-shirts

Amanda Millar, 24
Glasgow

Adam Forgan, 11
East Sussex

Laura Wadsworth, 10
Huddersfield

Daniel Ball, 15
Cambridge

Richard Sullivan, 15
Warwick

Stacey Crocker, 11
Tyne and Wear

Richard Lee C Ball
Essex

Holly Antrum, 13
Devon

Priscilla Lake, 13
Leytonstone

Thomas O'Byrne, 9
Berks

Laura Nation, 11
Newport

Garlai Wong, 16
Ashford

Stephen Butler, 19
London

Sarahann Collier,11
Gwent

Laura Jones, 12
Solihull

Sarah Lee Butcher,
18, Stevenage

Katie Ellis, 11
Nottingham

Jonathan Carvetta,
14, Bedford

Colin Symes, 12
Herts

Kathryn Bresner, 13
Glasgow

Watch this space for details of other winners and their Big Day's Out!

Win two tickets to the star-studded premiere of Spice: The Movie and meet the Spice Girls!

Help us pick a winner...

Write the funniest answer you can think of to this line:

How many Spice Girls does it take to change a light bulb?

Twenty runners-up will also win Spice T-shirts!

Competition rules:
1. Closing date for entries: 1 October 1997
2. The employees of John Brown Publishing, 19 Management and Virgin Records and their relatives are not eligible to enter.
3. The editors' decision is final. No correspondence will be entered into.
4. No cash alternative for the prize will be offered.
5. All prizes are subject to availability.
6. The winners will be notified by 14 October.
7. Only one entry per person.

How to enter

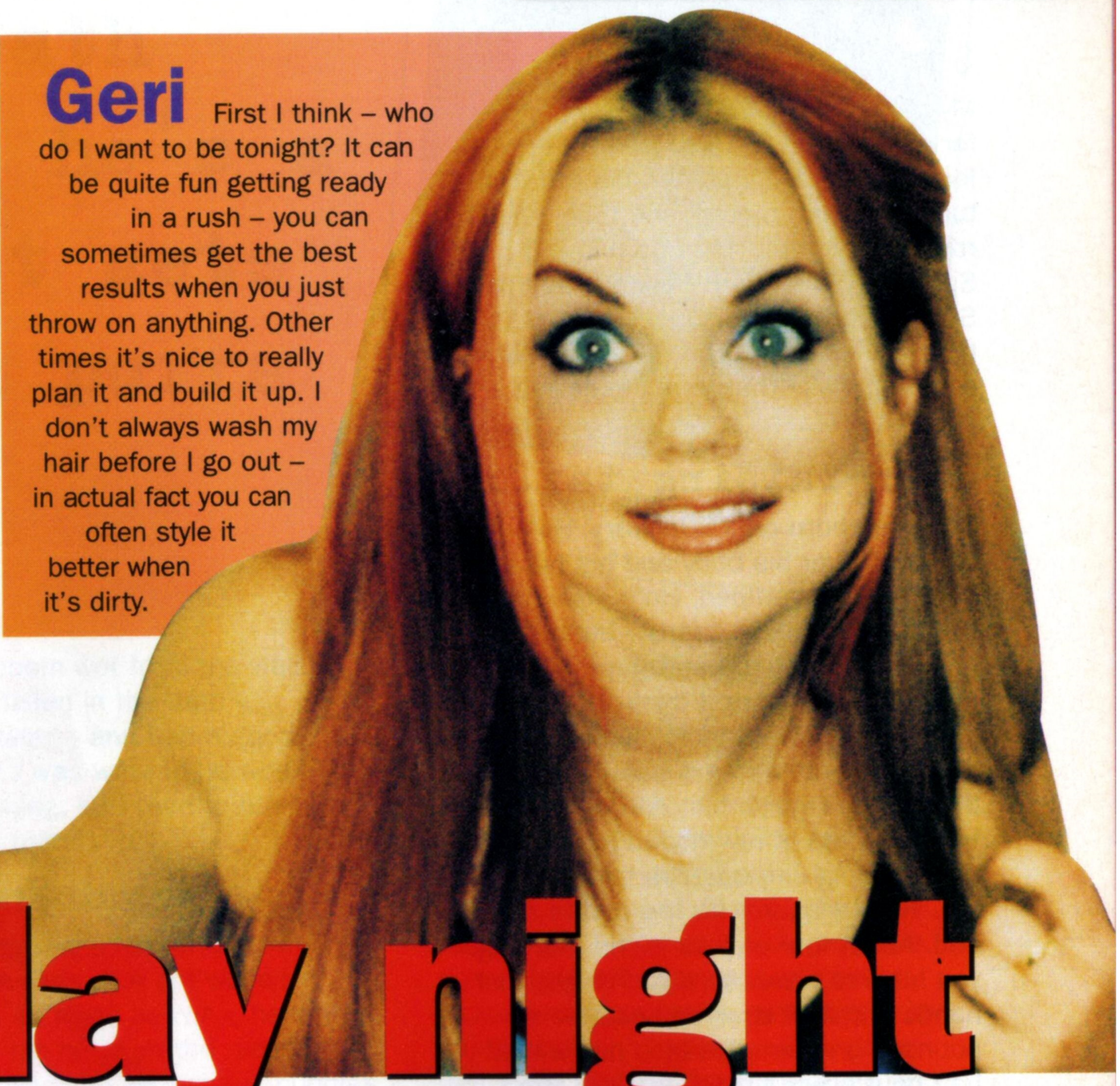
Send your name, address, telephone number and age in an envelope along with your answers. Send your entries to Spice Competition, PO Box 11932, London SW11 4ZN

Saturday night fever!

Getting ready to party!

Emma

Have a little kip in the afternoon to give you lots of energy for the night out. Eat lots of donuts to line your stomach if you're going to drink. Whack up the stereo really loud and have a good old dance. That'll put a smile on your face which should last all night!



Geri

First I think – who do I want to be tonight? It can be quite fun getting ready in a rush – you can sometimes get the best results when you just throw on anything. Other times it's nice to really plan it and build it up. I don't always wash my hair before I go out – in actual fact you can often style it better when it's dirty.

Mel C

I like to have a good train in the day so that I feel nice and fit to go out. Then I have a nice soak in the bath and wash my hair. If I'm going out with Emma, she's always late, so I don't take a lot of time to get ready – I leave it for the last half hour. That's just enough time to dry my hair and slap on a bit of make-up. I hate waiting! I've always chosen what I'm going to be wearing that night a few days before. I'm a bit organised!

Mel B

I put essential oils in my bath to relax me. It really stinks when you put it in. It also makes you stink afterwards, so you have to put cream on to hide the smell. I always put on Nivea – it's important because it helps your circulation and keeps your skin soft. I would only take a shower unless I couldn't have a bath.

Victoria

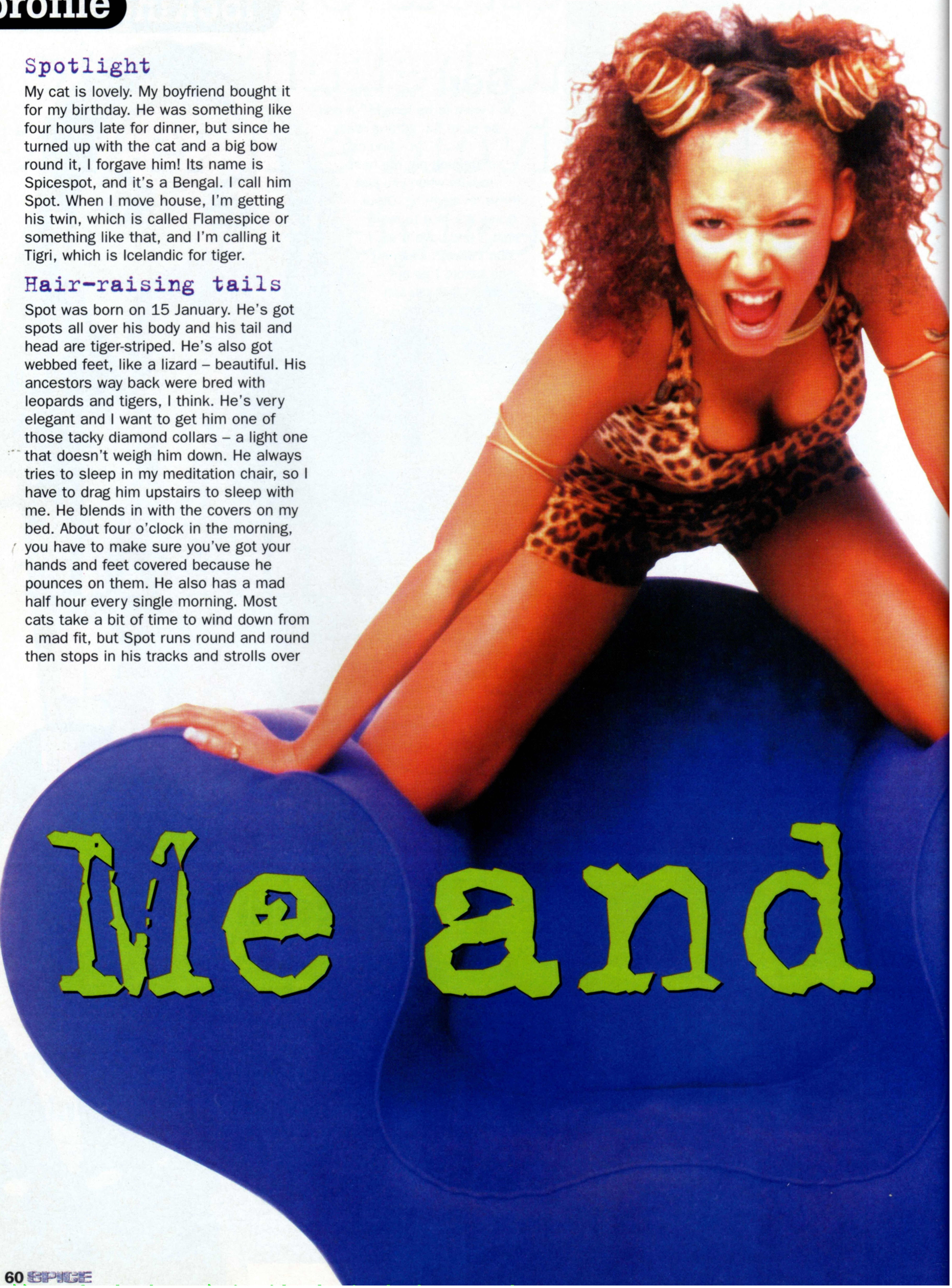
Don't squeeze your spots just before you go out! Always go out with clean hair. Use nice shampoo so that you waft a nice smell when you walk past people. I always have a bath, shave my legs and wash my hair. My make-up only takes about 10 minutes.

Spotlight

My cat is lovely. My boyfriend bought it for my birthday. He was something like four hours late for dinner, but since he turned up with the cat and a big bow round it, I forgave him! Its name is Spicespot, and it's a Bengal. I call him Spot. When I move house, I'm getting his twin, which is called Flamespice or something like that, and I'm calling it Tigri, which is Icelandic for tiger.

Hair-raising tails

Spot was born on 15 January. He's got spots all over his body and his tail and head are tiger-striped. He's also got webbed feet, like a lizard – beautiful. His ancestors way back were bred with leopards and tigers, I think. He's very elegant and I want to get him one of those tacky diamond collars – a light one that doesn't weigh him down. He always tries to sleep in my meditation chair, so I have to drag him upstairs to sleep with me. He blends in with the covers on my bed. About four o'clock in the morning, you have to make sure you've got your hands and feet covered because he pounces on them. He also has a mad half hour every single morning. Most cats take a bit of time to wind down from a mad fit, but Spot runs round and round then stops in his tracks and strolls over



Me and

He gets in the bath with me, because he's a wild cat. He just gets in and swims and purrs

Spot the cat!

looking innocent, as if to say, "That wasn't me!" Every night he nestles in my hair and kneads my scalp as though he's kneading his mother's teats to get milk. He gets right in the bush – and if I tie my hair up, he tries to get the elastic band out!

Wet'n'wild

He also gets in the bath with me, because he's a wild cat. He just gets in and swims and purrs. The first time he did it, I had a real shock. I was running a bath and left the hot tap on while I was going about my business – and the next thing I knew, Spot had rushed into my bedroom wet from the waist down! He'd fallen in the bath – totally hot water – and had a good swim round! I was worried he would get flu or something, so I tried to blow-dry him with my hairdryer!

Cat language

He stalks you like a hunter – prowls and then pounces. I've got wooden floorboards, so when he runs, he slides and bashes his head on the radiator. If I'm feeling down, he comes and cuddles me. I would really like to be able to talk to him. I want to get this new book about cat language that I saw on 'London Tonight'. The woman who wrote it was really going for it on TV, saying things like "Miouw-prrrt-prrrt-tut" ("I've just asked it if it's hungry and it said yes!"). It seemed to work – the cat's ears were pricking up all over the place. No matter how mad it is, I believe it!

my cat

Toilet training

I feed him a special nutritional diet for cats – little black biscuits and water, not milk. He's trained at the moment to poo in a little hut. It's not exactly a litter tray – more like a den. He goes in there and poos, then scratches away and wafts it all up. It leaves a lingering smell and then I have to clean it up with a pooper-scooper!

The great escape

Recently I got locked out of my flat. I'd ordered a pizza and got back into bed, thinking it wouldn't come for a long time. When the buzzer went, I thought, "Oh no! I'm not wearing anything!" So I slung on a long fur coat and went to the door. Just as the man was handing me the pizza, the front door shut and I was locked out. So I had to ask the guy in the flat below if I could eat my pizza there and then he drove me to go and pick up my spare keys.

Then a couple of weeks ago, the pizza man came again and happened to mention how I'd been locked out before. I thought no more about it, but I'd left the front door open and a bit later the cat ran out! I ran out after it, wearing a little t-shirt, old jogging bottoms and no shoes. Of course, I got locked out again – my cat, me and a can of air freshener. Yet again, I had to go to the man downstairs. It was 11.30pm – I've never been so embarrassed in my life! Luckily, my estate agent also owns a restaurant that stays open quite late, so he came over to give me the keys. But he didn't know I'd got a cat, so I had to pretend it belonged to the man downstairs. Spot had just done a poo, so the whole place stank of cat shit and I couldn't ask him into the house in case he realised! That cat really got me into trouble that day! Still, he's good company – and quite soothing. You know there's always somebody there, even when the house is empty.

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Wiggin' out

Hair today, gone tomorrow...

That is hideous. I don't suit dark hair at all! Horrible.

Good Lord! Morticia from the Addams Family?

I look like a different person altogether!

I went out in disguise thinking no-one would recognise me, but they did! It was pretty embarrassing in the end.

It felt a bit odd – really thick and false. I didn't like it. I won't be wearing a wig again!

Do you reckon if I wear this wig I'll be able to sing like Celine Dion as well as look like her?

It doesn't suit me, but it's excellent to have straight bobbed hair for once.

exclusive

Before I met Emma, I was more nervous than when we did the Brits!

I've got five brothers – two older and three younger – and I'd always wanted a sister. But I realised over time that neither my mum nor my dad was going to have any more kids, so I began to accept that I'd never have a sister.

Then when we were shooting the 'Mama' video in January, I got a phone call from my dad telling me that I did actually have a sister, called Emma. He explained that when he and my mum divorced, he had a baby with someone else, but lost touch. I was too young to be told about it at the time and as the years went on, I think it became harder and harder for him to tell me.

When everything happened with the Spice Girls, of course the press just delved into everything. They contacted my father and said, "We know you've got another daughter and Melanie doesn't know about it. If you don't tell her, we will." It wasn't very nice of them.

So he told me. I was really shocked and I cried straightaway. I felt completely overwhelmed. It was a really strange feeling – a feeling of disbelief. It took a long time to sink in, but no matter how astonished I was, all my feelings were positive and I was really happy. Finding out that you've got another blood relation is such a positive thing, whether it's a brother or a sister. I felt so lucky because I've got a lot of brothers and I understand how important they are.

I was really curious about Emma from the start. I wanted to see her straightaway and know what she looked like. I wanted her to look like me and be just like me, but I don't think she is, really. There is something there – for instance, when she laughs she reminds me of myself, which is quite strange. But I'm not sure yet how similar we are.

The only picture I saw of her before we met was the one that was printed in the paper when the story came out. I had it faxed over to me in New York, so it was a really bad quality picture, unfortunately. My dad's got pictures of her, but I hadn't been able to see him because we were so busy. So I had absolutely no access to her whatsoever, for ages. We were busy travelling for months after that – the only way I could get to see her was through being with my dad and I just didn't have the chance to visit him. So I didn't

She was gobsmacked that I was there! I said, "Alright, sis?" and gave her a hug

All together now!

With my dad, and brothers Liam and Declan

The day I met my sister for the first time...

meet her until the end of April.

My dad gave me her number and said, give her a ring if you want to, but I just couldn't bring myself to do it. I'm not very good on the phone and I wouldn't have known what to say! If I don't know somebody, I'm really shy. Since I knew I wouldn't have a chance to meet her for a long time, I had to put it to the back of my mind to stop it winding me up all the time. Luckily, we were so busy that I didn't have much time to think about it.

One Sunday when I was back, I arranged to go and visit my dad. He sees my sister every couple of weeks and he'd arranged to go and visit her. She didn't know I was around, but she had said she wanted to meet me. We didn't tell her I was coming too because we wanted to surprise her, so we just turned up at her house!

It took about two hours in the car from my dad's. I was with my dad, two little brothers, Liam and Declan, and my stepmum, Carol. We were all chatting away in the car for about an hour and a half – we stopped off and got a McDonald's and were all having a laugh – but as we pulled into Llandudno, where Emma lives, the whole car went silent. I got so nervous. I was more nervous than when we did the Brits! Everyone was quiet until we pulled around the corner and my dad said, "It's just here."

I said, "Dad, take me home! Let's turn around and go back!" I was so scared that I didn't want to go on. But my dad said: "Melanie, I feel exactly the same. I'm nervous about the two of you meeting, too." It made me feel better to know we were in the same position.

I was so excited about meeting my sister, but I was anxious that she'd be more excited about meeting a Spice Girl than a sister. In a way, I suppose it was impossible for her not to. Anyway, we got there and I thought, right, I've got to go in – it's something I want to do. You know when you're scared of something, but you want it so badly that you have to overcome the fear? It was one of those situations. So I went in.

She was gobsmacked that I was there! I said, "Alright sis?" and gave her a hug, but it was all a bit awkward. Before I went, I got the other girls to sign and write a message in a copy of the Official Spice Book and I gave her that. We all sat there and had a drink. She just sat there silently and everyone said, "You're a bit quiet, Emma." It was all polite conversation, and I didn't utter a word, either.

It was a really nice day, so we decided to go for a walk to the beach. It's really beautiful where she lives – when you turn out of her road, you can walk one way and there's a really quiet beach or you can walk the other way and there's the prom, with fair rides and arcades and stuff. First we all went along to the quiet beach, and then my dad and stepmum left Emma and me to walk off on our own. We went and

We both admitted that we didn't know what to say to each other

sat on some rocks and just talked. I asked her questions about how she found out I was her sister and stuff like that.

She told me that she'd known her dad was called Alan Chisholm. Then when the Spice Girls came around, she noticed that I was Melanie Chisholm and she thought it was a coincidence. Her mother said, "Well, your dad's got a daughter called Melanie, so it could be your sister." And later she found out that I actually was her sister.

We got on really well. She's lovely. We both admitted that we didn't know what to say to each other. We were walking along and I told a really silly story and I thought, "Oh no! Why did I tell that story? It was really pathetic and out of context!" And then she did the same thing and we realised we both had the same trait of telling crap stories that have nothing to do with anything. We had a good chuckle over that.

When we walked down past the shops, she said, "Look, there are some of my friends, let's walk over," and I said, "Alright then." I was expecting a big gang of girls, but it was a big gang of lads! I realised she's like me in another way – I've always had a lot of friends that are boys, because I got on better with boys than girls when I was at school.

All the lads were stood there in Adidas trackies, which was really mad. It was like a big gang of Mel C lads! I walked over and said, "Alright", and they were all very cool and said, "Alright. Nice to meet you." That was it!

Emma and I spent a lovely afternoon together. At the end of it I was really relieved and pleased and happy because I liked her so much, but I felt really anxious because I wanted to get to know her better and I wanted her to be like a proper sister. But then I thought about how I've got five brothers who have always been there, and I never speak to them! So here I was wanting to make this relationship with my sister who's only just come on the scene – and speak to her every week and visit her, and stuff – when the truth of the matter is, I don't even do that with the brothers I've already got!

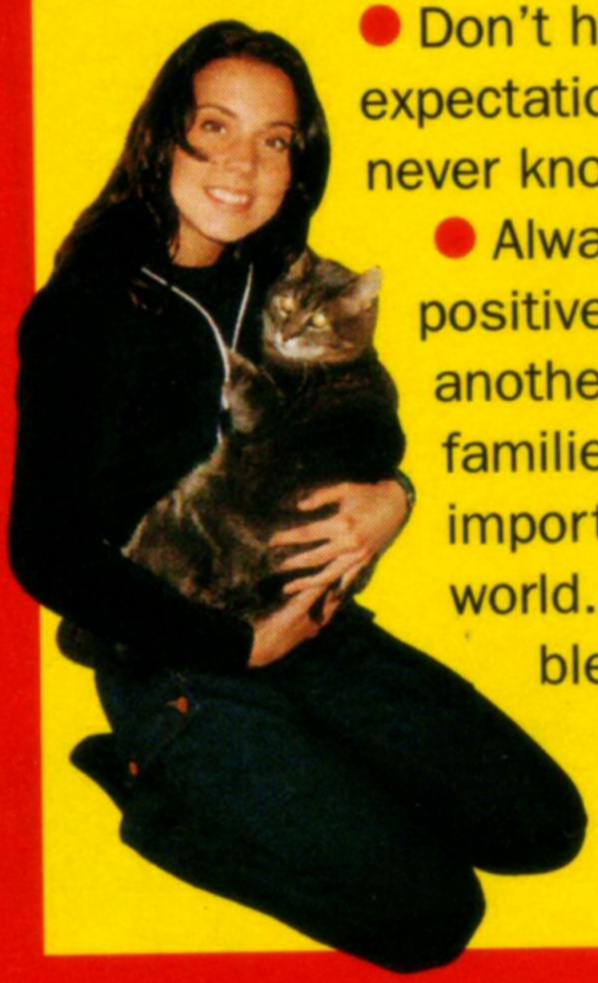
Then there's another worry about the possibility of putting my brothers' noses out of joint. I was really thinking of the brother I'm closest to – Paul. I wondered if he would feel threatened or jealous. I wouldn't want him to feel like that, because he's always been there and he treats me really well. I don't want to jeopardise that relationship. So there are just so many different things going on, in so many different areas, that it's very confusing. I'm going to have to take it all very gradually.

I think my dad's a little bit worried about it all. He's told me a few times that there's no difference in the love he feels for all his children. I think he's concerned that I might feel jealous, which I don't at all. Still, it makes me think that the worries I've got about my brothers are probably as silly.

Finding out about a new life is the opposite of hearing about a death, but it's a similar emotion. You realise that life goes on, no matter what happens. It's the same with everything. You find out you're number one in the charts, but life goes on! You still get bored during a photo shoot and want to go home and have your tea. It's funny – nothing ever changes, even when you find out you've got a sister you never knew about! I haven't seen Emma since that day, but I have spoken to her on the phone. It's weird – we get on so well! I don't know whether it's because we're sisters or not, but we can chat away for ages. She's lovely, so I'm really looking forward to getting to know her better. We're hoping to meet up again soon, and I've been collecting loads of things that I want to give her next time! The only bad thing about her is that she supports Man U! Sort it out, sis! (I'll have to educate her!)

If this happens to you...

I know millions of people around the world find out they've got long-lost sisters they never knew about. So, for anyone who's going through the same thing, here's some advice from someone who's been through it:



- Just have an open mind.
- Don't have any expectations, because you never know!
- Always look on the positive side – you've got another relation and families are the most important thing in the world. One more life is a blessing – it really is.
- And best of all, you get more Xmas presents!

https://www.facebook.com/spicegirlscolecciondedsescaneados

Mel C's sporty quiz

Stretch your brain with this lot!

1. Before he was famous, Oasis frontman Liam Gallagher threw a bucket of water over which well-known footballer?
a) Gareth Southgate
b) Ryan Giggs
c) Ruud Gullit

2. What sporting link is there between Tony Blair and pop's Ant & Dec?
a) they've all been waterskiing champions
b) they support the same football team
c) they own shares in the same race horse

3. Which hairy tennis ace is US actress Brooke Shields planning to marry?
a) Tim Henman
b) Andre Agassi
c) John McEnroe

4. Which football team does *Eastenders*' Joe Wicks (played by Paul Nicholls) support?
a) West Ham
b) Chelsea
c) Man Utd

5. Who fell on a ball and broke his ribs while rehearsing his role as a goalie in footie flick *Escape To Victory*?
a) Bruce Willis
b) Noel Edmonds
c) Sly Stallone

6. Which footballer's legs did 'TV's sexiest woman' Helen Mirren recently compare her legs to?
a) Vinnie Jones
b) Gazza
c) Robbie Fowler

7. What footie position did the Pope, Pavarotti, and Julio Iglesias play?
a) left wing
b) centre back
c) goalie

8. Which pop megastar used to play for Brentford FC and won't live abroad because he misses football too much?
a) Phil Collins
b) Mick Jagger
c) Rod Stewart

9. Ex-Gladiator Sharron Davies used to represent Britain in which sport?
a) karate
b) showjumping
c) swimming

10. Which posh lady was ex-England rugby captain Will Carling linked to?
a) Victoria Spice
b) Princess Di
c) Barbara Cartland

11. What does actor Sean Bean's tattoo say about which football team?
a) 100% Blades (Sheffield Utd)
b) 100% Champions (Liverpool)
c) 100% Crap (Man City)

12. What did Eric Cantona give up football for?
a) acting
b) ballet
c) writing poetry

13. Which football team has the press labelled the Spice Boys – because they're all so pretty?
a) Southampton
b) Wolverhampton Wanderers
c) Liverpool

14. What do John Barnes, Jamie Redknapp, Jason MacAteer and David James have in common, apart from football?
a) yodelling
b) modelling
c) bob-sleighing

15. What is US basketball star Dennis Rodman also famous for?
a) wearing make up and earrings
b) going out with Madonna
c) his bullfighting skills

16. Who sported a T-shirt saying 'Essex Girls Come First' after winning a major running competition?
a) Ulrika Johnson
b) Judy Simpson
c) Sally Gunnell

17. Which pop star sang songs to the tennis crowds at Wimbledon when rain stopped play last year?
a) Liam Gallagher
b) Robbie Williams
c) Cliff Richard

18. Which record-breaking British athlete is also a grandfather?
a) Linford Christie
b) Colin Jackson
c) Roger Black

19. What's the name of the fictitious football team in *EastEnders*?
a) Queen Vic Rovers
b) Walford Town
c) East London Athletic

20. Which football team did Robbie Fowler and Steve McManaman support as kids?
a) Real Madrid
b) Fulham
c) Everton

21. Which of the following has racing driver Damon Hill recently advertised?
a) underpants
b) pizza
c) beer

22. Who named his autobiography, *The Good, The Bad and The Bubbly*?
a) George Best
b) Jimmy Hill
c) Gazza

ANSWERS: 1b. 2b (Newcastle Utd). 3b. 4c. 5c. 6b. 7c. 8c. 9c. 10b. 11a. 12a. 13c. 14b. 15a&b. 16c. 17c. 18a. 19b. 20c. 21b. 22a.

L-R: Dennis Rodman, Sharron Davies, Will Carling, David James, Jamie Redknapp

ALL SPORT

We filmed the ad in downtown LA in a big rough alleyway and there was pee and wee everywhere! It was wicked fun, but very smelly and dirty. Apparently they cleaned it out for us, but it still smelt. I loved it, though – we really had a lot of fun dressing up and dancing around all day. Emma

Generation

Fizzin' it up at the Pepsi video and launch

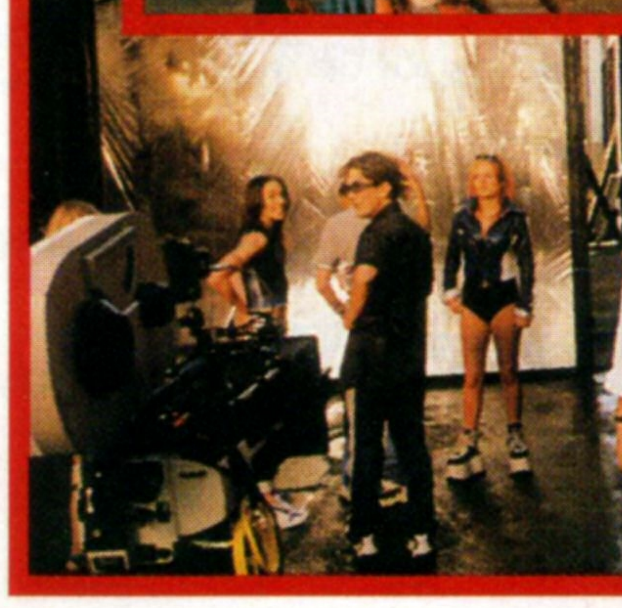
The ad was very cool – we got to see downtown LA. But we all caught something off the scabby alley, which had to be steam cleaned before we went in. Mel B

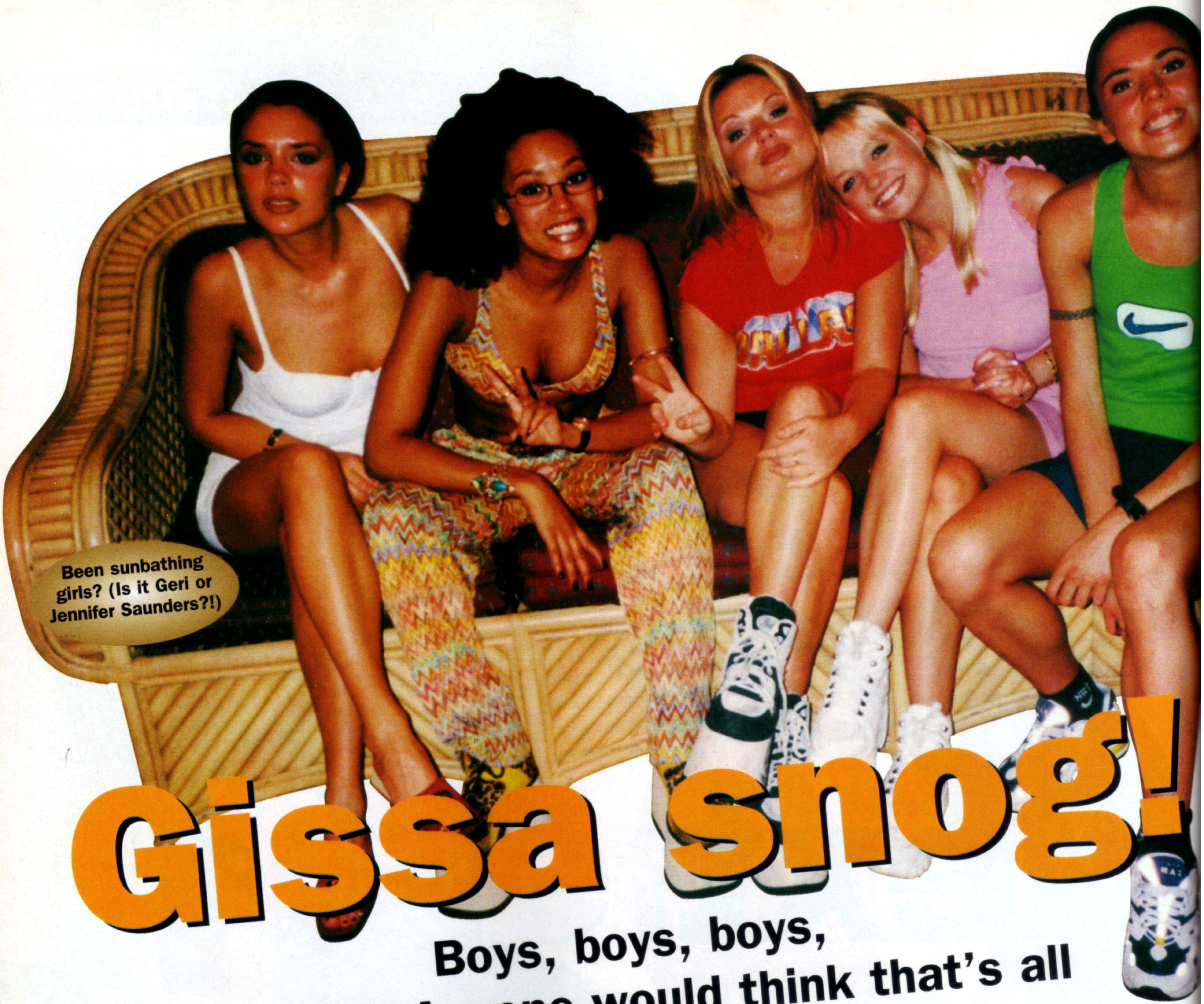
The launch was really good fun. On the ad we just doodled around to our song all day, which is what we like doing best. But we were all ill with food poisoning the next day! Mel C

Next

When you think of Pepsi, you think of big stars, like Madonna or Michael Jackson. So it was amazing that we were doing it too! Geri

I had a totally ridiculous pair of shoes to wear. They were big silver things with great big high heels and platforms. Not my usual style, and very hard to walk in! Victoria





Been sunbathing girls? (Is it Geri or Jennifer Saunders?!)

Gissa snog!

Boys, boys, boys, boys boys! Anyone would think that's all we're interested in!

How do you let him know that you like him?

Mel C Just by the way you look at him.
Geri It depends on what mood I'm in. Sometimes I might try and do "big eyes" at him, or just pay him lots of attention. I might say, "I think you're really cute, you are!", but nothing too strong.
Emma I'm quite a smile-sweetly-and-flutter-my-eyelashes kind of girl. I don't go full-on. I'd probably give him a smile and walk away, then come back a bit later. That sort of thing.
Victoria I raise one eyebrow or I wink. I'm usually quite extrovert, but when I like a guy, I tend to go a bit shy unless the other girls are around. They always get me going.
Mel B I tell him. I just say "I really like you," and that's it.

What's the first thing you look for in a man?

Mel C Sense of humour.
Geri I'd see what his mind's like first – the mind is very important. If the mind wasn't there, but the looks were, it would all wear off in five minutes. I have to fancy the mind – that really turns me on.
Emma I like a really cute face – eyes are important too.
Mel B Eyes.
Victoria Overall good looks, dress sense, a six-pack and a pair of loafers. Shoes are very important – if they're not right, it puts me off totally.

Last date?

Mel C God, I can't remember back to the Stone Age!
Geri I haven't been on any dates recently. The last really good time I had was in New York at Madonna's club, the Robot Bar. There were loads of drag queens in there pretending to be on the cat walk, so I was getting on down with them. I wasn't with a date, but who cares?
Emma I took him out for dinner and then finished with him! It was a nice meal, but we were arguing all the way through it. I thought, well, if I'm taking him out to dinner and making an effort and he's not, then that's the end, really.
Victoria Private!
Mel B Snowbiking in Iceland. It was foggy and white – like heaven.

How do you meet boys?

Mel C I met my last boyfriend through a friend. The boyfriend before that I met down the pub. I've met most of my boyfriends through other friends.

Geri Normally I like becoming friends with a guy first, so we've got things in common, like a mad sense of humour. That's important to me. But I can meet a guy in any mad circumstances – he could be my horse-riding instructor, or I could be visiting the White House and suddenly fall in love with President Clinton. Anything could happen!

Emma Down the sweet shop picking out bon-bons

Victoria I would never be interested in anybody I met at a club or in a pub. If I'm out, I'm out with my friends and I wouldn't want to meet anybody because I'd think, what is a man doing here on his own, dressed to impress! It doesn't impress me. There's nothing wrong in it, but I would rather meet someone in an everyday or professional situation. I'd want to be introduced by someone I knew.

Mel B When I see somebody I like, I just go up to them. First, a bit of eye-to-eye contact to check out that they're looking at me and then when they're looking at me, I go in for the kill. I meet them rather than the other way round.

What do you do when a guy is too shy to make a move?

Mel C Probably nothing, because I am really shy as well, unless I've got a bit of Dutch courage when I might just say "Hello". Or I could mention it to Mel B and she'd shout, "She fancies you!". Then at least it's out in the open and you've got to deal with it.

Geri Jump on him! Actually, I'd be more likely to do it in a cheeky, nice way and say "Why don't you put your lips on mine and lets press them together and see what happens!"

Emma There are all sorts of different ways. You can just sit next to him and say, "Listen, I know you've been wanting to, so come on, don't be shy!" Or just give him a nudge.

Mel B I like it! It's better than having someone lunging all over you. I might say, "Please can I kiss you?" but I might not even ask. If he was too shy, I'd just kiss him. I'd grab each side of his face, first, so at least there was a bit of a warning!

Victoria If I really like him, then I make a move. You shouldn't feel like they have to make all the effort – it's important from both sides.

And if he's too pushy?

Mel C I'm shy, but if someone annoys me, I tell them where to go.

Geri That would really piss me off. I'd say: "Back off, mate!"

Emma I'd definitely say, "Back off! Who do you think you are?" I've always been like that, even when I was a little girl. I used to embarrass my mum when I said, "Mum, I don't want him to sit next to me. He smells!" And she'd say, "Emma, he's only trying to be nice!"

Mel B I'd ask for a kiss and then turn my face away at the last minute and say, "Aha!"

Victoria Get your dad to shoot his kneecaps off!

SPICE

behind the scenes

Get out of our way, mate!

Ha ha!

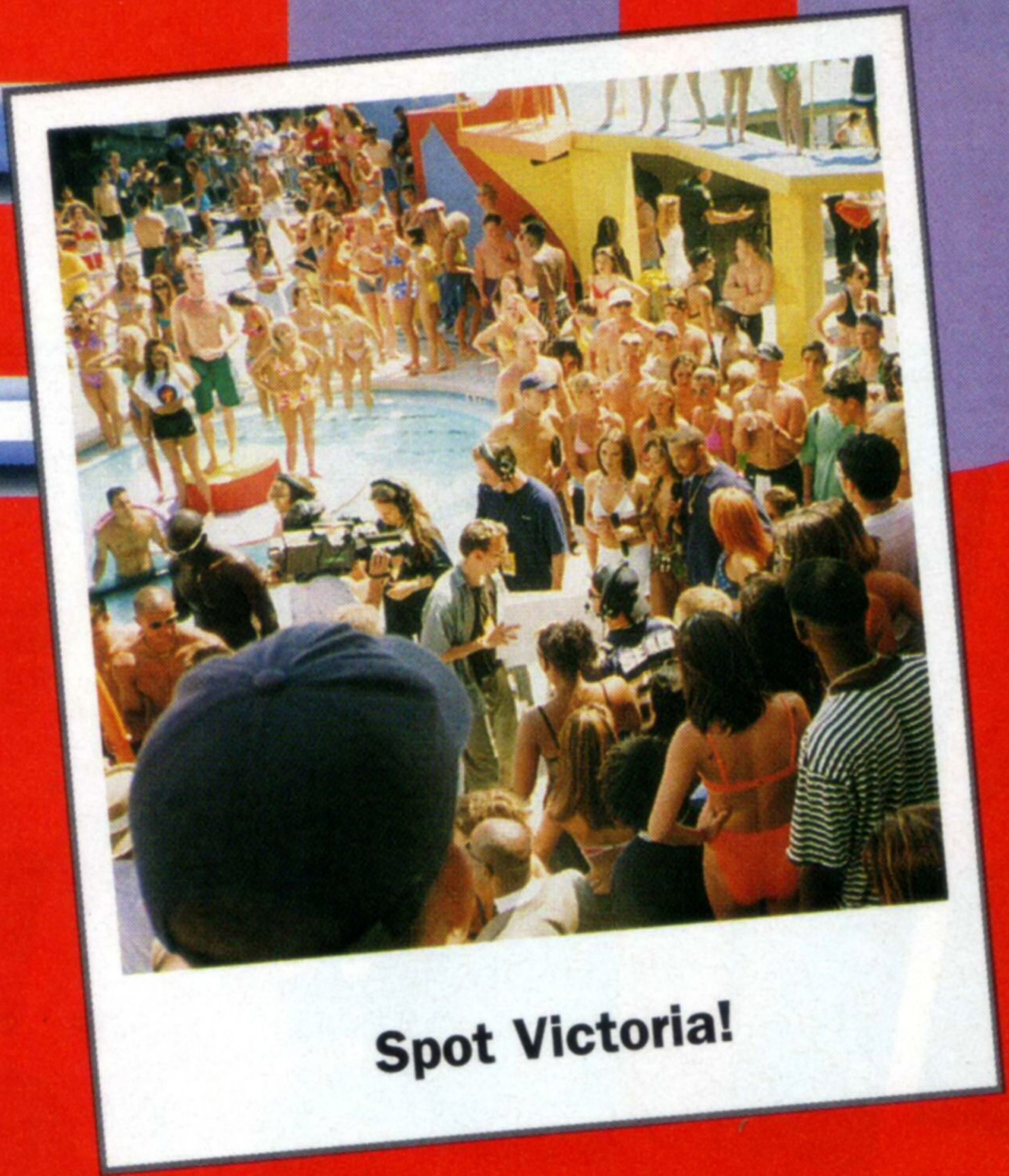
Poised and ready for lunch

I'm not choosing crisps, I'm looking at the make up – honest!

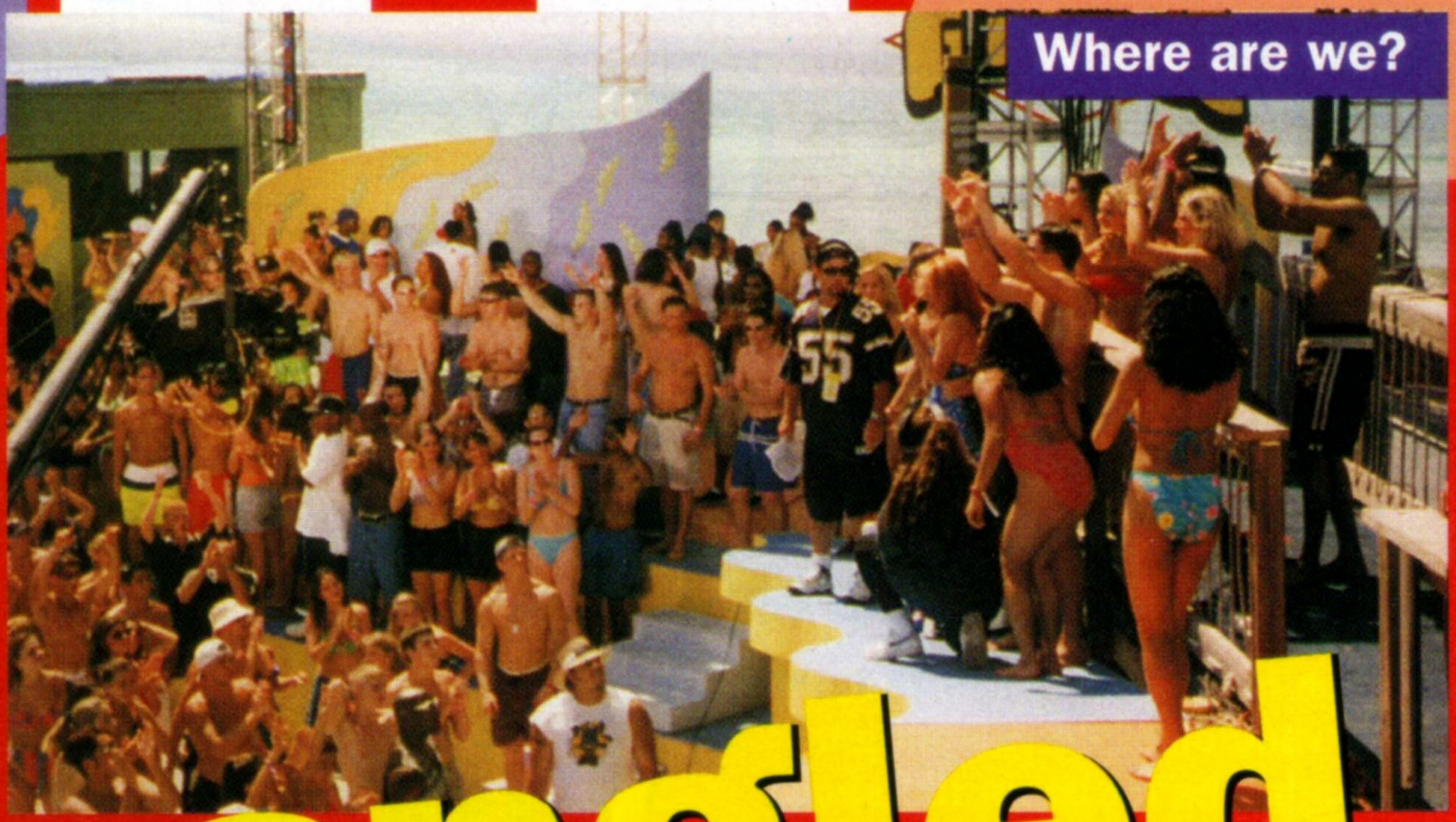
It's behind you

I told you, it's your eyeball!

USA



Spot Victoria!



Where are we?

Star-spangled nutters!

We always have a mad time in the States! Here's what happened when we flew over for our first live performance with a band. Slam dunk!

SPICE USA

behind the scenes

Mel B

Our first live performance was on 'Saturday Night Live' in New York. I got a bit nervous, but then I got overwhelmed with excitement, which is what always happens. It was really good doing 'The David Letterman Show' with our band, but he had the air conditioning on really freezing. He always has it on that cold, which is really inconsiderate to everyone else. He was alright, though – he let us on the show! We did 'Say You'll Be There' live, which was good. It's such a buzz peforming live – once it's over, you want to do it again.

Mel C

I love America, especially New York. The last two times we went there for a live performance, which was brilliant. But we've all got to look after ourselves when we've got to sing live. We can't go partying too much, because everything affects your vocal chords. So we had to get plenty of rest and take it easy.

Emma

I was quite nervous before our first live performance in America. But it gets better as you go along and obviously we feel comfortable with each other the more we do it. It's a real buzz.

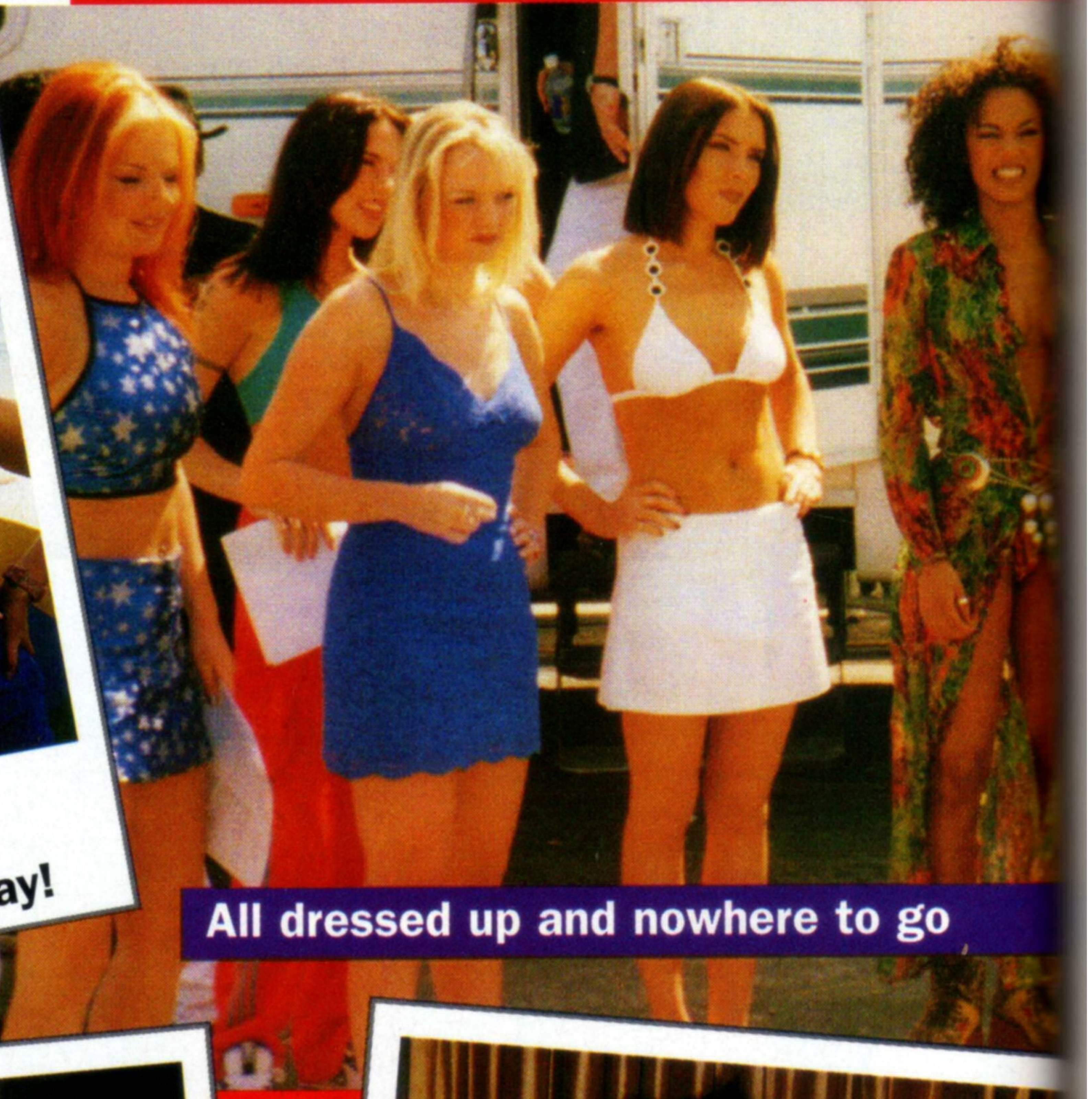
Geri

New York was really mad. Melanie C had talked about how great it was singing with a band – she knew about it because her mother's got a band – and it was so exciting when we started rehearsing. It was fantastic to be cushioned by an element of soul – it was a totally different feeling. The band were really funky, really bass-orientated, with a great percussionist. Obviously we were very nervous, because although we'd done live stuff before, there was a lot of expectation about what we were going to be like because it's such a high-profile show. When we'd finished, it was like a weight off our shoulders!

Victoria

America was cool – I like working there. It was totally different. We felt we had a lot to prove because it was the first time we'd worked with a band. It was really exciting. The first time we heard it we got a real buzz – it was really good fun!

Mel B: Look at my invisible melons...
Emma: They went that way!



All dressed up and nowhere to go

Mel B and Emma fix the table

Yes, I'm eating again!

I've acquired a new hair-do

Me and my bag of swag

How can I tell my boyfriend it's over?

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"Spice Girls celebrate funky females of the 90's"

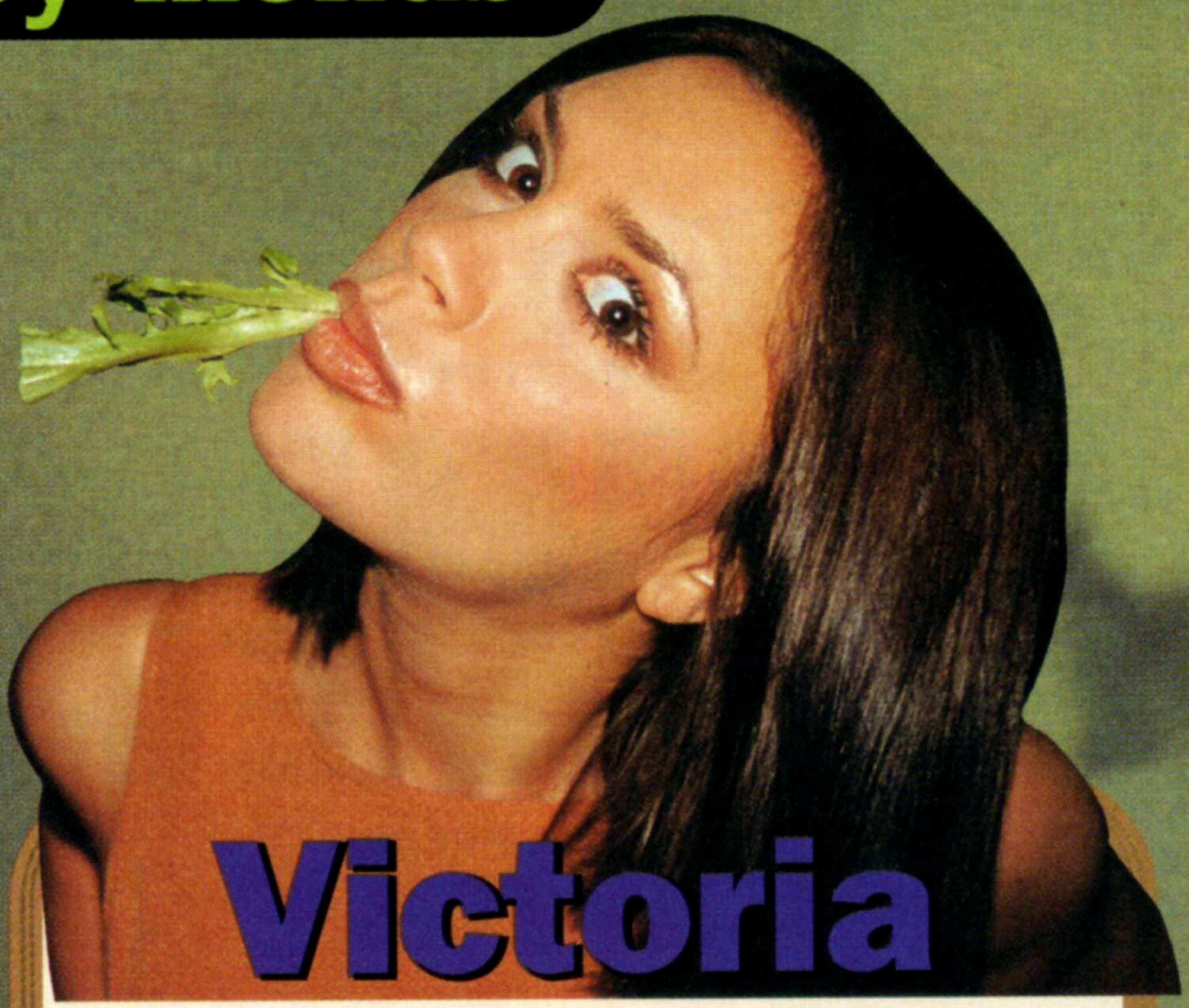
"Spice Girls selection inspired by power girls of the past, present and future"

"A selection of soul sisters writing their solidarity through music, fun and attitude"

Spice Girls – Who Do You Think You Are
Tori Amos – Professional Widow
Gabrielle – Give Me A Little More Time
Salt 'n' Pepa – Let's Talk About Sex
Alisha's Attic – Alisha Rules The World
Skunk Anansie – Weak
Republica – Ready To Go
Chantay Savage – I Will Survive
Sister Sledge – We Are Family
Eurythmics & Aretha Franklin
Sisters Are Doin' It For Themselves
Neneh Cherry – Buffalo Stance
Spice Girls – Wannabe

Double CD & Double Cassette

EMI Virgin



Victoria

breakfast

Toast with no butter and apricot jam or low-fat yoghurt and fruit. Orange juice and peppermint tea.

lunch

A vegetable dish of some kind. Lots of fruit.

dinner

Grilled, steamed or boiled fish with lots of vegetables and fruit for dessert.

pig-out

Chinese egg-fried rice, chicken and cashew nuts, crispy fried seaweed, noodles and prawn crackers.

Geri

breakfast

Müller light yoghurt or fromage frais, a black coffee and maybe some fruit.

lunch

Something with mushrooms, garlic and olive oil. Sometimes I'm really healthy and other times I'm a junk food queen.

dinner

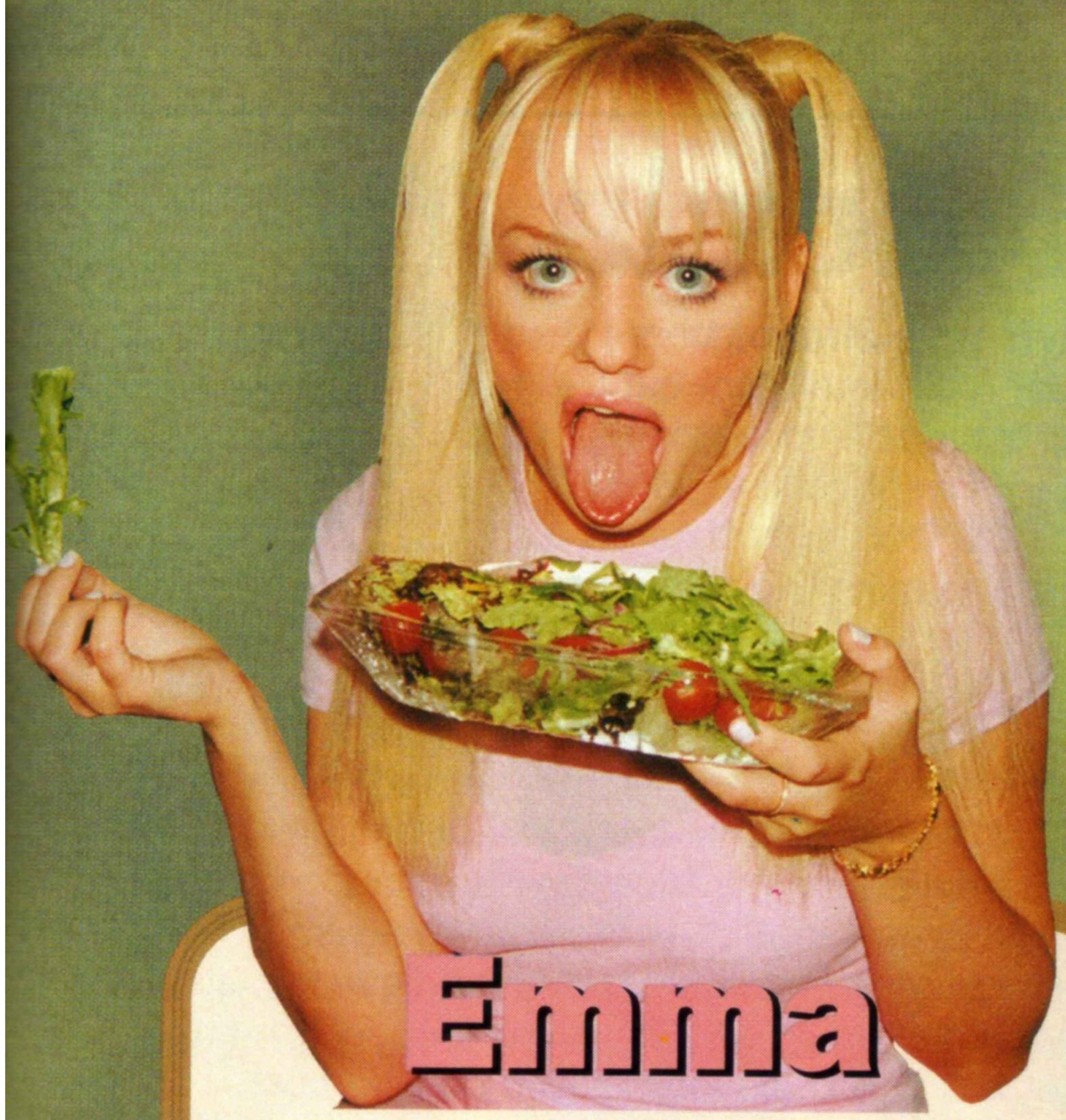
A colourful creative collection on my plate – something good to look at.

pig-out

Anything from cream cakes to a big long French stick. I like rich foods like caviar and paté de foie gras, although I've given up foie gras since I found out how it's made.

The munch bunch

An ideal day in food heaven



Emma

breakfast

Sausage and mushroom sandwiches, fruit.

lunch

Spaghetti bolognaise with loads of mushrooms on it. I'm a big fan of mushrooms!

dinner

Roast lamb, roast potatoes and greens followed by banoffee pie.

pig-out

A big pizza, a Big Mac, then pancakes with syrup and cream.

Mel B

breakfast

Fried egg sandwich or scrambled egg on toast if I want to be a bit healthier.

lunch

Rice, chicken and peas.

dinner

Something quite light like fish or roast potatoes, gravy and beans.

pig-out

Kentucky Fried Chicken.

Mel C

breakfast

Porridge oats, toast with squished-up banana on it and yoghurt.

lunch

Loads of fruit during the day. Fish and vegetables for lunch.

dinner

Salad

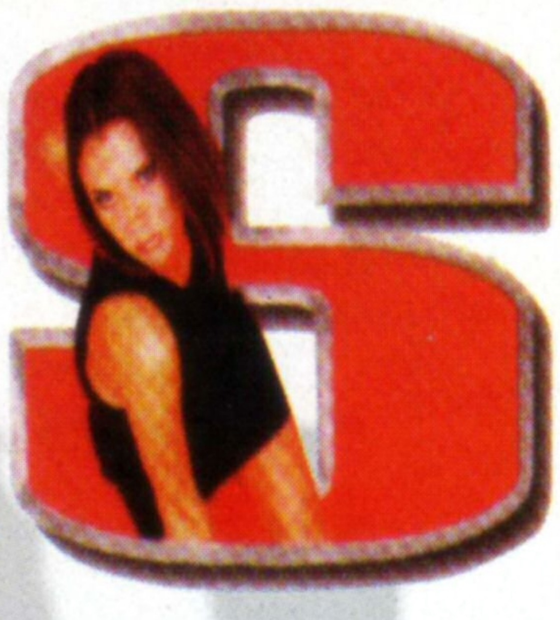
pig-out

A great big Indian!

School reports

Don't fret if you're not top of the class! Everyone's got talent in one area or another. We were a mixed bag ourselves...

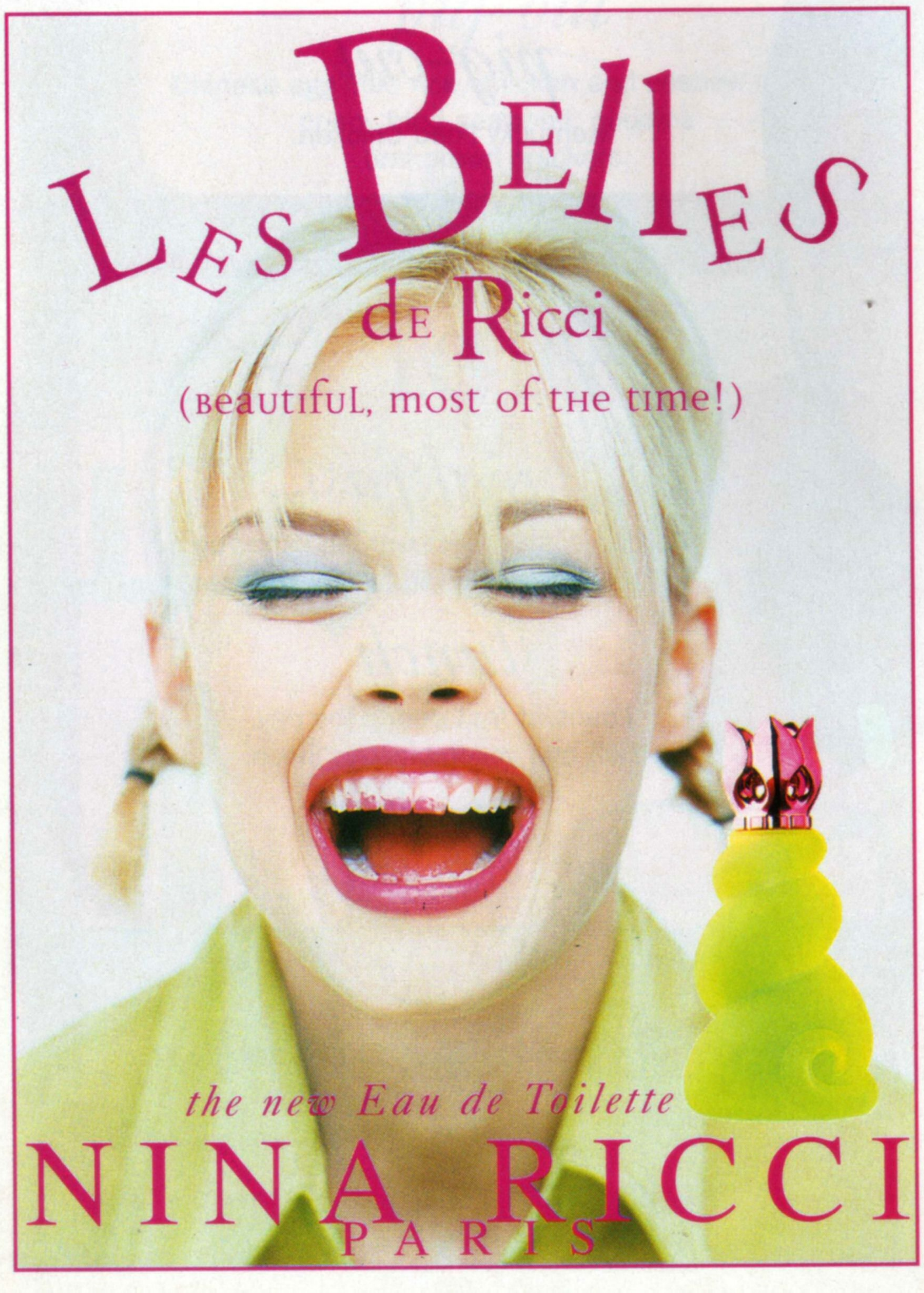
Victoria



My reports were always good. I was never really intelligent but I was well-behaved – more than I would be if I went back to school now! I'd be a total nightmare. If someone told me to do my homework, I'd say, "Oh yeh? Do it yourself!" I'd have a different attitude. but I'm glad I did work hard, because otherwise I might be a bit of a loser or, at least, different to how I am now. It's probably because I had to work hard to prove myself that I've got to this stage. I've got a lot of respect for my parents. I value their opinions and they wanted me to work hard. But they never expected me to do particularly well or said they'd be disappointed if I didn't get a certain grade. They think it doesn't matter if you get a G or a U, as long as you do your best.

There was a teacher at my junior school who really inspired me. She used to make everybody sit and watch me dance, after lunch. We didn't do any lessons – everyone just used to sit in the classroom and watch me! And there was my art teacher at secondary school who was really nice. I got a B in art and I was going to do an A level in art at evening classes with Geri, who was going to do Spanish. But there isn't time at the moment!

SPICE GIRLS



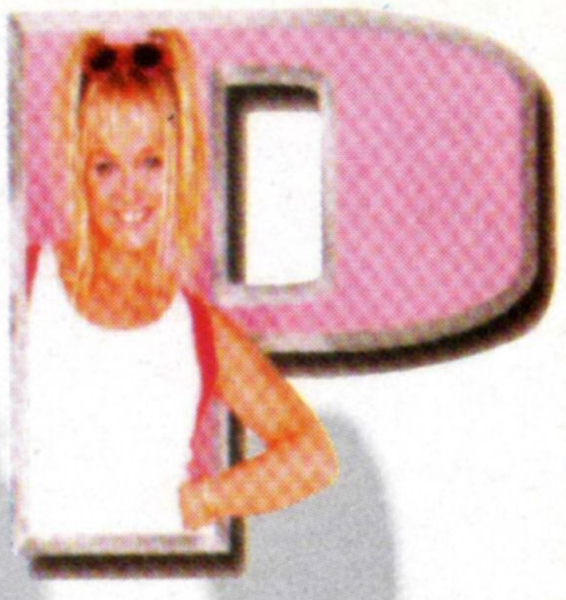
Geri

My reports were varied. In certain subjects I was good. But sometimes I was really naughty when I got bad reports – I'd Tippex over them and re-write them! I remember once my PE teacher had written "Geri is very immature." So I tippexed out "immature" and put "Geri is very hardworking"! because I was worried that my mum was going to give me a big rollocking.

I completely loved English and my English teacher was really disappointed when I got a brace, because she always asked me to recite poetry and I was lisping all the way through it! And there was another teacher who was always touching her breasts! And there was *another* teacher who had such large bazongas – they were huge – that when she turned round from the blackboard she used to have chalk marks on the end of her boobs. That was quite funny.

SPICE GIRLS

Emma



My reports weren't bad. I liked to have a good old chat in school, so sometimes they said I was a bit chatty and naughty. I went on report for about a month. I can't remember what I'd done wrong, but I had to go up to the teacher in every class and make them sign and write how they thought I'd behaved. My headmistress was really horrible and I remember once when I had to see her after school, she was in a meeting till late and I had to get home. So I left. When I went back the next day she said, "You should have been here last night. You've got to go on school report for another two weeks." She didn't like me at all!

I had a brilliant English teacher. Although she was quite an old woman, she was very strong. My school was a drama school, and it was quite hard to keep everyone under control because we were all a bit mad. She wasn't horrible, she wasn't rude – she just had something about her that controlled us. I suppose it was respect.

SPICE GIRLS

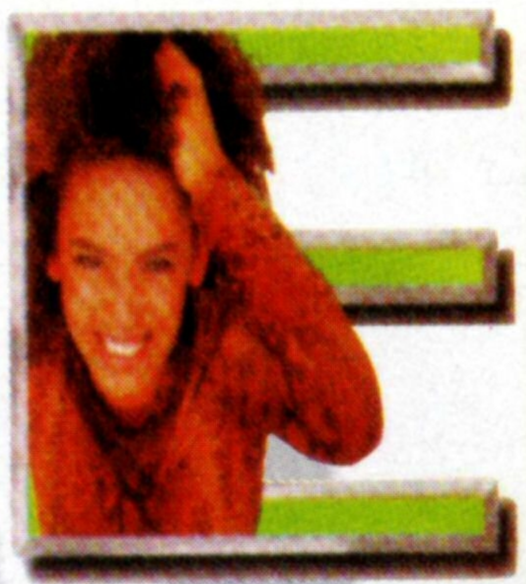
Mel C

My reports were generally quite good. I always work hard in whatever I do – I'm pretty determined in every area. I never like anything to beat me and I don't want to let myself down! So I always did try. But one thing I regret is that I didn't do enough revising for my exams. I was really into my dancing and I put all my energy into that, so school work took a back seat. I wasn't that interested in education – I just wanted to be a performer. But I still did quite well – I got four Bs and five Cs in my GCSEs, with not a lot of revision.

I was a bit of a favourite with the music and drama teachers, but there was a maths teacher who didn't like me and kept putting me down into lower and lower sets – I think maths is my worst subject! I'm really interested in languages, even though I don't really speak any. I know a little Spanish and a little French, but our German teacher wasn't very good at disciplining the class, so I dropped German because I just lost interest. I regret that. One day, maybe, I'd like to go back to school and learn languages, especially Spanish.

SPICE GIRLS

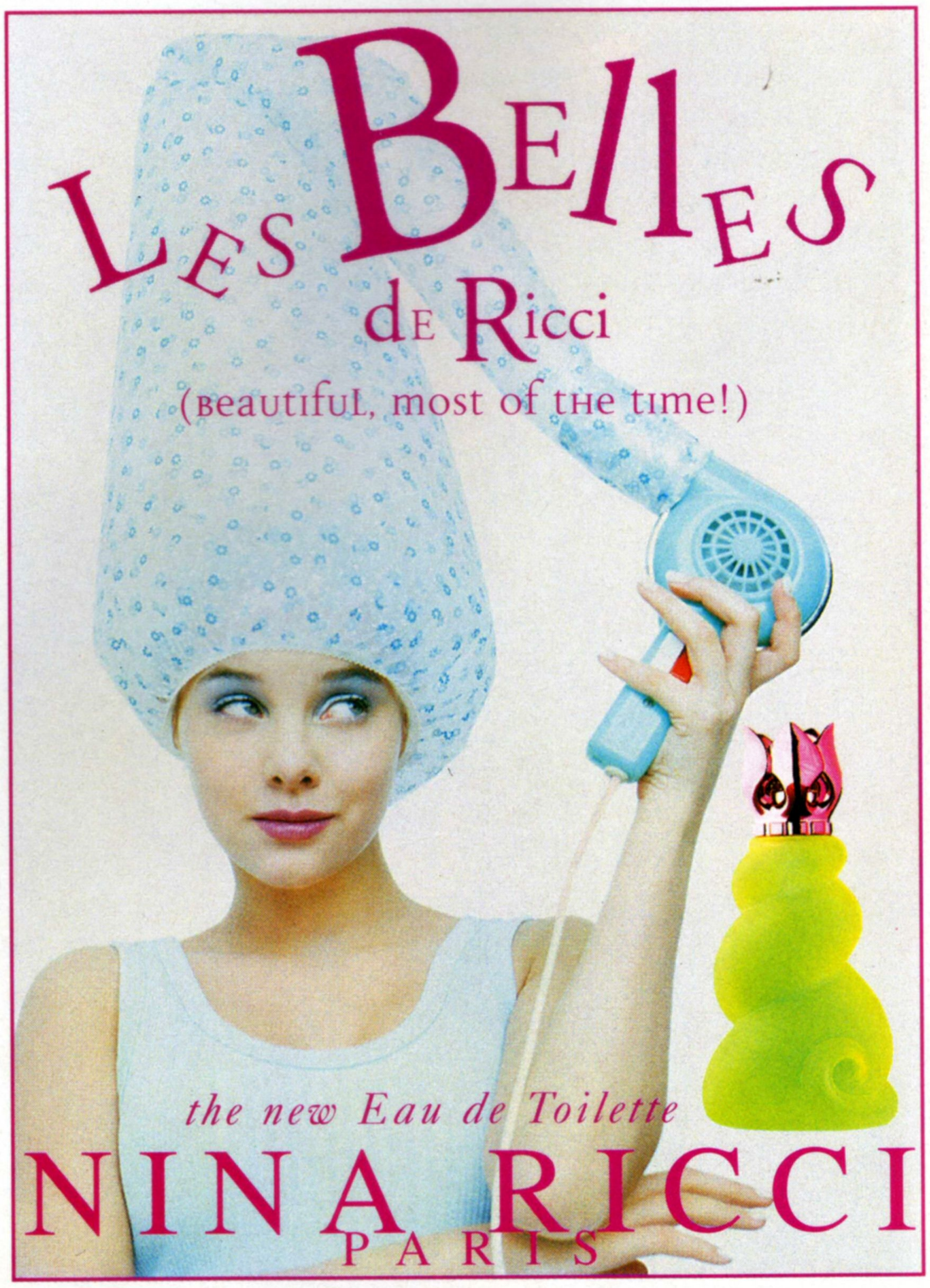
Mel B



My reports always said, "...is very intelligent, but distracts the rest of the class too much," and "...has great potential, but talks too much." My form teacher was from Birmingham and he hated me. He said to my mum, "She'll never go anywhere or do anything. Her mouth's too big and she's got no discipline." They all said the same about me, "...lots of fun, but she needs to get serious about working."

My school reports used to arrive in the post and I always used to rush and get mine before my parents saw it. I was more worried about what my dad would say – my mum either used to laugh or say, "Oh dear, your dad's gonna go mad!" And he did. My dancing lessons used to be cut, because I had to do my homework at night instead. My dad was okay if I got an A or a B – a C was a bit dodgy, but Ds and Es, which I got, were bad. But I said, "I got three As – for dance, drama and music!" He believed that education was really important, but it wasn't for me. I think that life, living, sorting yourself out and getting out there is the greatest education you can ever have.

SPICE GIRLS



The posh guide

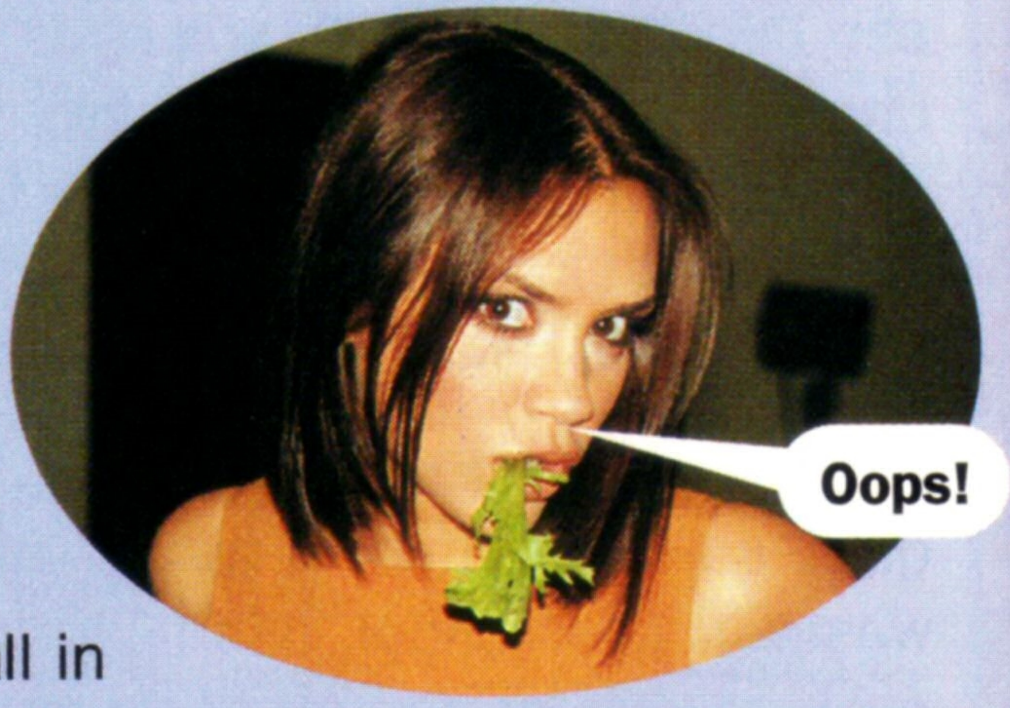
Getting around

I would never go on a bus for a start. Never!

When you get in and out of a car in a short skirt, make sure that you've always got hot pants on – I've been caught getting out of a car in a g-string by photographers, which is a bit embarrassing

Always keep your knees and legs together. I'm a little bit bandy, so it's a bit of an effort – you really have to push them together. And it looks a lot more big-time to have someone to open the door for you.

Eating out



I eat a lot of vegetables and salad and things like that. The first time I went out with my boyfriend it was a bit embarrassing, because I ordered a salad and when I started eating the lettuce, I didn't get it all in and it was flapping around outside my mouth. So cut your lettuce into small pieces, so that it doesn't hang out like a gold fish. Humiliating!

Balsamic vinegar and red wine stain your mouth, so be careful with them. It doesn't look very ladylike when you go to kiss someone with a black mouth – it looks like you've committed mass murder. That's not good.

I wouldn't recommend garlic if you are going to have a kiss and don't wolf your food – just act as though you're not really bothered. Eat a bit and have a conversation too.

Co-ordinate what you are eating and drinking with your nail varnish. If I've got clear nail varnish on, I'll go for a gin and tonic, or maybe some Cristal champagne. If I've got red nail varnish on, I'll go for a deep, deep red wine or a Kir Royale!

How to cope with an embarrassing slip-up

It doesn't matter what you do as long as you do it like a lady. If you slip or fall maybe you should make the situation appear worse than it is and say you've twisted your ankle. Get lots of attention and make sure a really good-looking man picks you up and carries you away to hospital. You could even pretend to be dead and ask for the kiss of life!

Elegant undies

When wearing a see-through dress, make sure you've got skin-tone underwear on (preferably Warners). It doesn't look very ladylike – in fact, it's a bit naff – to wear black or blue underwear under a see-through dress. Mind you, skin-tone knickers are a bit of a passion killer – they're not actually very sexy, but at least make sure they're co-ordinated.

How to be a real lay-dee

to elegant living

Having a laugh

A lady is never crude. I'm sometimes a little bit dry in my humour and if there's something rude going on, I may raise an eyebrow. Learn to raise an eyebrow at a dirty joke, because you don't look too square and boring, but then you don't look crude and disgusting or bloke-bird-ish, either. If something's really funny and you feel you are going to belly-laugh, make sure it's a deep tone, because that's more sexy than a cackle. I don't like cackles – they are definitely not ladylike.

The right places

I'd rather go to a nice wine bar or restaurant than a pub. If I do go to a pub, it'll be quite a cool, trendy pub – Kings Road, Chelsea way. I like going for drinks in hotels, too. Make sure you don't get too drunk, but if you do, make sure you're drinking Cristal or something extremely expensive. It has to be expensive, even if you don't like it.

Come and

... if you think you're hard enough! This is the exactly what you think!

Poetic tributes!

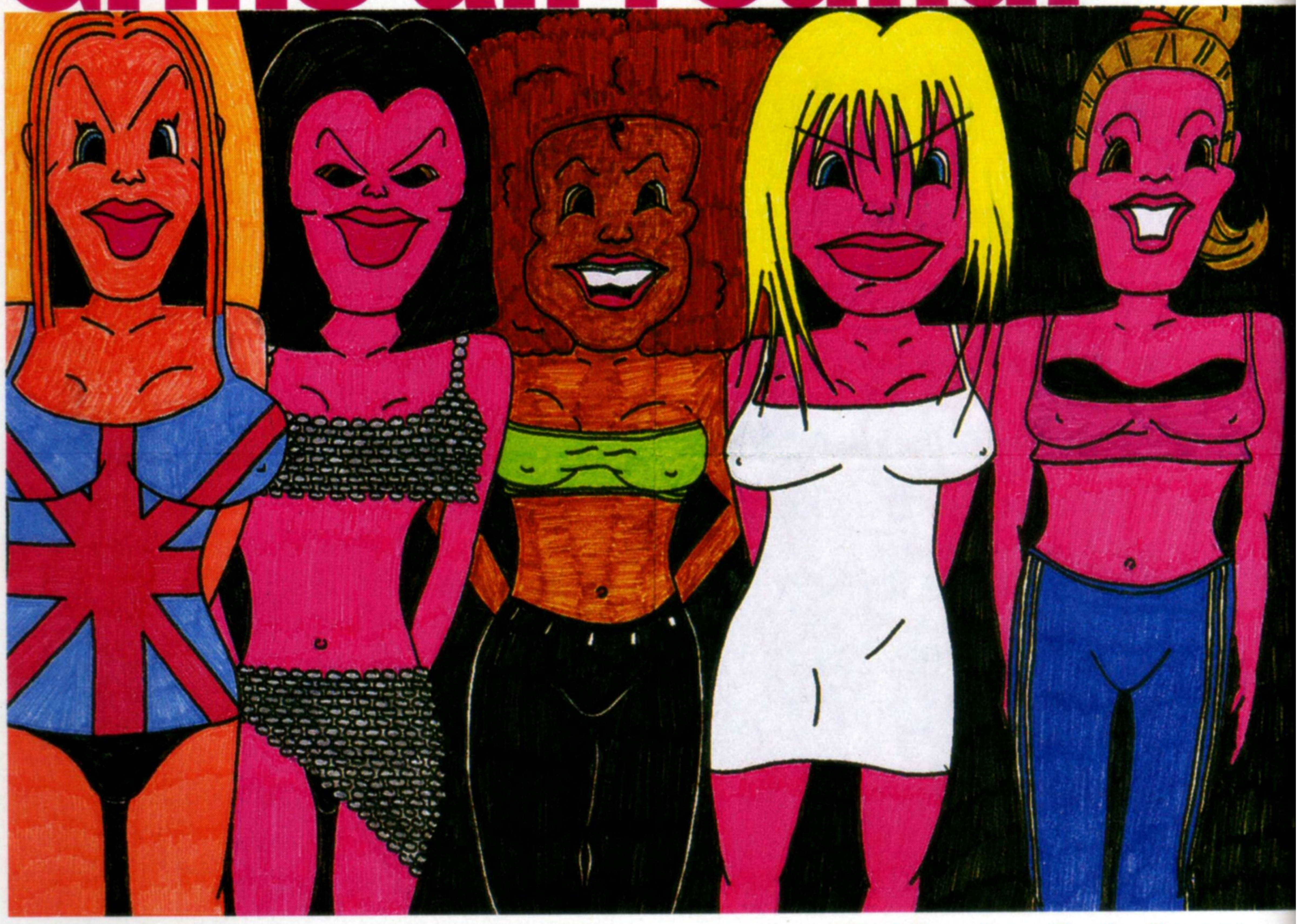
Sweety
Punky
Individuals
Courageous
Everlasting Girl Power!

Groovy
Imaginative
Respected
Leisurely
Sensational!
Samantha Roberts, Powys, Wales

G is for gorgeous
I is for independent
R is for girls rule
L is for life

P is for party on
O is for OTT (over the top!)
W is for wonderful
E is for exciting (and extra power!)
R is for remembering 'GIRL POWER!'
Abigail

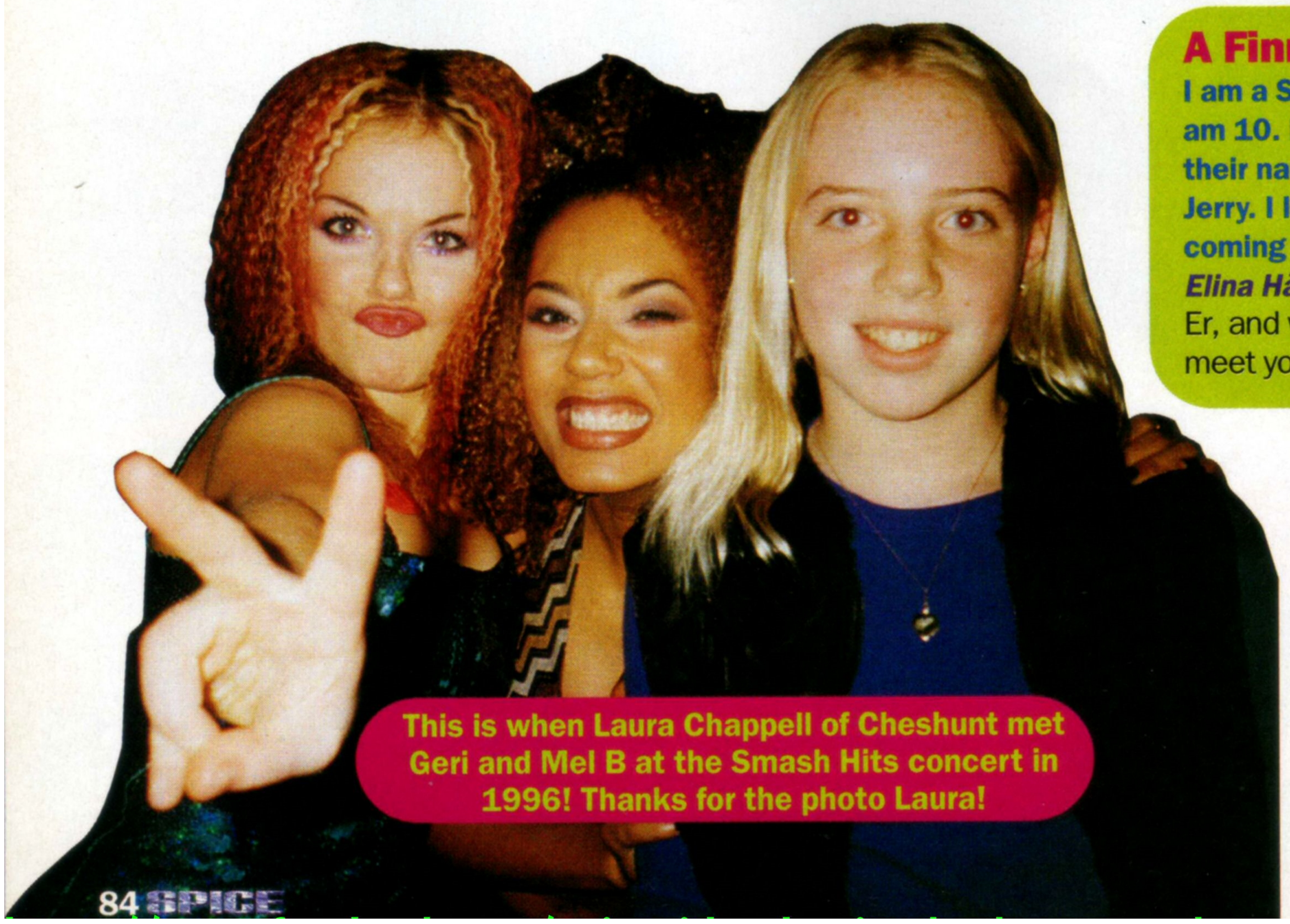
Grins all round!



By Adam from Poole, Dorset

Teething problems

A few days ago I needed to go to the dentist. Usually I don't need anything done to my teeth but this time I did. It took ages and I was nearly in tears and then 'Who Do You Think You Are?' came on the radio. I thought of Girl Power and I was fine after that!
Anna Vaccaro, Kidderminster Ain't that the tooth? **SGs XX**



This is when Laura Chappell of Cheshunt met Geri and Mel B at the Smash Hits concert in 1996! Thanks for the photo Laura!

A Finnish friend

I am a Spice Girls fan and I am 10. I have two moles – their names are Harri and Jerry. I look forward to you coming to Finland soon.
Elina Häkli, Rusko, Finland
Er, and we just can't wait to meet your moles! **SGs XX**

Make up your minds!

There is a question that my friends and I have been wondering about. On the album sleeve the line from '2 Become 1' is printed as: "Any deal that we endeavour, boys and girls feel good together." But on the video it's, "Any deal that we endeavour, love will bring us back together." Which is the correct one?
Victoria Jennings
Well spotted – we wrote two versions, one for the single and one for the album! **SGs XX**

have a go

page where *you* get to tell *us*

Send your letters, comments and questions to: SPICE letters, PO Box 11932, London SW11 4ZN Each letter published on these pages will receive a bottle of Les Belles de Ricci. The Star Letter receives a bottle of perfume, crop top, cosmetics bag and mirror. Les Belles de Ricci is the new must-have fragrance from Nina Ricci. A blend of fresh and fruity notes, this fragrance is sure to leave you (or a friend) feeling fresh and spicy this summer, and it'll look great on your dressing table as well!

GIRL POWER...

STAR LETTER!

is wicked, groovy, big and massive! Now when boys shout at me, I shout back. And when there's an argument, I join in (it's fun, why not?!). When I'm in an argument, I always get the last word. Cool hey?! Whenever I go out, wherever it may be, I always end up shouting WICKED!

PS. I can stand up for myself now!

Grace Manning. Keep the Girl Power vibe! SGs XX

Puppet power!

I am an absolutely devoted Spice Girls fan. In tribute to your musical talent, I have been driven to create these mini masterpieces of yourselves. As the ancient Greeks captured the beauty of their goddesses in art, so I have my own!

Jake Marynicz, Wilts. XXXXXXXXXXXXXXX

They look just like us, too! **SGs XX**

Where are our necks? By *Gemma Cliffe*

A close shave

I am your No. 1 fan and I get laughed at because of this as I am a boy. All the boys laugh at me for reading SPICE and say, "Why the hell are you reading a girls magazine?", and I say, "It's for boys too." But they don't take any notice. I was determined to get them to believe me that I was your No 1. fan so I got SPICE shaved on the back of my head. They were gobsmacked!

Gene Smith, Middlesex

More power to you, Gene! Spice is for girls, boys, grannies, boys, aliens – everyone. **SGs XX**

Spice advice

What do you do if you've been dumped?

Mel B

You can either sit there and reminisce and get all depressed about it, which might help you close the book on it once and for all. Or you can just get on with things. I think the best thing is to be surrounded by family and friends. Or book a holiday and get away somewhere, or move out. You've definitely got to make a change in some way, so that you can shake off the memories. It depends on your state of mind. If you still want to be with him, I'd wait before putting yourself on offer to anyone else, because it probably won't work out. But if it was over a long time before you split up, then get on with it and get out there.

Emma

I once found out that one of my boyfriends had been trying to see someone else and it hurt a lot, at first. You have to think, oh well, that's their loss, it's nothing to do with me. I thought to myself, well, he's young and he's playing around – if he needs to do that, then that's his fault. It's very hard at the beginning, but don't worry about it – you can go out and find someone else! There are plenty more men in this world, after all!

Mel C

When I was at school, I got dumped by my first love and I was devastated. I did that really wimpy, sad girl thing and said, "Why, why?" and "Take me back!" and "I know he still loves me." Looking back now I think, why did I do that? I made a real fool of myself. You've always got to remember it's his loss. Even if it's not, you've gotta think it and make him think it! If he's gonna dump you, then don't go back for more! And if you're going to get back together, let him do the crawling. Have a bit of pride, because you'll feel a lot better. You don't realise at the time because you're so blinded, but when you look back you realise what an idiot you must have seemed. He's made you look stupid enough already by dumping you, so don't make yourself look more stupid.

Victoria

The best way to cope is to keep yourself busy and keep looking forward. I believe totally in fate and even if it's really hard, I just keep believing it'll be alright in the end. I've finished with boyfriends and even though I was the one finishing it, I was really gutted and upset. Either way, it's really painful. But, after a little while, the hurt mends and you either meet someone else or you end up getting on better with your mates. You can catch up on all the things you haven't been doing because you've been in a relationship. However, if someone did the dirty on me behind my back, then I'd cut up all their clothes (because if someone cut my clothes up I'd be distraught!).

Geri

You mustn't be too hard on yourself. You've got to pick yourself up. Obviously nobody likes to be dumped and it can be a bash to your self-confidence, but you've got to build your self-esteem back up again. Pamper yourself and put yourself in a nice environment with good friends. Do things to make yourself feel good – whether it's beauty treatments or something else – to confirm that you are still a lovely person. I don't think that feeling bitter about it does you any favours. Be quite objective and philosophical about it and just see it as another experience. Perhaps you needn't throw away the friendship part of the relationship – I stay friends with the majority of my boyfriends.

Geri and Mel C get their skiddly skates on

Co-operation has been brought to you by Geri and Melanie C to create the letter M

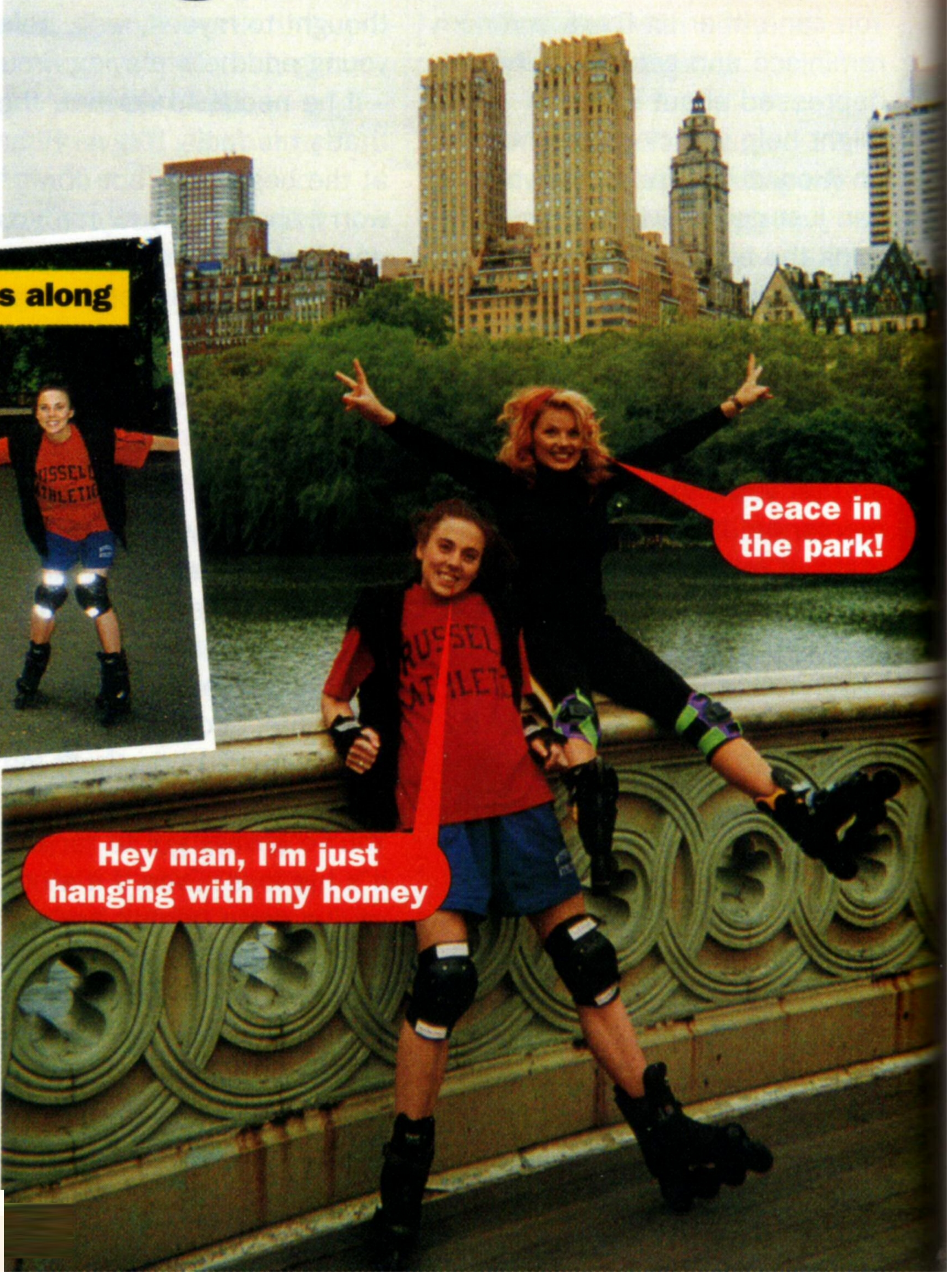
A human brake stops us plunging into the river!

Wheels on

Geri and Mel C, on a roll through Central Park

We've found a cart horse to pull us along

A better standard of cart horse!



A lift from a turbo scrappy dog

Forget Torvill and Dean

Think rollerblading queen!

fire!

Suicide bridge!

Absolutely exhausted!

You've been spiced!

But what about your mates?

OK, you lot! So you've got SPICE – the one and only official Spice Girls magazine – but your mates haven't? If they want to get a hold of our fab new magazine, then this is how it's done...

Get them to join

the 1997 Spice Girls Magazine Club

❒ **YES! I want to join the 1997 Spice Girls Magazine Club**

Name ....

Address ....

....

....

Postcode .... **Age**...................

I enclose a cheque/postal order for £10 (UK and European Union) US$24 (elsewhere) payable to Spice Girls Magazine Club

Signature..

❒ **Please tick this box if you do not want to get mail from other companies**
Please allow up to 31 days for delivery

Get your mates to fill in the form and for £10, they'll get four issues of our great glossy magazine over the next year. It's jam packed with the all the essential inside info, plus personal pictures that you won't find anywhere else!

Forget all the rip-offs you see in the shops!! This is the only true Spice Girls magazine, and the only way to get it is to join the 1997 Spice Girls Magazine Club. Since it's written and edited by us, just for you, it's the only way to get inside Spiceworld and surf the Spice wave. Don't be left out in the cold!

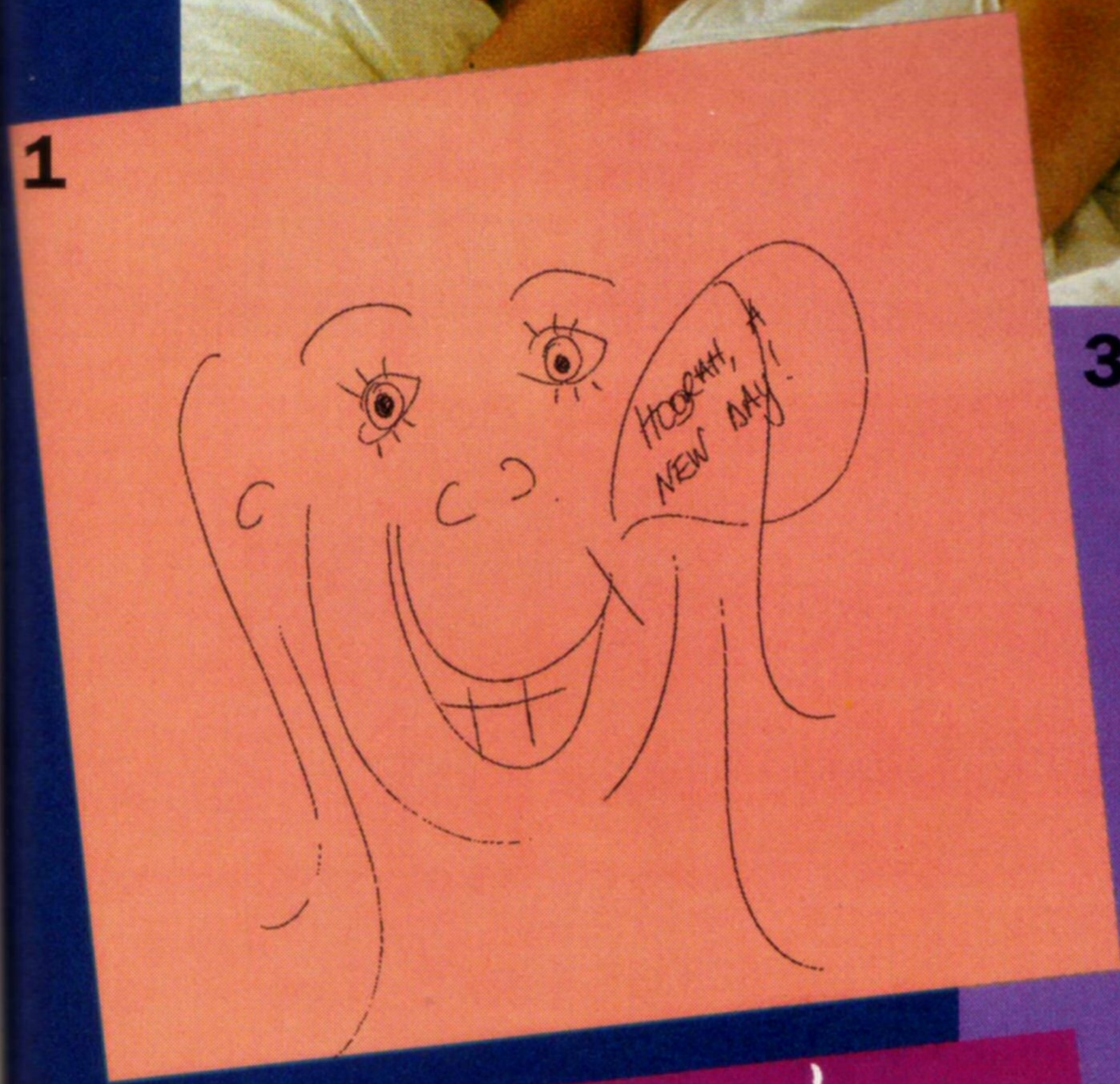
Fill in the details (right), and put the form/s in an envelope along with a cheque/postal order for **£10** (UK and European Union) and **US$24** (elsewhere – per form, photocopies accepted. Then send it to: **Spice Girls Magazine Club, PO Box 11932, London SW11 4ZN.**

You can't be truly spiced unless you have the full set of SPICE magazines – so order your back copies! Send a cheque or postal order for £2.50 (UK and EU) and US$6 (rest of world) each copy. Please state whether you want issue 1, issue 2 or both.

Zzzz-ting, UGH!

Waking up is hard to do, or is it? This is how we feel first thing in the morning...

1



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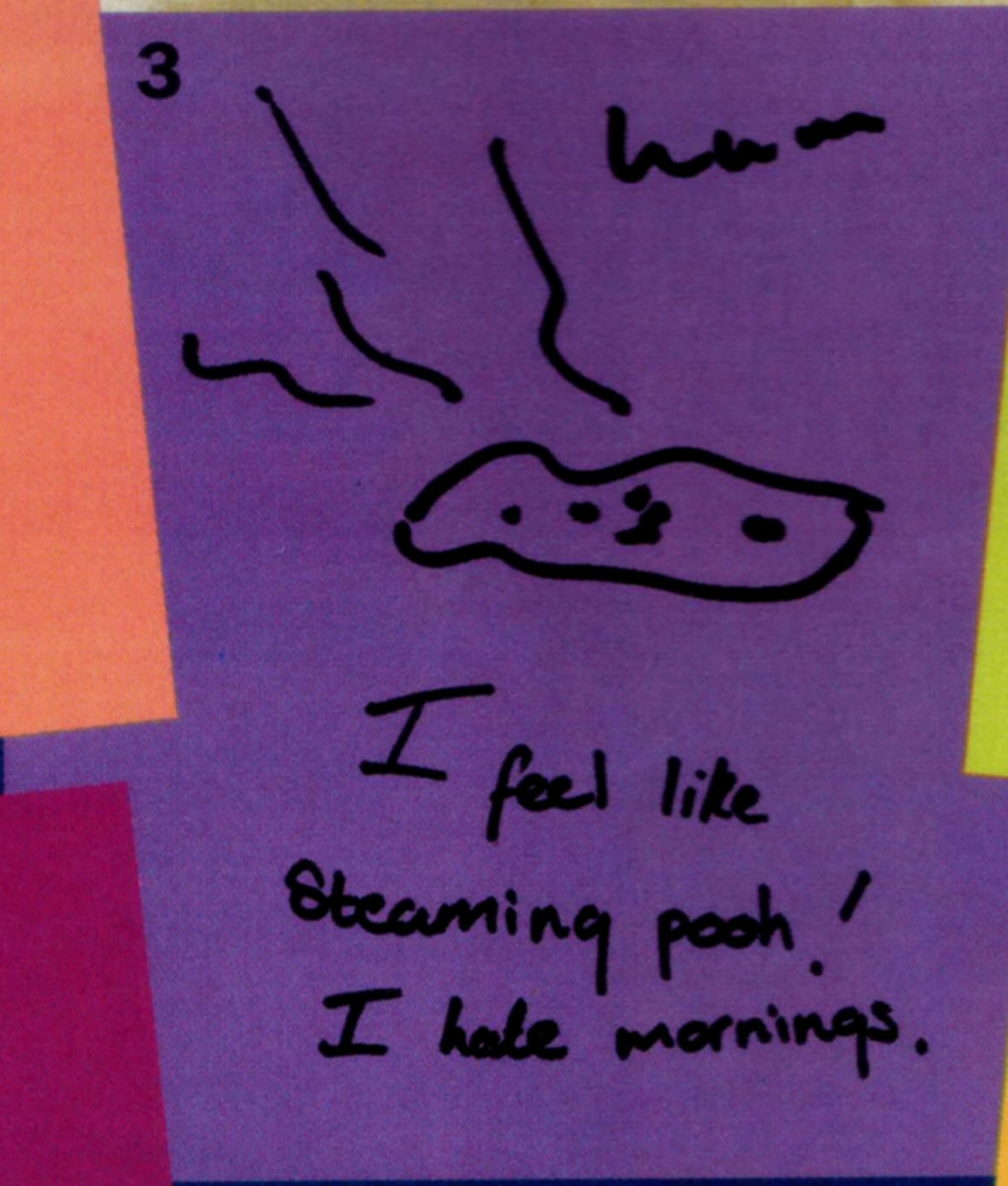

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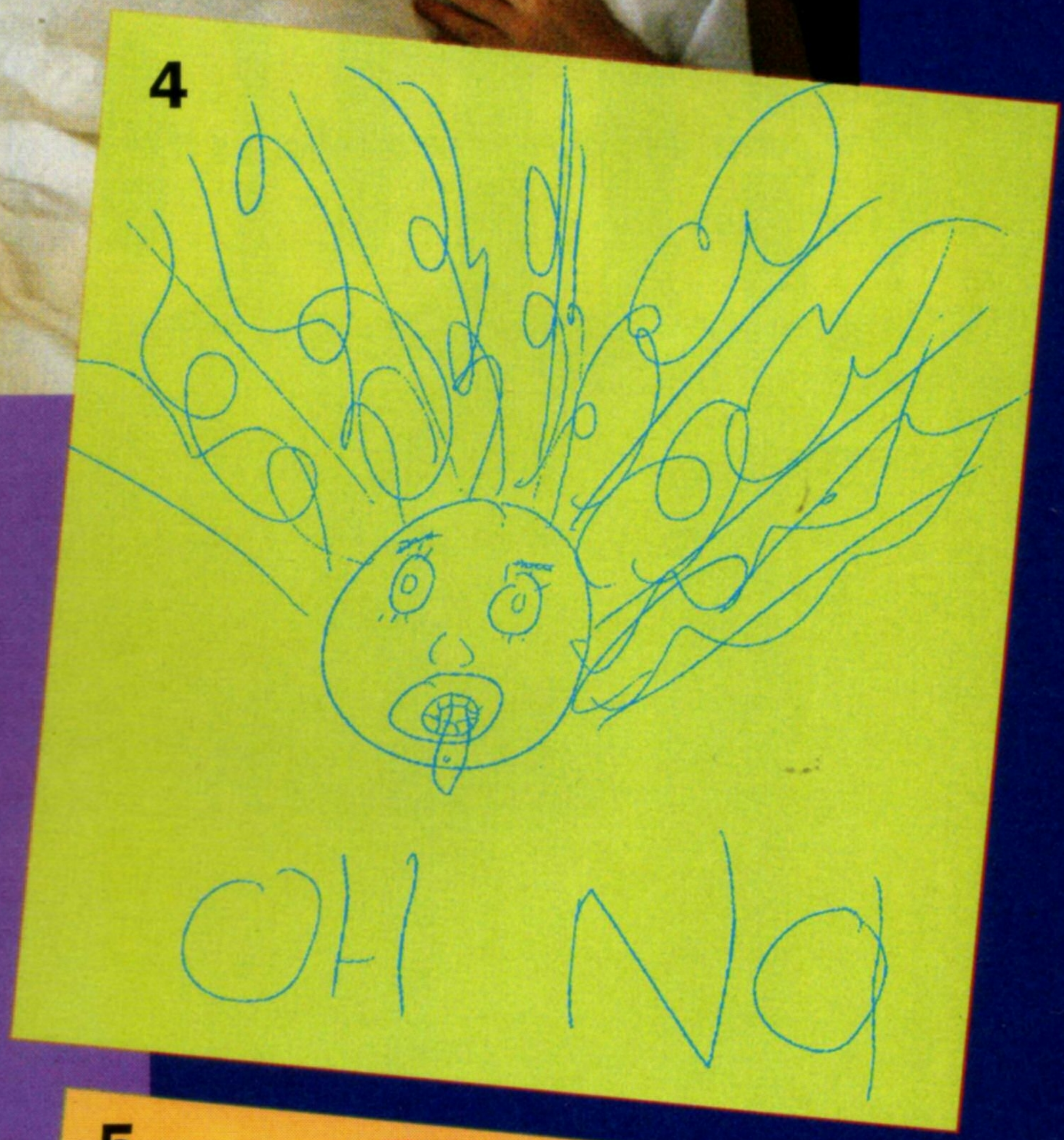

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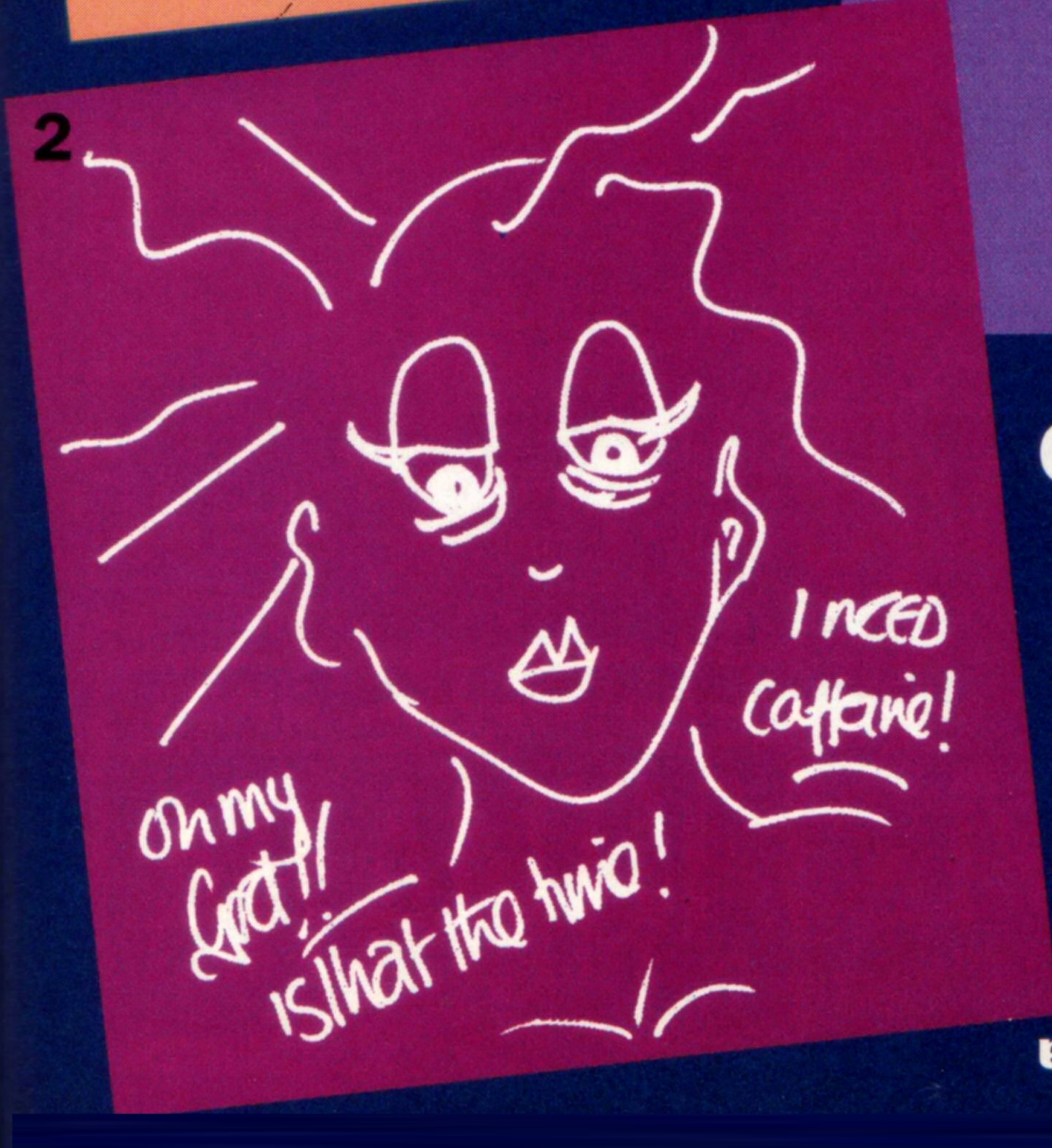

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Can you guess who's who?

1.Mel C 2.Geri 3.Emma 4.Mel B 5.Victoria

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